

Vibration and Essential Oils

I would like to write about how the vibration in essential oils related to human body and mind. Since my older daughter was born in 2012, I have started to find natural remedies to help to attain a healthier lifestyle for my family and myself. I am amazed how essential oils work well on us. It helps to balance my daughters' emotions, using as a substance to help to recover faster from sickness when they are ill. It enchants the effect during my yoga/meditation practice and healing works as well.

There is a subtle bio-energy that flows through all organic life. It goes by many names and is sometimes referred to as Chi or life force. This energy is expressed as an electromagnetic vibrational frequency – ***and pure essential oils have the highest frequencies of any measured natural substance.***

What is vibrational frequency? And why do we care about it?

Everything vibrates. Every atom in the universe has a specific vibratory or periodic motion. Each periodic motion has a frequency (the number of oscillations per second) that can be measured in Hertz. Every element in the Periodic Table has a specific vibratory frequency.

Most plants (and animals) use enzymes to break down molecular components during their life processes. And each of these enzymes has a unique crystalline form with a specific vibratory frequency.

The vibrational frequency of an oil reflects the integrity of these elements and enzymes embodied within its substance –its bio-energy or life force and its original intent. This factors into an oil's potential therapeutic value.

Measuring Vibrational Frequencies

During his work with plants, soil, and water in his agricultural projects, Bruce Tainio of Tainio Technology invented and built a machine called a BT3 Frequency Monitoring System. This device – modified and perfected over the years - used a highly sensitive sensor to measure bio-electrical frequencies of plant nutrients and essential oils.

For example, here are the average frequencies of some of the therapeutic grade essential oils that have been measured:

- Rose (Rosa damascene).....320 MHz

- Lavender (*Lavendula angustifolia*).....118 MHz
- Myrrh (*Commiphora myrrha*).....105 MHz
- Blue Chamomile (*Matricaria recutita*).....105 MHz
- Juniper (*Juniperus osteosperma*).....98 MHz
- Aloes/Sandalwood (*Santalum album*).....96 MHz
- Angelica (*Angelica archangelica*).....85 MHz
- Peppermint (*Mentha peperita*).....78 MHz
- Galbanum (*Ferula gummosa*).....56 MHz
- Basil (*Ocimum basilicum*).....52 MHz

The measured frequencies of essential oils begin at 52 MHz, the frequency of basil oil, and go as high as 320 MHz — the frequency of rose oil. For comparison, fresh produce has a frequency up to 15 MHz, dry herbs from 12 to 22 MHz, and fresh herbs from 20 to 27 MHz. Processed and canned foods have no measurable frequency whatsoever.

Frequencies can be separated into three ranges:

1. Low Frequency Oils that support physical ailments.
2. Mid Frequency Oils that promote emotional change.
3. High Frequency Oils that encourage spiritual growth and realization.

For example, Rose essential oil vibrates at a rate of 320MHz. The highest measured frequency of any essential oil, rose emanates love, purity, and wholeness, connecting mind, body, and spirit. It is not surprising then that there is no greater power in the Universe than love: the feeling of love is the highest frequency any person is able to emit. So remember, when you use essential oils, regardless of their vibrational frequencies use them with an open heart filled with love.

The Healing Process and the Subtle Energy Nature of Essential Oils

According to Dr. Royal R. Rife every cell, tissue and organ has its own vibratory resonance. Working with his frequency generator, he found that specific frequencies would destroy a cancer cell or a virus. His research demonstrated that certain frequencies could prevent the development of disease, and that others would neutralize disease. Even thoughts and feelings have a vibratory quality that forms a measurable frequency. A negative mental state can lower a person's frequency by 10-12 MHz.

Likewise, a substance or influencing factor - such as thoughts, emotions, and frequency devices - in our internal and external environments can also serve to *raise* our frequencies. For example, a positive mental attitude, prayer or meditation can raise it by 10-15 MHz.

The human body vibrating within its normal vibratory range between 62 and 68 MHz is considered in *a state of health*. But energy disturbances in the subtle bodies will actually precede the appearance of disease and illness in the physical body.

The normally harmonious coherent frequencies of the body easily go out of “tune” when a person experiences physical or emotional stress. A blockage of the flow of life energy –

characterized by inflammation, irritation and illness – can result. Therapeutic grade essential oils produce coherent frequencies that are naturally tuned to the health of our bodies. Pharmaceuticals and synthetic oils do not. The intention of this healing process is to provide the correct frequency that will bring the body back to a state of coherence, to a state of equilibrium.

By applying an essential oil with a particular frequency to the human body – through the principle of entrainment - the oil's higher frequency will raise the vibratory quality of that individual. When several oils are blended together, each having a different MHz frequency, a frequency will emerge that may be higher or lower than the various components. The therapeutic properties create special vibrational remedies capable of healing or rebalancing the body/mind/soul/spirit.

And because each oil has a specific frequency, and our organs and body systems and the nutrients needed to maintain optimum health each have their specific frequencies, the oil's electrical affinity to these components of our bodies will enhance and support these organs and body systems, and will aid in the assimilation of nutrients.

Essential oils in the higher frequency ranges tend to influence the emotions. EOs in the lower frequencies have more effect on structural and physical changes, including cells, hormones, and bones, as well as viruses, bacteria, and fungi.

Essential oils don't resonate with the toxins in our bodies. This incompatibility is what helps eliminate the toxins from our systems. Neither do they resonate with negative emotions. So they can help dislodge forgotten traumas by surfacing them in our consciousness where we can deal with them and let them go.

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