



The Findhorn Garden

In November, 1962, five years before the infamous summer of love in San Francisco, a husband, wife, three sons and a family friend, moved a 30 ft trailer into a “Caravan Park” on the Findhorn Bay of northeast Scotland. It was the start of an experiment, one where the parties were relying on inner guidance, and communicating with nature. Some years prior to that time, Peter Caddy had managed a nearby hotel, but when the hotel fell into financial difficulty, there no longer was a job. Prompted by guidance- all of the adults had regular meditation practices and they had managed the hotel on spiritual principles – the group trusted wife Eileen’s specific divine guidance to make this move. The six together created a miraculous garden, that is now a spiritual community which attracts persons from all over the world.



The Findhorn Garden was begun in 1963, and *never should have happened*. There was nothing that could have predicated the 38 pound cabbages that were produced there. Findhorn is situated on a narrow sandy peninsula of the North

Sea. There are almost constant winds on all sides, and the soil consists of sand, gravel and couch grass.

The six members had been living on Peter's unemployment, about \$20 a week. Every time a job was on the horizon, it fell through. Peter had always wanted to have a garden and believed in the spirit nature of devas and elementals; practically, he recognized the importance of a compost heap for the abysmal soil. Trusting in their intuition, and with no finances for the garden, they began to collect available resources they could find for a compost pile. - a bale of straw that had dropped off a truck, horse manure from a nearby field, potatoes and vegetables too old to be sold from an in-town shop. Guidance kept prompting all to proceed with creating the garden. Each adult member had their part to play with their "radiations" as guidance would name it. In terms of our class, these seemed to be the vibrations each had to contribute and spread into the garden. All of this was prompted with the intention of love.



Peter was the main gardener, and he focused on the physical aspects. Eileen received messages throughout. In June 1963 guidance counseled her on “intention”, “You realize, at last, that no longer need you be controlled by events, but by the power of thought you control them.” Dorothy McLean became the liaison between the devas in the Garden and their human counterparts. Peter wrote, “To create Heaven on Earth, as we were told to do, it was necessary to be firmly grounded in both worlds. . . . We had neither salary, nor a bank balance. What we had was our positive thoughts and faith in God’s unlimited abundance.”

Guidance assured them that this garden was vital not only to the future but also as a window into how man needed to cooperate with nature. Just as man has lost contact with the sacred geometry, so too has he forgotten how to work in concert with the land. Roc, who was able to see the nature spirits, later joined the troupe. Together they communicated and manifested with this other dimension.

Each plant had its special deva. (In the **Findhorn Garden Story**, at least 20 pages detail message from various devas and elementals.) In 1964 Findhorn grew 65 different types of vegetables, 21 kinds of fruit and 42 different herbs. The devas helped direct the best places to plant things. Likewise they counseled that focusing with love to each plant prompted gophers to move into a nearby barren field, and likewise moved pests away from consuming the bounty. The devas counseled to move away from the idea of destroying things. The focal point was the cooperation of the three kingdoms: the devic, the elemental and the human. For seven years, the Caddy family, McLean and Roc, lived and were fed totally by the garden. They even contributed their own human waste to the compost pile! The vegetables eaten were so high in energy, the human waste was the best to contribute!

“The lessons we had learned growing plants, we now applied to growing the people who joined us.” Peter wrote. By 1974 the community had designed and built a Universal Hall, a center for creative expression.

The garden was in danger of passing out of awareness. But new members who did have great knowledge as gardeners came. The garden began to flourish again, not with 8 foot tall foxgloves and 38 pound cabbages but plants of more regular proportions. The garden grew alongside a consciousness that 'all forms of life seek to express their own identity.'

Today Findhorn is a Spiritual Community that offers all kinds of programs, apprenticeships, workshops. Gardeners range in age from 17 to 70. Each day begins with an "attunement" standing in a circle and giving gratitude, blessing the land, blessing the day. Some come part time, others for extended periods. The gardeners do not have contact with devas, or messages from the divine, Roc's ability to see nature spirits, but they live with the new consciousness, open to this communication with nature. They recognize the truth of this reality and how important it is for the growing of man's consciousness.



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