

# *The Solfeggio Frequencies*

Solfeggio is a sound frequency that shapes and transforms the creation of both matter and anti matter. The ancients used certain sound frequencies to bring about peace, good health and well being into their lives. The instruments they played and the chants they hummed channelled into the relative frequency that awakened intuition and connected with the inner self to experience the spiritual world. They used these frequencies to heal disease and illness, exorcise demon spirits and repair damaged DNA tissue.

Solfeggio is beneficial to the mind and can modulate brain waves from faster to slower.

## *The Solfeggio scale*

There are 6 basic frequencies in total and each one serves a specific purpose in relation to the body, soul and chakras. More recently Leonard Horowitz has discussed 9 notes.

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<b>UT</b>	<b>396 Hz</b>	<b>Liberating guilt and fear</b>
<b>RE</b>	<b>417 Hz</b>	<b>Undoing situations and facilitating change</b>
<b>MI</b>	<b>528 Hz</b>	<b>Transformation and miracles (DNA repair)</b>
<b>FA</b>	<b>639 Hz</b>	<b>Connecting relationships</b>
<b>SOL</b>	<b>741 Hz</b>	<b>Awakening intuition</b>
<b>LA</b>	<b>852 Hz</b>	<b>Returning to spiritual order</b>

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The current modified Solfeggio scale is: DO, RE, MI, FA, SOL, LA, TI

(Excerpt from Discovery Magazine) Sir Martin Rees wrote in his book *Just Six Numbers*, that **six numbers underlie the fundamental physical properties of the universe, and that each is the precise value needed to permit life to flourish.** In laying out this premise, he joins a long, intellectually daring line of cosmologists and astrophysicists (not to mention philosophers, theologians, and logicians) stretching all the way back to Galileo, who presume to ask: Why are we here? As Rees puts it, **"These six numbers constitute a recipe for the universe." He adds that if any one of the numbers were different "even to the tiniest degree, there would be no stars, no complex elements, no life."**

## *Background*

The original Solfeggio sound frequencies were apparently used in Ancient Gregorian Chants. The story goes that the powerful frequencies had been given to the church many years ago when people sang in Latin or musical tones.

The original chants were based on the ancient original scale of six musical notes called the Solfeggio. Dr Leonard Horowitz writes 'In other words, "nature and grace" – the physical and the spiritual – reflect each other, and reveal "the great fact" that there is a secrete tone scale – or set of sounds – that vibrates at the exact frequencies required to transform matter or matter to spirit"

Apparently the origin of Solfeggio arose from a mediaeval hymn to John the Baptist where the first six lines of music commenced respectively on the first six successive notes of the scale.

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## *Benefits of the Solfeggio frequencies*

Deep relaxation, more energized, more grounded, brain hemisphere balancing (like binaural beats), clearing fear or grief and can turn into joy, DNA activation, spiritual re-alignment, increased flow of prana into the body, becoming more intuitive, returning to spiritual order, codes to prepare your body for ascension

## *Applications of the Solfeggio frequencies*

Tuning forks, toning, singing bowls

## *What's so cool about the Solfeggio frequencies?*

### *➤ The 3, 6, and 9*

Looking at the six original Solfeggio frequencies, using the Pythagorean method, the base or root vibrational numbers are 3, 6, & 9. Nicola Tesla said "If you only knew the magnificence of the 3, 6 and 9, then you would have a key to the universe."

Other scientists, including the geniuses Nikola Tesla, Raymond Rife, as well as Mozart, Haydn, Beethoven, and Chladni, all must have known about, and used the concept of, the inherent power of threes, sixes, and nines.

Three powerful numbers: 3-6-9. **Each of the six Solfeggio Tuning Forks all add up, individually to the Pythagorean scheme of 3-6-9.** There are two sets of 3-6-9

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(anagrams) in the Solfeggio, so they are even more powerful as these combinations serve as "portals" to other dimensions!

John Keely, an expert in electromagnetic technologies, wrote that the vibrations of "thirds, sixths, and ninths, were extraordinarily powerful." In fact, he proved the "vibratory antagonistic thirds was thousands of times more forceful in separating hydrogen from oxygen in water than heat." In his "Formula of Aqueous Disintegration" he wrote that, "molecular dissociation or disintegration of both simple and compound elements, whether gaseous or solid, a stream of vibratory antagonistic thirds, sixths, or ninths, on their chord mass will compel progressive subdivisions. In the disintegration of water the instrument is set on thirds, sixths, and ninths, to get the best effects."

