

SOUND HEALING & IMAGERY
BY MARGARET GIRLE
THE SONG OF MIROUSHKA

This is the story of one woman's quest for truth - a mystical sojourn which led her into ancient worlds, vast dimensions! It was a journey which deepened her understanding of the beauty and power of music/vibration/imagery and resonance within the miracle of creation – the Music Of The Sphere

Miroushka questioned “normal” and mainstream thinking from when she was very young. She talked to trees, animals, knowing that they understood the vibration of her words and when she looked into the eyes of a horse, she felt she was looking into the “knowingness of the Universe”. For her there was a secret beyond the physical world, and she planned to unlock it in her lifetime!

She would never forget those mid-western Queensland summers – the long shadow of the windmill, the coolness of the clover – the patterns in the clouds which seemed to communicate to her. Miroushka listened to the sounds beyond the wind, beyond the near and distant animal calls.....there was another sound, a low hum. She would learn, much later in life, in the heart of a mountain rainforest, that what she heard was the hum of the earth! A resonance she felt intune with.

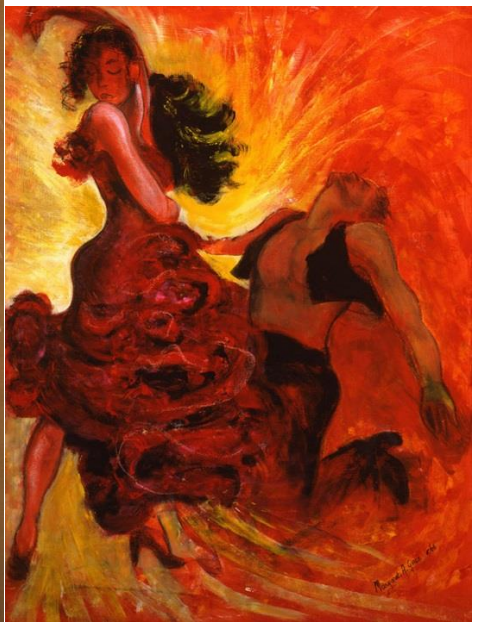
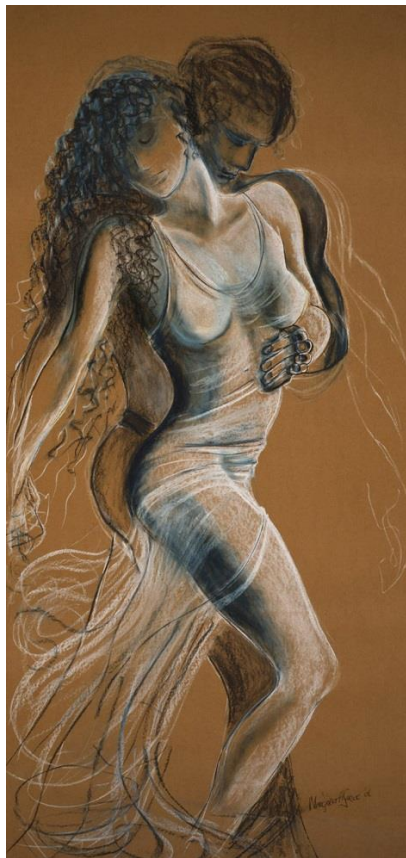
Her quest began in earnest at the age of 34! Finding herself divorced and with three daughters under 8 years of age to rear, she was tested, to choose self belief, or fear. She threw her heart into motherhood and her own spiritual growth, running classes and programs in creativity and motivation/personal development/style and self belief, eventually running her own art school – School of Art Expression. In her limited spare time she studied and researched Ancient cultures and earth changes; Drunvallo Melchizadek, Flower of Life; Emerald Tablets; Edgar Cace; The Secrets of Ancient South America and Underground tunnels – the wisdom of the ancients inspired her to read and research further - Erik Von Daniken; Colours of Infinity; Sacred Geometry; Zacchariah Sitchin; Doris Canon; Ancient cultures from across the globe! She studied the wholistic view and many practices for the mind, body and spirit – it was all about balance and flow.

Miroushka did Yoga; Belly Dance;EMF; Reiki; learned the secret of The Philosophers Stone and ancient Alchemy, and an understanding of the Essenes; the purity in their way of life and higher thought. She attended numerous seminars. Her research and book list was endless! She knew that the geometry of life was paramount to existence but there was a missing piece of the puzzle and through the years she went deeper into meditation; spirituality (bypassing mainstream religion completely) Seeking out books on the power of thought, looking at Buddhism; mindfulness, The Template ceremonies; The work of Jose Silva; Tesla; Psycho Cybernetics and later Nassam Haremein; Greg Braden; and many others, all the while expanding her thinking, changing, growing!

All the while her creativity flowed as it had done since she could hold a pencil. Horses, animals, people, the beauty of life flowed onto the canvases in brilliant and vibrant colours, and sprang forth out of terracotta and white porcelain clays. Everywhere, to Miroushka was evidence of the Fibonacci scale in numbers, fractals and sacred Geometry. It was important to realign the body, not only through detox and fresh food, but yoga, later Wu Dao Dance, meditation and cleansing of emotional issues as they arose for release.

