

The Human Body and Frequency as a Food

The Human Body – Physical-Etheric-Astral-Egoic

The human body is a complex eco-system made of minute particles such as protons electrons and neutrons, elements, molecules, tissues, and bones among many other materials, including billions of micro-organisms (yes billions, and this is normal). Additionally, we have the subtle bodies, here referred to and summarized as the Astral and the Etheric (and the Egoic).

The subtle bodies consist essentially of frequency, they are not seen as matter is seen, although they are ever present and acting in conjunction with the physical body. The physical body is the “gross” body, meaning it is the dense body, therefore it is easy to see, it is heavy, and can be thought of as more lethargic as the subtle body. It can be assumed that latent activity from the subtle bodies manifest in the physical body.

Biology – Focus On The Physical Body

The human body, in order to survive, needs food. Traditionally, food has been thought of as physically dense fruits, vegetables, grains, and other animals. The study of frequency and the human body reveals a hypothesis that physical food is not the only food humans ingest, and that non-physical energies that emit higher frequencies also feed the body with these frequencies as well. According to a frequency comparison of the human body and other substances, physical food is quite low on the spectrum of frequency when compared with the frequency of living cells and molecules. The comparison study (Attachment A) shows a relationship between the frequency of traditional food and the human body; traditional food is lower in frequency to the human body. If we need food to survive, why is it showing up as a lower frequency than us!?

Enter microbiology and the enthalpy of change. Food equals energy to the human body. This energy is contained within the food, but it must be released in order to access it. The released energy must resonate at a higher frequency than the food before it was broken down. Energy is frequency, and an increase in energy would result in an increase in frequency; the faster and more compact the wavelength, the higher the frequency. To release the energy of food the particles must be broken down, in this process energy is used to get at the desired energy. The amount of energy that is actually usable is studied in a field called the “Enthalpy of Change”, this is the net energy left over after the food has been broken apart to access that energy. On its own, the breaking apart of food takes a significant amount of energy, and it’s not effective for getting the nutrients to the body. This is why there are enzymes in food. Enzymes act as a catalyst, they lower the amount of energy to break apart the food, and access the energy in the food with a greater net energy left over. Enzymes break apart easily (heat, shelf life), therefore for the most part humans are in a struggle to get the energy from the food they eat.

Food, Frequency, and Cells/Molecules

Compare the frequency of food with an accepted frequency of cell regeneration:

Food, 12 – 27 Hz; Cell Regeneration, 111 Hz, furthermore:

The frequencies of our bodily organs and tissues range from Hz to MHz while the frequencies within the cells and molecules in our bodies... range from MHz to GHz and even to THz.

(<http://www.raindropttraining.com/messenger/v11n3.html>) (disclaimer: here is a field of research that needs to be better defined and needs further exploration)

Frequency As Food

If the above statement is true, food in its “physical” form is far lower than the molecules it will need to convert to for cell nutrients. Why is this important? Using the rules of energy availability, a cell will want to access energy for fuel with the least expenditure of energy. If faced with the choice of using energy to make energy for use, or having the energy readily available, it can be assumed a cell will choose the least energy intensive option. This would mean, to get directly to the cell, a frequency close to the cell's own vibration would be the easiest route to obtain the energy. Using the rules of energy use in conjunction with frequency, evidence shows that physical food is/may be only one way the human body is fed. It can be conjectured that the frequencies of audible (and inaudible) sound, visible (and invisible) color, notable (and un-notable) smells, and other unseen things (eg. emotions) also feed the human body with nutrients.

How can other frequencies act as food? Think of energy again, to access energy from physical food it takes energy, the frequency must be “stepped-up” to the frequency of the cell, molecule, organism that is utilizing it or its food. Now take the light spectrum for example, the frequency of 432 Hz comes in at a violet color. This is much higher than food coming in at 12 to 25 Hz. In terms of energy availability, it can be theorized that the energy inherent in the color violet is more available for the body than that of a carrot in its gross form. The same can be applied with essential oils, which vibrate at higher frequencies than physical food.

A theory of the mechanism for how frequencies step into the body through other means than food can be summarized in the interaction of the subtle bodies with the gross body. In this theory, frequency is entrained and captured by the subtle bodies (just as we capture food through our mouths). Once in the subtle body, frequency is moved through the energetic pathways. When it reaches the etheric body (which mimics the physical body with exactness), the resonance of the frequency enters the physical body. The physical body is assumed to step down or step up the frequency to match whatever is growing in there (in the form of molecules to cells).

