

A Larger Symphony

A single vibration expands to become a newborn's cry, the tallest mountain and stars in the sky. Every aspect of creation originates from a single vibration. Today when I hear a voice, a tone or a piece of music I marvel at multiple layers of vibrations bringing forth such a sound. The nature of vibration crosses my mind as I set eyes on the Sierra Nevada landscape to the east and Coastal range of the Pacific Ocean to the west. Vibration giving rise to these mountains expanded to shift tectonic plates and catapult magma upward from the center of the earth through dense crusty layers, millions of years ago. Below the tree line a golden glow by day and moonlit sky at night continues to prompt an age old question. What is the source of this vibration that fuels all of creation?

The origin of source is a lofty question indeed. Scientists endeavor to label and explain this 'other worldly' subject through various theories. Terms such as God, Buddha, Allah and Jesus are referred to in religious belief systems. Underneath the words is a shared meaning, sacred and holy. Sacred and holy is the essence and vibration of source energy.

Nature teaches about the innate wisdom of source energy. A single vibration with a unique frequency knows exactly what it is designed to be. There is no resistance to the process, no attachment to the outcome and no judgment about what is taking place in each moment. No explanation or justification necessary. The nature of beauty simply changes with the flow of seasons, automatically. Nature is awake to the vibration of source energy, humanity is awakening.

Humanity is awakening to new layers of a larger consciousness. Many teachers point to the bulk of humanity advancing from the third dimension into higher dimensions of soul and spirit. The number associated with a dimension is less important than the magnitude of the transition taking place. Individual vibrations are expanding and advancing upwards to the next dimension they are ready to experience.

As humanity evolves through the awakening process the concept of synchronicity comes into view. We begin to notice that information is coming into us for the purpose of acting upon. Information that is both subtle and profound invites us to explore new vibrations. Awareness rises as to our conscious involvement in something we don't fully understand. There is an opportunity to move into trust and faith in a higher source that anchors the beneficial intent of life. A feeling of vastness emerges with the sense that something larger is available to experience. At this level we can sense source energy and with practice we can learn to connect to it in an instant.

To describe source energy in words is a challenge because the experience is different for each person. There is however a language that is common among those who have experienced

a connection with source. The language includes words like bliss, peace, poise, compassion, joy, hope and love. Overall people describe the body flooded with a sense of ease. Thought drifts into the background as the whole being feels cradled in a sea of consciousness. At the highest levels grace delivers us to a feeling of oneness within our being and a connection to all that is.

A connection with source energy provides a pleasing individual experience and can also be used to benefit the greater good of humanity through the use of intention. Whether one expresses an intention aloud or silently makes no difference they have equal power. How one establishes intention is paramount. An intention that targets with specificity may ignore another possibility that source energy would otherwise deliver from the entire field of potentiality. Likewise a specific intention may not be in the highest good for the person receiving the energy. Therefore I like to open to source energy coming forward to support each person in the way that is right for them.

When a person is comfortable in their own skin there is gentleness, patience and tolerance about them. They have a sense of connection to a larger symphony. One in which they contribute a unique vibration that is necessary to complete a larger masterpiece. There is silence, there is stillness awaiting the great awakening. There is admiration, compassion and gratitude and great love for undertaking the journey.

To support the awakening I'd like to conclude my presentation with a meditation. In honor of the ancient cultures who also used the butterfly to symbolize transformation. My intention at the beginning of this presentation was to make source energy available throughout to assist you in whatever your next steps are. I invite you now to fully feel its presence and claim your gift.

MEDITATION

The caterpillar to the cocoon

Transformation in the chrysalis state

Emerge as a being with wings

The journey to source