## ➤ *Solfeggio 528Hz and DNA repair*

The third note, **frequency 528**, relates to the note **MI** on the scale and derives from the phrase "MI-ra gestorum" in Latin meaning "miracle." This is the exact frequency **used by genetic biochemists to repair broken DNA** – the genetic blueprint upon which life is based!

A very small percentage (3%) of those instructions in the DNA make up our physiology. Most of our genetic information (about 97%) is unused DNA. Biochemists are using the frequency 528Hz to repair human DNA. The 528Hz relates to the note "C". Our regular "C" relates to 512Hz and so in order to have the repair we must look to the Solfeggio frequency.

Dr. Candice Pert, PhD, energy and vibration go all the way to the molecular level. She states that **we have 70 different receptors on the molecules and when vibration and frequency reaches that far they begin to vibrate**. Moreover, she observed, "as they begin to vibrate they sort of touch each other, and tickle each other, and they play and mount each other." **It's this whole energetic *dance* ritual, at the cellular level, that opens the chromosomes and exposes the DNA to the frequencies. When we do toning, drumming, chanting, or tuning forks – it can be a way to direct energy for transformational purposes.**

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# *Listening to the Solfeggio Frequencies*

- **396 Hz** - helps to alleviate fear and guilt at the core level

[http://www.youtube.com/watch?v=IJUu-xiJPx8&feature=player\\_embedded](http://www.youtube.com/watch?v=IJUu-xiJPx8&feature=player_embedded)

- **417 Hz** – transmutation, change, moving on from past beliefs and situations, helps transmute darker energies into light

<http://www.youtube.com/watch?v=7ftMa2Rzo54>

- **528 Hz** – associated with DNA repair and miracles

<http://www.youtube.com/watch?v=tZrBRQn6K0A>

- **639 Hz** – re-connect you and stabilize relationships

<http://www.youtube.com/watch?v=CLuEy2p2bBw>

- **741 Hz** – awakening your intuition, expanding your consciousness

[http://www.youtube.com/watch?v=gBrocj\\_s-wE](http://www.youtube.com/watch?v=gBrocj_s-wE)

- **852 Hz** – re-connect you with your true spirituality and love

<http://www.youtube.com/watch?v=hhHe8C6Qej4>

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## *Further Reading / References*

Dr Leonard Horowitz – “Healing Codes for the Biological Apocalypse”  
(see three attachments FYI from book with number detail)

Sir Martin Rees – “Just Six Numbers”

Solfeggio sounds making water crystals (like Emoto)  
<http://www.redicecreations.com/specialreports/2006/01jan/solfeggio.html>

18 tone arrangement - <http://www.youtube.com/watch?v=AZkPC2p8rDg>

Solfeggio arpeggios you tube - <http://www.youtube.com/watch?v=IBXRwORO2o>

Solfeggio arpeggio and binaural beats -  
<http://www.youtube.com/watch?v=R5oIEMigUQw>

[www.SomaEnergetics.com](http://www.SomaEnergetics.com) – Dr David Hulse

interesting excerpt:

*Vibration of Music of the Spheres*: "Every cell pulsates, reflects and interacts with acoustic oscillations of the medium. Even the earth and sun vibrate in unison based on a main rhythm of 160 minutes. Each musical note is therefore united to non-audible notes of higher octaves, and each symphony to other symphonies that we do not hear, and although they make our cells oscillate and possibly resonate. **Even DNA has its own melody.** The musical nature of nuclear matter from atoms to galaxies is now recognized by official science."3 In "**Molecules of Emotion,**" by **Candice Pert, Ph.D.,** she writes, "... basically, receptors function as scanners (sensing molecules, on a cellular level). They cluster in cellular membranes, waiting for the right ligand (much smaller molecules than receptors), to come dancing along (diffusing) through the fluid surrounding each cell, and mount them – binding with them and (tickling ) them to turn them on and get them motivated to vibrate a message into the cell. Binding of the ligand to the receptor is likened to two voices, striking the same note and producing a vibration that rings a doorbell to open the doorway to the cell."

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