Miroushka went to University as the girls entered their adolescent years, studying an Education degree, a large portion being devoted to psychology and philosophy allowing her more in-depth research into the pattern of existence.

She now knew the beginning of the patternAll began from a single point of light – the magical sphere, increasing, forming the Vesica Pisces, dividing, then dividing again – the division of the cell, the same sequence in all of life....The Flower of Life- the beautiful design among many symbols found on the monuments of every Ancient culture across the globe and possibly the Universe. Resonance and sound now had a connection for her, but she wasn't sure how. All she knew was that when she listened to music, she could go into that special and sacred space where she sculpted/painted and brought through beautiful art, which was imbued with the energy she felt when painting it.



Run Through Tulips. 4ft sqr./ Dancing to the Rhythm of a Heartbeat.9ft/ Flamenco Finale. 3ft sqr.

The feeling of unconditional love, peace, joy filled her art when she listened to music....Kyoto music, Latin strains, Classical, haunting flute, ethereal harp, depending on the theme of her art, but it was always harmonious and she would become one with the music – she became her subject! The images unfolded onto the canvas, flowing through her from another dimension. All she had to do was set the intention, see the work in vivid detail, put on the music which took her into that dimension, then emotionally step out of the way.....and the image came through in sizes of over 2.5 metres (9 feet in height). She knew that she was the instrument, co-creating with the Universal flow!

<http://www.youtube.com/watch?v=9EW-94rwcE4> – The art infused with the vibration of joy/love/a passion for life!

Miroushka knew there was more to learn and felt guided to do a University degree in Education in which Psychology and Philosophy research became a focal point. Her next step was to teach art through Sacred Geometry – but the whole picture still wasn't complete for her.

When her daughters grew up, Miroushka journeyed to such sacred sites as Uluru, the Lemurian red heart of Australia and Machu Picchu, where her solo walk in the magnificent, dizzying heights and early morning fog to the Sun Gate opened new awareness. As she gazed in wonder up at the massive Easter Island Moais' (stone heads – now found to be complete bodies),

One year later, while exhibiting her art in New York, she visited Niagara Falls, where the thunderous roar inspired her to learn more on the healing power of sound. However it was in the twilight shadows of Stonehenge that many truths came to her. She began to see the flow and repeating pattern in all things. All things had a resonance, a shape, a geometric blueprint. All was energy, and all in the Universe was vibration, but there was a consistency and where did the created image fit in? Why had she been given an artistic ability, opportunities to exhibit worldwide, if the image had no significance in this most profound truth of life. The ego of mainstream art didn't interest her. Her artistic quest was linked to higher truths than fame and popularity. Even the mainstream duality and separatist view of the education system she worked in was so transparent, with the question of conspiracy hidden in its depths!

It was Florence, the heart of the Ancient Renaissance which beckoned her two years later. Stepping back in time, she ventured to the great Tuscan city to study the art Techniques of the Great Masters. In the tradition and artistic ritual of Botticelli and Michelangelo – she learned egg tempera, fresco and gilding . It was in the brilliant light of the Florentine summer that another piece of the puzzle fell into place! She had been guided to Florence... 2 months intense art study, then simply wandering Northern Italy for another month.....but why? The Gothic cathedrals of Europe left her speechless in their beauty and sacred design. All followed the numerical code of resonance. Their towering slender marble columns, magnificent rose windows; ethereal light and acoustics, as well as their sacred geometric patterning, spoke a truth to her psyche. Chartres, with its magnificent inlaid Labyrinth, fitted the puzzle.

She was in Dante's beautiful 12th Century Florence where the art was clearly assisted by Divine Hands, the language built on poetry and the lifestyle centred on living in the present moment, beautiful food, wine and conversation – Joie De Vivre! Here amongst the exquisite and massive images was this infusion of the Divine in all its clarity! Miroushka now knew why she went into those interdimensional spaces while creating. The spaces where time and the physical world fell away.....she was allowing the Divine to infuse her art. She remembered the rule of vibration.....the Stronger frequency entrains the weaker. It was her persistence and

depth in stepping aside which allowed the Universal creative force to come through. But what was the significance of the image in the law of the Universe? The question still haunted her!

<http://www.youtube.com/watch?v=lQ02dnu6A5Q> (UTUBE ART VIDEO – CLASSICAL)



The Solfeggio frequencies entranced her and she began to listen to them daily; studying the effects of cymatics. The Frequencies, now rediscovered gave the musical sequence...

It was a Monk in the 4th Century who had been Divinely given them, and in the 15th Century they had been played to the Congregations in the sacred and cloistered cathedral spaces. Divine light and colour filtering through geometric stained glass windows, and to the resonance of the Hymns, gave profound healing to all.

It was Dr. Len Horowitz who re-discovered their truth and gave them to the world in the 20th Century.....

DO – UT QUENT LAXUS – 396 hz – Root Chakra – Red – A vibration to rid the energy field of fear, guilt.

