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# Tuning Rainbow Bodies

Human beings are Interdimensional. We exist beyond our physical bodies in the 3-D; beyond the body others perceive as containing who we are. We exist as a flowing pulsating patterned interweaving light entity in seven levels. The Aura encircles and penetrates, emanates from and shields a human body as the subtle body: several layers of information manifested as expressive vibrational COLOR/lite fields. For this reason the subtle body is sometimes called the light body, or more spectacularly the Rainbow Body.

Without a doubt color and its frequencies are an integral part of human overall health.

COLOR therapy seems to be an appropriate for healing or cleaning the aura. Just as Sound therapy will use a steady vibration to tune a body, Cromotherapy will use a color vibration to balance or refine the color/lite fields. Color therapy, refers to the complementary medicine technique of varying modes.

The most obvious technique is the use of colored light, which may be achieved by placing films over lights, or allowing sunlight to filter through color gels or glass. Still yet, some fancier techniques may make use of light pen gadgets, or colored crystal quartz laser wands. The color therapist will use the applied color, in its wavelength, to strengthen the present color vibration via entrainment, by which the brighter wavelength of color, with the higher emissivity, will entrain the weaker, or muddied color reflecting the "illness" or imbalance. This level of the aura will transform into a brighter healthier color form/waveform. By supplementing the body with its deficient color the entirety of rainbow of the aura will be strengthened.

Similarly, colored Silks can be placed over the body to supplement the rainbow frequencies of the field. This technique however, does not make use of any form of light directly (if the silk is not thin enough). This treatment seems to enact more upon the 3-D body and it's chakras to generate a stronger rainbow aura from within, rather than address the aura directly. A nice crossover of the light projection techniques and the 3-D body approach is the Water Tonation technique, which uses color gels to infuse water with color properties which can then be imbibed.

Let us not forget that color is primarily experienced by human beings through vision, which is not necessarily our literal sight, but includes active visualization and meditation techniques that use color light imagery, which can be very powerful. These might be similar to a guided meditation with vivid imagery and many bold visual archetypes, associations, and narratives, which can result in transformations. Some of these meditations may be much more abstract and esoteric. For example, imagery of the brightly colored lights, or specific healing frequencies of light filling up the gap's in the aura, and washing it clean as a liquid wavelength.

We know the color is a wavelength. It travels through space on a wave form. It coincides then with a frequency. Each color and it's waveform will have a corresponding sound frequency. The alchemy of color through sound.

In her article published in 1926 Kate Baldwin said, "there are many shades of each color, and each is produced by a little different wavelengths. Just as sound waves are tuned to each other and produce harmony or discord, so color waves may be tuned."

We know that sound can tune a body physically and emotionally. Sound can transport us and transform us infinitely. The vast reaching effects of sound on the human body, and it's auras becomes the basis for color therapy modalities which incorporate sound, with crystal bowls and tuning forks in frequencies designated by various esoteric tuning systems to transmit color information in their very wavelengths! These frequencies can be delivered directly on the general body, or make use of specific acupuncture meridians, a technique developed which is called ColorPuncture (and can also be done with light beams or lasers). Directly onto the body is not the only way to absorb the frequencies. These frequencies can be played with the Color Forks directly in the auric fields, or even in an ambient style in a room, as in a sound bath.

SOUND + COLOR therapies are the key to accessing beyond the rainbow body, reaching the interdimensional human being through the Auras.

Being that we cannot all see or as clearly or reliably, it is widely discussed without consensus how the auric fields appear. For example, some internet discussions associate the auric field to be arranged in increasing thickness by octaves frequencies (1x 2x 3x 4x...) and emanating from the chakras, represented by strong solid color/lite fields correspond to the represented color of the chakra. This seems to be a western oversimplification, although it does produce a beautiful image of the rainbow body.

Based on this school of thought, this version of a rainbow body appears soft, and each color layer pulsates based on simple energy measure. A deficiency in a color is directly correlated to a deficiency in the corresponding chakra. Conversely the over presence of any one color would suggest a different type of chakra imbalance, an over active energy. Tuning the aura in this system is inseparable and comparable to tuning the chakras, as it is the chakras themselves that generate these fields.

For this reason, in this contemporary system the information contained in each level correlated to the information governed by a specific chakra as well. For example, building from the smallest and closest layer from the body we associate to the root chakra, closest to the earth. This is the aura for the physical body in the 3-D. This layer is associated with the color red, the same as the chakra.

Other models of the Auric system differ greatly, and seem to be vastly more complex. Barbara Anne Brennan's system, *The Human Energy Field: The vehicle that carries your energy*, from her book, *Light Emerging*, describes seven layers of consciousness, which are structured with various formless energies of gas or liquid or "bio plasma", which are structured with "scintillating lightbeams", in an alternating patterns. Unlike the contemporary ChakraAura model, the different layers of the aura are not as an onion, with neat layers, instead the auric layers function with a cascading relationship to each other and ultimately downloading to our physical body. These layers have relationships within themselves and to the body. Interestingly they also can interact with other peoples auras as dynamic light entities, vibrating, pulsing, and flowing.

Brennan's description of the color of each of the levels does not depict the Rainbow Body as the literal rainbow surrounding a human body. She notes that only some of the layers are associated with specific colors. Instead, several of the layers are actually multicolored, having rainbow or opalescent qualities, as bands of light streamers. Her descriptions are lengthy and vivid, describing layers of different consistencies, different matter, expressed as various frequencies transmitting quite viscerally. It stands to reason that her interpretations of the information contained within each layer would be equally as esoteric. Brennan's fascinating interpretation expands where the Contemporary ChakraAura model falls short.

Not only is the aura a tool to give information to the physical body for how to heal and generate the hologram of our 3-D bodies, which could ostensibly be cleared and renewed as malleable. Combining sound + color therapies we can expect a profound and noticeable effect on some elusive syndromes of chronic pain and chronic fatigue. These types of ailments are greatly informed by echoes, attachments, or other karmic debris trapped in our auric field, which may be in fact, continuously downloading to our physical body, so that we are experiencing injuries (emotional and physical) that are not even from this lifetime. Clearing through the auric field these kinds of injuries may be a key to creating a healthier body as a representation of our karma in the here and now.

Our fantastical Auras may contain the information for astral traveling, source connection, insight into universal patterning, lucid dreaming, and other forms of spirit walking; ultimately in her complex description she opens a doorway into fantastical realms, a parallel veil that is happening now and our bodies may be experiencing in more than one physical plane. This is fascinating as it creates many more implications per the importance and potential of healing or clearing of the auras!

Now we can imagine a creative, effective therapy for a healing modality that is noninvasive, requires no cutting or drugging, and in fact, return the human body to the ecstatic form of the rainbow.