

Afterlife and vibration

This paper is based on research and life experience communicating with spirit. As we all know everything in this world is vibration. Let us look at what happens when our soul leaves the physical body.

When I was six years old I had a near death experience. Since then I have been very sensitive and knowing of other dimensions of vibrations all around me. Growing up I could sense beings and energy around me, when I see the energy it is almost like taking a glass of water and stirring it when I would see a being it would be very distorted like the ripples of water. This image to me is the frequency surrounding that vibration were as the image of the person they project is vibrating so fast that it is perceived as ripples.

Our soul is a vibrational being. The physical body is just a temporary vessel for our vibrational being to be housed in. We use this vessel to learn and or teach other souls that are in physical bodies on the earth plane at this given time. Once our vibrational being learns the lesson that we come to this earth plane to learn or once we teach that lesson that we need to teach, our physical body is no longer of value to us. In turn we shed the constraints and restrictions of this physical body so that our vibrational soul or vibrational being can transcend into the other dimension of living. Our higher selves, souls, higher dimension of being whichever you may prefer to call it once outside of the physical body we can vibrate and resonate with the whole universe, where being a human being we can only sense and perceive such a small amount of reality.

To better describe the souls vibration, The dead are not dead they are just vibrating at such a high frequency they are almost in another dimension. Our loved ones are always about 3 feet off to the right of us any given time. I know we have all experienced the sense that someone is near you, this is just your loved ones, what you have done is raised your vibration (without even knowing) and they have lower theirs up to the point where you can sense that person. This is all vibration plain and simple.

Let me explain how we can all communicate with our love ones.

#1 Meditate I find listening to Crystal singing bowls can quiet my mind and raise my vibration.

#2 Open your mind and heart call in that loved one that you would like to speak to. #3 Ask for simple vibrational changes, ask for just small energy changes in the room.

By just putting yourself in a quiet mind and raising your vibration higher and asking them to lower their vibration you are mixing with your loved ones vibrational field and they are close to your vibrational field in doing this you will feel almost like a blanket