

Kimberly Murphy, August 19, 2015

Sound Healing with Crystal Alchemy Singing Bowls

Experiencing the joy and deep relaxation of a sound healing session with the pure vibrations of Crystal Tones Alchemy Singing Bowls is an experience that helps us to attune to the delicate vibrations of the universe allowing us to resonate with our true essence, our divine self. Once we resonate with our divine self, we cannot help but become more loving, more intuitive, more capable of reacting from our most open and compassionate self.

Think of the crystal bowls as a vehicle with each person as the driver. You want to follow the road you are on knowing that you are headed in the right direction moving toward absolute love and creativity. There is no destination. There is only the continuous becoming and constant evolving into your truest self.

The bowls demonstrate the multiple possibilities for healing through vibratory sound. The principle of entrainment explains these possibilities. Our entire energy field and physical body can be “re-tuned” by the crystal bowl sounds, and the effects can be physical, emotional, mental and spiritual.

Like most people, we can have a limited perspective of our personal awareness due to engaging in day-to-day activities. Through the practice of meditation with a crystal bowl, it is much easier to connect with your true essence. If we are in a stressful situation, all we have to do is play a crystal bowl and that stressful situation or thought can be transformed. Through working with crystal bowls, it is easier to attune to our true essence and build the life that we want to live.

The sounds of the crystal bowls, and the way in which those sounds resonate within us, serve as a reminder that we are much more than our physical bodies therefore allowing us to experience spiritual awakening.

How does it Work?

Marcel Vogel has concluded that “the crystal emits a vibration which extends and amplifies the powers of the user’s mind. Like a laser, it radiates energy in a coherent, highly concentrated form, and this energy may be transmitted into objects or people at will.” Since the structure of our bodies and DNA are crystalline in nature, we respond and resonate with the frequencies associated with the properties of quartz crystal. Sound healing through crystal bowls align with a specific chakra as each crystal bowl is played helping to remove any energetic imbalances and bringing about healing to the entire quantum/atomic body through the activation of the chakra centers. The therapeutic quality of the alchemy bowls heals at a quantum level.

Crystal bowls vibrate at frequencies that produce powerful sound waves, and these sounds are the energetic manifestation of the crystalline structure of the bowls themselves. The crystal bowl sound may resonate in a uniquely harmonious fashion with the human body since our healthy human tissues are more crystalline than fluid in nature.

Crystal alchemy bowls are the highest frequency transformational tools now available. They are effective to use with healing work for individuals or group healing sessions.

