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We are Vibrational Beings

All matter is made up of tiny particles called atoms. These particles display a wave-like behavior. (Jones and Flaxman) Visible matter, substance you can see, is made up of vibrating waves of energy or light waves. Light reflects off the surface of an object to be made visible to our eyes. Sound is made up of vibrating molecules through air or other substances like water. These sound waves are detected when causing another object to vibrate, like our eardrums; this is how we hear. One can say that everything in nature is a vibration; I go further to say that everything is music.

I like to think of the universe as a place not of particles and matter, but of vibrational fields – of music. Everything from the smallest quark to the largest galaxy is vibrating in oscillation of pressure, hence, everything has a frequency. Because of this, everything can be affected and influenced by other frequencies, as in resonance. Physics says that *resonance* is “the tendency of a system to oscillate at maximum amplitude at certain frequencies, known as the system's resonance frequencies.” (Gibson) The word *resonance* can also be defined simply as synchronous relationship of two objects, such as a relationship between two people. When you get along with someone, you can say you resonate with their energy or are in harmony with them. Harmony refers to a consonant relationship. Similarly, in musical terms, *harmony* means the simultaneous combination of tones, especially when blended into chords that are pleasing to the ear. (Dictionary.com)

We are energy beings living in a physical world. The physical body is composed of many vibrations from the steady rhythm of the heart beat to the electromagnetic field. Studies on harmonic science and Cymatics, the visualization of sounds, are showing that our bodies and brains could be constructed from musical interference patterns of waves. (Merrick) We are

constantly broadcasting our own energy as well as attracting other energy. The Law of Attraction comes to mind; when we are putting out positive vibrations we are magnetically pulling in positive energy from the world. With intent and consciousness of how we choose to live our life, we can create the reality we want to live in.

The more joyful, happy and “light-hearted” you are, the higher will be your corresponding overall rate of vibration. The higher your inherent rate of vibration, the more powerful will be your attractive powers will be. Joy is a very high emotion and therefore high state of vibration and Energy along with Unconditional Love. The more joyful you are the higher will be your rate of vibration and the more aligned you will be to The Source. This in turn will enable you to manifest your desires much more freely.

(Shapeshifter)

“All music is created through the intent (consciously or unconsciously) of the composer/musician – music with consciousness is music that has the power to transform and inform the listener to awaken these dormant lines of communication.” (Shapeshifter) I know that music has the power to heal; I can feel it in my body and my soul. I believe that we are the ultimate creators of our reality. By keeping a good intention and living out of love we can generate positive vibrations that are healing. We can make beautiful music by being in harmony with each other. By doing this we are one with the universe (uni-verse = one song.) We are One. Lets make beautiful music as we flow in harmony with the universe.

Bibliography

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