

Beloved Kim, we can help you transmit an idea into a paper. We use frequency in the form of light and color, they are waves just like all the other waves you have been studying, we are working in the quantum so they are so high they work molecularly. In the 100's of thousands of hertz as you refer to them, so they are absorbed quickly, and work efficiently to effect change. When we work with you as a channel we are typically using these frequencies to release stored energy in your cells. We are flooding your cells with the light and color frequency, discharging the stuck energy and filling the cell back up with light. This light then affects the other cells bringing in more of this light frequency, essentially taking over with this higher healing frequency. The same principles you studied in physics apply here in the quantum, each of these cells vibrates the nearby cells to match this new frequency creating a resonance field, bringing the chakra or organ or whatever you are working on in balance. Say we want to help you release negative thought forms from your auric field, or as we call it your light body. We will bring in a frequency that releases from your emotional body, then we bring in a harmonic of that frequency to cleanse your etheric body where the thought field was created. We will bring in a high vibration color frequency, platinum, diamond, silver, white to your chakra fields cleaning out where this negative thought was stored, we will send a pulse through your physical body, this is why you may experience visceral release, burping, yawning, tears, tingles. All this is happening

instantly and simultaneously on all levels (it is as if) the energy that created the thought is released and replaced with this higher vibration energy. On some occasions much density is needing to be released and the work may continue on for hours and sometimes days. Your body is working with these energies, you (the recipient) are participating on many levels you are unaware of. In all your autonomic body functions. And on all the layers of your beingness, all the layers that make up you, seen and unseen by you, beyond your physical and physiological body through your entire light body to the very foundations of your soul. Your body wisdom is working these releases. You have the power to release all the stuck energy in your body and to come back to stasis as your multi-dimensional self.

There are many modalities to bring this about. We are working with Kim with light and color and we work with her voice, when she guides you in meditation we are creating an alpha state to being with and then with cadence we create a theta state to work with your unconscious to unravel what your consciousness has created.

There are many ways to transmit energy and we encourage each of you to find what works for you and be a vessel for change. And you are setting yourself up to create the space for the life of your dreams. To transform your experience in life to be one that you are creating and not being handed. We digress. We wanted to Kim to attend this school so she could understand more about energy and vibration and how she has been using it in healing for these past several years. To be able to

explain frequency and vibration on a molecular level and understand the quantum field. So we thank this school for offering this education. This is invaluable to understanding energy healing, it is directly related to sound healing on the body

PART II

I asked for clarification in who is “we” and got this response:

We love this question, we are Your Team, we are your healing guides, we are your highest self, we are the Galactic Council of Light, we are all the Ascended Masters and Divine Feminine Goddesses you connect with. We are all communication with you but the we who worked on your paper are your Highest Self and your Divine Christed Healing Team that you have recently met. They have been directing this learning experience and are now visible for you to see. You were previously working with only one of these guides, you are now working with the four that you see. These guides connect to you from the Elohim Council directly to continue your work here on Earth.