

Life Healing

Cancer has been a disease that has plagued our history for many years. I was first introduced to this by the death of my father, Paul Roger Vaughan, and have had multiple loved ones suffer the same fate. I have personally seen all the suffering that current cancer treatments cause. While many like my stepfather make it out alive and in full health; left without any trace of cancer, I strongly feel there must be a less detrimental solution. Thus I have chosen sound and vibration treatment in strong faith that it will one day be the primary source of healing not only cancer, but a vast array of illnesses that claim innocent lives every day.

Sound healing is fast becoming internationally respected as an effective modality in the healing process for many physical, emotional, and spiritual conditions. Healing on the other hand is a process infinite in nature. Some definitions of healing include: “the making or becoming whole”, “the mending of a breach”, “to free from grief, troubles, evil”, “restoring to health or soundness”; and “an intuitive perception of the universe and all its inhabitants as being of one fabric.” Present day healers are now discovering the science behind the powerful ancient method of sound and vibration healing. Modern medicine can now measure and confirm the practice of sound as a means to heal many conditions. As a result sound and vibration healing is rapidly gaining recognition all over the world. It has been effective in relieving pain and stress related afflictions such as chronic fatigue syndrome, fibromyalgia, insomnia, and depression.

Current medical teaching facilities like Duke University and the University of North Carolina have added programs that link body, mind, and spirit to the treatment of cancer. Cancer Prevention Centers are utilizing sound as a vital part of the healing process for patients with amazing results. For example Dr. Mitchell Gaynor uses sound, including Tibetan Bowls, Crystal bowls and Chanting in work with cancer patients and has been for many years. The medical director of the Deepak Chopra center in California, Dr. David Simon found that the sounds from Tibetan bowls as well as chanting are chemically metabolized into ‘endogenous opiates’ that act on the body as internal painkillers and healing agents.

Ancient cultures all around the world have used these practices for centuries. For example; Aboriginal people of Australia are the first known culture to heal with sound. Their ‘Yidaki’ (Modern name: Didgeridoo) has been used as a healing tool for at least 40,000 years. The Aborigines healed broken bones, muscle tears, and illnesses of every kind using the Yidaki. The sounds that vibrated from the Yidaki are in alignment with modern sound healing technology. It is becoming apparent that the wisdom of the ancients was based on sound principles that we can utilize in this day and age.

Many Eastern cultures used vowel sound chants, developed for healing and for spiritual ascension. Studies have shown that vowel sound chant can bring about many positive physiological changes in the body and create an altered state of consciousness in which the chanter becomes serene. The ancient Egyptians used sacred structures that were harmonically tuned to the human body. They believed that vowel sounds were sacred to the point that their written hieroglyphic language contains no vowels. Egyptian priestesses also used sistra, a type of musical rattle instrument with metal discs that creates a wonderful sound that also generates vast amounts of ultrasound. Ultrasound is an effective healing method and is used today in hospitals, so it is entirely possible that ceremonies in which sistra were used were not merely employed to enhance the musical soundscape but were also intended to enhance the healing effect.

The Tibetan monks have also a tradition extending back at least a thousand years. The monks in Cathay (Modern day Tibet, then a province of China) had a famous gong making science, which consisted of sprinkling sand on a gong, then striking the central area. If the resulting sand patterns were asymmetrical the gong maker would continue to shape and beat the metal. The gong has wonderful healing properties that contain virtually the whole spectrum of audible sound. Human cells, immersed in the gong's sound field, absorb the frequencies they need and reject what isn't necessary from the human body.

Dr. Masaru Emoto used an experiment where he placed several bottles of purified water next to each other and exposed each bottle to different spoken words, music, or pictures. The water was then frozen and Dr. Emoto used a very powerful microscope to take high-speed photographs of the newly formed water crystals. By contrast, the samples that were exposed to heavy metal music and angry words were distorted and disharmonious. Dr Emoto claims that the results show that water is directly affected by outside influences such as sound, vibration, and frequency, and as human beings are 70% water, our health and wellbeing are also affected by these stimuli.

In conclusion: our potential to heal the life on this planet in a healthy and harmonious way is extraordinary and it's up to us to make the stand. It is my personal belief that the use of vibration through many different tools can rid victims of cancer forever.

“If we accept that sound is vibration and we know that vibration touches every part of our physical being, and then we understand that sound is heard not only through our ears but through every cell in our bodies. One reason sound heals on a physical level is because it so deeply touches and transforms us on the emotional and spiritual planes. Sound can redress imbalances on every level of physiologic functioning and can play a positive role in the treatment of virtually any medical disorder.” Dr. Mitchell.

Our time is now!