

“Re-Sounding Your Home”
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www.soundmovementeducation.com

Dr. Tomatis demonstrated that our natural environment - - geography, atmospheric pressures, weather patterns, even the land and culture of the people, structures and food we eat - - influences our listening curve. And each person’s listening curve directly influences their speech through the Tomatis Effect - - “One cannot produce with their voice a sound which they cannot hear”. So a French speaking person raised in Paris will have a distinct accent from a French speaking person raised in Quebec. Consequently, one of the many reasons people use the Tomatis Method is for accent modification. Although there seems to be a critical period for developing a listening curve for your native language(s), usually set around age 9, Tomatis, discovered a way of retraining or reshaping the listening curve to allow for a “beginner’s ear” at any age.

I reflected on this idea of our environment shaping our listening and how that would impact our home and lifestyle. I wondered about people who have never traveled or who have never lived in another state or country - - do they lose some flexibility in listening? I wondered about people who travel so much for business or who sleep on the streets - - do they find it difficult to stabilize their authentic voice? And I wondered, can we modify our home or lifestyle “accent” by reshaping or “re-sounding” the harmonics of our home?

There are many websites for and about specialists that offer ways of clearing, balancing, transforming or restoring your home. Some of the sites offered feng shui “cures” in the form of products, but most were personal consultations with someone. Such as:

- Those that can dowse your property for geopathic stressors and assess the Earth’s acupuncture meridians. Alex Stark’s website is most informative on the geopathic stress from black streams, ley lines or other Earth energies.
- Those that give a thorough analysis of your home’s structure to correct any problems with EMF’s, water intrusion, toxic chemicals (inside and out) and mold issues. Bau-biologie is the most complete training and assessment I found. Their healthy home and building principles are extensive and comprehensive, offering not only basic green building but even includes information on using harmonic proportions for design.
- Those that offer services to help re-align your interior spaces and personal belongings to support your health and well-being. These range from feng shui to organizational design. Most of the vibrational consultants use the feng shui bagua as a blueprint for diagnosing and treating the space.
- Those that offer a combination of earth, healthy home structure and interior flow work like Karen Quant at Vibrational Connections or Jackie Bensinger at Vibrational Healing Arts.

All of these offerings provide a means for receiving information about your home's vibrational state and offer a means of transforming the vibrations to support your own well-being. But I wondered if the shifts these practitioners make in the resonances of the space would be lasting if the residents themselves aren't resonating with these vibrational changes or the new intentions in their own inner spaces. Can they stabilize these new resonances? Most people are concerned about holding their tone with chaos, but I wonder if it's just as hard to hold your tone with a higher vibrational state?

So, I searched for a way of approaching both inner and outer resonances. In feng shui, the basis of the bagua emphasized the importance of constant adaptation to both our internal and external climates (www.vibrationalhealingarts.com) but I am concerned that the practice has become dogmatic. The work I found at Vesica Institute in BioGeometry is congruent with feng shui but it is a different approach, one that I think is very pertinent for those studying vibration. Here are a few points to consider from their website:

First, a quote by Dr. Ibrahim Karim,

“Research in BioGeometry was and still is mainly dedicated to the development of a new form of architecture that would enhance the human biological system and give a new meaning to the concept of “home”. To upgrade the energy quality of existing homes and cancel the potentially harmful effects of unchecked energy fields due to the architectural design, furniture layout, electrical wiring and modern appliances, specially designed decorative elements are strategically placed to neutralize negative energy and add a positive quality to it. BioGeometrical shapes when designed or engraved on jewelry have shown positive effects on the body's energy field, and reduce considerably the potential health hazards caused by cellular phones, computers and all other modern appliances.”

In their level one training they present these key points:

- Their work derives from the Ancient Egyptians, particularly from those called the Masters of the Net. These initiates taught there is an invisible blueprint of energy, geometric in nature, that makes up everything in our world and they are able to move through physical and spiritual worlds consciously to create with this net.
- They use **radiesthesia** for detecting vital energies that can't be detected by other technologies and the power of **geometric energy emitters** to create with nature.
- They propose 12 different qualities of transcendental energy that can be manifested through **sound, color, movement, shape or angle**. It is a unified science of energy.
- They call the three Divine energies found in these Ancient teachings the **BG3**. The BG3 comes together in one totality or trinity and is manifested by prayer, blessing and shapes and found in all sacred sites and human energy systems.

- The BG3 energies are:
 - A spiritual carrier wave connecting Spirit and Matter - - **negative green** - - linked to shape or design as found in the King's Chamber
 - The Spiritual Light of angelic forces and deep revitalization - - **higher harmonic of ultraviolet** - - linked to the “dark light” reported in near death experiences of children or dark purple light seen inwardly in deep states of meditation
 - The Golden Radiance of the Plane of Divine Wisdom - - **higher harmonic of gold** - - linked to physical gold and the gold radiation shown around head of initiates or saints and most important and profound because it is an Emanation from the Plane of Divine Wisdom

In their level two training they present these key points:

- They offer practical skills for detecting whether the 12 different energy qualities are present or not, and skills for transmuting through **design** or **energy impregnation** with Biogeometry to have gold harmonics present at all times.
- They teach that you can create **linkages** between something here and something at a higher level using **resonance and harmonics**, anchoring Divine energy qualities on the physical plane.
- This Egyptian “feng shui” does not necessarily require great changes to physical structures or overhauling interior design. For example, it can be a small placement of a color dot at the **exact right spot** that allows the BG3 to emanate into the space, thereby transforming its entire vibrational field.

In their level three training they present these key points:

- They present their BioSignature concept that energy flows into shapes and this Movement is the Key to balancing the energy quality components of the BG3.
 - **Energy Movement + Shape = Function**
- They suggest that it doesn't matter whether you are bringing balance to the Earth, the home or your body, the BioSignatures can heal by directing the energy to move into the geometrical shapes that allow for balanced BG3 Divine Energies to flow.
- They wrap the last course up by giving students hundreds of BioSignatures, practical applications of their Design Principles and techniques for shifting space (interface, shifting, virtual rotation, transparency, use of BioGeometrical shapes, BioGeometrical color placement with the goal of creating the balancing energy

quality components of BG3 - - gold, UV and neg. green) and some research and scientific validation.

In other words, we can create an intention and energize it through sound (energy movement); direct its flow using sacred geometry (shape); and create a harmonic resonance for the Divine energies to manifest using sound, color, movement, shape and angle.

As a way of demonstrating these concepts, I have created an activity for “Re-sounding your Home” using these principles. Using these simple tools: a laminated grid and colored markers, tracing paper, pencil and scissors, tuning forks or the Korg chromatic voice tuner I will walk people through an Educational Kinesiology balance for whatever space they wish to change the way they move in. With simple vocal techniques, clear intention and our Spiritual guidance, we can “re-sound” our inner and outer spaces by choosing to anchor a new resonance with the “silent sound” of the invisible blueprint used by the Masters of the Net.