An important consideration is how the human feeds itself with its own thoughts: a positive thought will reverberate through the body, it will exit the physical body, enter the etheric and eventually the astral/egoic bodies (or does the thought come from the ego). The frequency will “occupy space”, and other frequencies will come in contact with it. A positive frequency in the zone of resonance will interact with the one coming from the body fields, and it can be theorized the surrounding similar resonance will act as a food, enter the body through the pathway of the existing resonance, and step down or up until it is added to molecules, and feeds cells.

The same can be applied to negative thoughts and un-beneficial frequencies as well; this points out the importance of being careful of what the body is exposed to. Take the earth (body) for example, the chronic exposure to unbeneficial frequencies is actually reflected in storms and natural “disasters” that are occurring. When humans stop abusing the earth (and themselves), a resulting cessation of storms, and violent volcanic activity will occur.

Conclusion

A well-known healer of antiquity once said “Man (and woman) cannot live by bread alone, but also by the Word...” The term “word” can be reinterpreted as frequency, since word is sound and sound is frequency. A group of people called breatharians live almost entirely by breath and the sun; they go into the city and feel the need to eat physical food, when they go back to the natural lands they live in they can go back to breatharianism. This is a clue to how food is available to the body through means other than physical food, and how environmental stress on the body leads to the need for ingestion of dense material that must be “stepped up” in frequency to sustain survival. A lesson here is, give care and attention to beneficial vibrations of the environment, and this will promote readily available nutrient absorption for the human body.

Attachment A

All references in the chart below were also used to formulate the theories and hypothesis in the associated paper. Additionally, information on the physical, etheric, auric, and egoic bodies comes from study of the lectures and books of Rudolph Steiner (www.rsarchive.org).

It should be noted that in the internet literature there is an important mistake that is confusing the matter of where the body and cells measure and where essential oils measure in frequency. Some sources report the body's frequency and essential oils frequency in Hz, and some in MHz (one million x the number would equal the value in Hz). This is a huge difference and must be addressed so that the Healing community has the proper information.

Frequency Comparison – Internet Data

Hz	Item	Source
8,000,000	Example of vibrating water	http://www.chemtube3d.com/vibrationsH2O.htm
1728	A6	432 Stepped up http://www.phy.mtu.edu/~suits/notefreq432.html
1042	Arnica	http://educate-yourself.org/nch/Freqchart1.shtml
~1000	Human Cell	??
864	A5	432 Stepped up http://www.phy.mtu.edu/~suits/notefreq432.html
835	Immune system function	http://altered-states.net/barry/newsletter232/
662	Pineal stimulation/function	http://altered-states.net/barry/newsletter232/
537	Endocrine system function	http://altered-states.net/barry/newsletter232/
432	Fruit/Flower of life, Note A4	https://1320frequencyshift.wordpress.com/2013/07/01/432-hz-lost-chord-and-new-beam/
320	Rose Essential Oil (or is this MHz), calcium, solar plexus	http://attunedmasterenergyhealing.com/2015/10/26/essential-oils/ http://www.greatdreams.com/hertz.htm , http://www.raindropttraining.com/messenger/v11n3.html
216	A3 Note, C6 on spine	432 Stepped down http://www.phy.mtu.edu/~suits/notefreq432.html
111	Cell regeneration	http://www.greatdreams.com/hertz.htm
108	A2	432 Stepped down http://www.phy.mtu.edu/~suits/notefreq432.html
78	Peppermint essential oil (or is this MHz)	http://attunedmasterenergyhealing.com/2015/10/26/essential-oils/ http://www.raindropttraining.com/messenger/v11n3.html
72 – 78	Human body above neck	https://blissreturned.wordpress.com/2012/02/03/vibrations-vibrational-frequencies-and-food/
60 – 68	Human body below neck	https://blissreturned.wordpress.com/2012/02/03/vibrations-vibrational-frequencies-and-food/
54	A1	432 Stepped down http://www.phy.mtu.edu/~suits/notefreq432.html
27	A0	432 Stepped down http://www.phy.mtu.edu/~suits/notefreq432.html
~2	Ocean waves	general
1	Heart Beat	http://www.raindropttraining.com/messenger/v11n3.html
OR		
15 MHz	Fresh produce up to	http://www.raindropttraining.com/messenger/v11n3.html
12-22 MHz	Dry herbs	http://www.raindropttraining.com/messenger/v11n3.html
20-27 MHz	Fresh herbs	http://www.raindropttraining.com/messenger/v11n3.html
52-320 Mhz	Essential oils	http://www.raindropttraining.com/messenger/v11n3.html
60 – 78 MHz	Healthy Human Body	
MHz to GHz	Cells/Molecules	