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### A Sound Hospital in the Desert

In the Egyptian desert there is a remote site to the southwest of Cairo that's been revered among local wisdom keepers as sacred ground from times long ago, even before the civilization of Egypt itself was fully developed<sup>7</sup>. At this site, known today as Saqqara, there still stands a complex of buildings from antiquity. In the Old Kingdom, this site was part of the capitol of Egypt, which used to be called Memphis. Now, the massive Step Pyramid is the main structure here, beside which the east bank of the Nile river used to flow<sup>3</sup>. At the base of the Step Pyramid (attributed to King Djoser circa 2686-2613BC<sup>6</sup>) there still lies one especially resonant structure. It is a *Sound Healing Hospital*, and it has magnificent vibrational qualities of healing.

Although significant portions have been lost to the ages and remain as rubble, there is still enough of the original structure to get a sense of what used to be present. An open-aired courtyard is flanked on both sides by a series of connected enclosures. Within each enclosure is a short switchback alley with walls that are only shoulder-high, and architectural columned wall features that vary in number. At the end of the alley you are able to walk into a low-ceilinged nook wherein at its recesses there lies a square niche carved directly out of the stone wall, one which is big enough to comfortably lean your head and shoulders into.

Back out in the courtyard between the left and right series of enclosures, there resides a giant stone slab that is elevated in height and flanked by two staircases made of about 4 steps each, one on the right and one on the left. You can see from the rubble that other ones just like it used to stand in a row that once filled the courtyard. Adjacent to the current slab (known as the Medical Investigation Table<sup>1</sup>)

there's a staircase that extends up the wall of each of the side flanking enclosures. At the top of the staircase is a flat platform just big enough for one person to comfortably sit, facing the courtyard and all that goes on below in the Medical Investigation Table<sup>3</sup>.

So what is this structure and how was it used? While mainstream egyptology has yet to acknowledge this structure as a site for vibrational healing, we have generational gnosis passed down within specific families and native Khemetian Elders to turn to. According to indigenous wisdom keeper, Abd'el Hakim Awyan<sup>4</sup>, this site was an extension of the "House of Spirit" and was utilized for sound healing<sup>1</sup>. Hakim Awyan tells us that originally, it housed 22 enclosures total, 11 on each side with attached niche enclosures. A patient would come to this site seeking resolution for their personal maladies and what they encountered was a healing system with sound.

Knowing that the patient would have to follow their own internal antennae to achieve the highest healing potential, the Sound Healer (known whether male or female as, the Imhotep<sup>3</sup>) would instruct them to approach the Medical Investigation Table using whatever staircase they felt inclined to, the left (which symbolically represents the divine feminine) or the right (representing the divine masculine)<sup>3</sup>. Then, it was up to the patient to stand -or lie down- on the stone slab in whatever specific location they were intuitively guided to settle upon.

While this happened, the Imhotep would look on from the height of the adjacent staircase and its platform. They would then descend from the stairs and enter one of the enclosures, depending on the location on the Medical Investigation Table chosen by the patient. As it turns out, each enclosure was connected to a different nodal point on the stone table and could be used as a link between patient and healer via Biorhythmic Resonance that flowed within the architecture itself<sup>1-3</sup> (the niche dimensions yield a slight offset, or Beat Frequency, at the 1.45hz human heartbeat rhythm<sup>7</sup>). When the healer would enter their head into the small niche at the end of the switchback alley, they would be able to perceive energetic imbalances in the patient through this resonance. In response, the Imhotep would then intone a bi-

frequency resonance within the range of the human voice, to restore harmonic imbalance<sup>7</sup> and induce synchronization of both hemispheres of the human brain. We know of this technique commonly today as, Binaural Beating.

A critical element to the resonant functioning of the entire site was water. A network of tunnels below the enclosure housed water that was continuously flowing throughout the structure<sup>1</sup>, playing it almost like a living instrument. As you walk among the walls of the switchback alleys, you can't help but note the differing number of repeating architectural elements, and you can even see small trails left behind in the stone where water was once following the path of least resistance according to gravity long ago. Intoning binaural beats while in biorhythmic resonance at this specific location was what was said to bring forth the healing sought after by the patient, and water was the key to the transference of the vibration between correlating parts of this geologically resonant site.

One of the niches at the Sound Healing Hospital has been proven to resonate at a Healing Frequency of 110.26hz, which was determined using a sound frequency detection app<sup>5</sup>. There are other sacred sites of resonance such as the Hypogeum in Malta<sup>5</sup> that release this same Healing Frequency of 110-111hz which is known for activating the right side of the brain associated with characteristics attributed to the divine feminine such as creativity, intuition, and higher consciousness<sup>5</sup>. More research is needed to determine if other parts of the sound hospital also share this healing frequency, and what the impact of incorporating flowing water would be like.

The House of Spirit has been reduced by the ages and what we see now may only be pieces of a much bigger puzzle. Why indeed has this location become one of such wonder and mystery? Perhaps because the entire site was built from high-walled, open aired piezoelectric structures<sup>7</sup>. Or maybe because it is incorporated into a vast Lightwater Energy Network along with other sites in Egypt that align octagonally with the Great Pyramid<sup>7</sup>. Whatever the case may be, it's undeniable that this site has important significance vibrationally in the world. Until conventional Egyptology accepts it as a worthy

pursuit of knowledge, it may be some time yet until proper investigation can allow for an actual resurrection of the House of Spirit with all its elements included. Until then, we should look to indigenous wisdom keepers and committed scholars to help us understand this vessel of architectural healing which has been there for us, hiding in plain sight, and silenced by time.

### Works Cited

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