RE- SONARE VIBRIS - 417 hz- Sacral/Solar Plexus – Getting rid of situations/ emotions – clearing for new vibrations/situations to enter. Forgiveness/release.

MI- (MIRACLES) RA GESTORUM- 528 hz - Heart Chakra - Allowing the Divine energy to flow into the heart, healing, restoring, changing; and to flow out to others, healing, restoring, changing – The Toroidal flow!

FA – MULI TUORUM – 369 hz – Throat Chakra – Blue - Building relationships – as above, so below, as within, so without!

SOL- VE POLLUTI – 741 HZ – THIRD EYE – PURPLE – Intuition and Enlightenment.

LA - O ‘ BUREATUM – 852 HZ – CROWN CHAKRA – Spiritual.

SI - Universal

As is human nature, duality and fear prevailed, and the Divine sequence was ‘lost’, but here in the heartland of the Renaissance, a Divine truth sought Miroushka’s soul! She knew why she had painted rainforests and flowers on her studio floors; burned candles and incense – her studio was a sacred space of co-creating with the Universal flow.

Back in Australia, Miroushka put the daily listening of frequencies to the test when major foot surgery healed in less time and without after- operation pain killers. She also manifested an income from art sales to help her through that time. A winery bought an original painting and extra for label images.

It was the hours “in the wilderness”, unable to walk for 8 months and living alone, which gave her the opportunity to continue her research into where the Image fitted into the creation principle. Miroushka researched the work of Dr. Emoto – water memory/ cymatics, sound through water creating geometric images; Stuart Mitchell, <http://www.youtube.com/watch?v=cy2Dg-ncWoY> - the haunting ancient music of the planets!

<http://www.youtube.com/watch?v=nhAcHuzfZfk> – and the human genome.

The answer was coming closer! She wrote and published articles on Sacred Geometry and “Going into the Zone” to create art. She now knew that the power in the spoken or thought word, which created a vibration, then sent out a geometric blueprint; attracting all of that blueprint; so bringing it back to the “speaker” – but there was a deeper understanding which she needed to find!

It was when the Sound & Consciousness Institute website was on her computer screen, that her angels sang to her. In the ethereal music pouring forth, the vibration in her cells matched and she knew she must study a course there.

In those sleepy 3am Sunday morning online lessons, and the rush to make it home for the Friday lessons, her soul listened, thrived, and from every molecule, atom and cell in her entire body streamed forth acknowledgment of the secrets of the ages!

Reading David Gibson’s book, the notes and books of the lecturers, doing the daily mudras, chants, chakra clearing, and prayer for the Akashic light, Miroushka felt her soul awakening.

One night, after toning with the large crystal bowl, Miroushka sat in the candlelit ambience - and the Universal life force poured through her as she wrote.....

*IN THE BEGINNING WAS THE THOUGHT IN DIVINE MIND, IN THE 7TH DIMENSION (THE KETHERIC
TEMPLATE OF THE HUMAN BODY)*

*THE THOUGHT, THEN GAVE RISE TO THE SPOKEN WORD, IN THE 6TH DIMENSION (THE CELESTIAL VOID OF
THE AURIC FIELD)*

*THIS SPOKEN WORD, THIS RESONANCE BEGAN TO VIBRATE IN A BURST OF LIGHT AND COLOUR, EACH
MOLECULE TO ITS OWN RHYTHM. FROM THIS 5TH DIMENSIONAL (ETHERIC), MOLECULAR AND
MANIFESTING DIMENSION, ON THE WINGS OF A KEYNOTE, THE GEOMETRIC BLUEPRINT WAS SENT INTO
THE ASTRAL PLANE.*

*THE VIBRATION, KEYNOTE AND TIMBRE OF THE GEOMETRIC BLUEPRINT NOW FUSED INTO IMAGERY ON
THE MENTAL PLANE.*

*MOVING NOW, ONTO THE PHYSICAL PLANE, AND THE MANIFESTATION OF THE BIRTH OF PERFECTION
INTO PHYSICAL FORM!*

THE MIRACLE OF BIRTH!

THE SACREDNESS OF LIFE!

Miroushka could see this exquisite and beautiful journey of creation and she now knew her life mission! It had always been art and now her intention was to create, from her thoughts of joy, peace and beauty, vibrant images and words which healed and inspired others. This was her destiny, to travel, lecture, and paint in a beautiful co-creation of unconditional love with the Universal life force.

“THIS IS OUR BEQUETHED GIFT – THE POWER OF CHOICE

THE POWER TO CHOOSE FROM LOVE OR FEAR IN EVERY MOMENT!

WE CHOOSE OUR WORDS, AND THE VIBRATION OF OUR THOUGHTS.

ALL IS BUT AN ILLUSION

AN ILLUSION OF OUR OWN CREATION!”



THE RENAISSANCE OF GAIA

She turns full circle – a
convolution in time

Her cries echo through the eons,

Her cycle is complete,

Her changes are many, dynamic,
cataclysmic!

But it is her time....

It is our time....

Our opportunity to change

To transform denial into truth

Hatred into awareness

Victimhood into strength and
freedom

Fear into love!

Atonement!

-MG

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