

Lightprints of Creation

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Table of Contents

| | |
|--|----------|
| Summary | 1 |
| Neuroplasticity, Emotions and Consciousness | 1 |
| Consciousness, DNA and Creation | 5 |
| Conclusion | 7 |
| Extra: Light seeds | 8 |

Summary

The human brain has the ability to rewire itself. This has been documented many times over, resulting in extensive research into the fields of neurobiology and neuroplasticity. There is also a long-established trend of research into human consciousness and how it affects reality — within and all around us, as well as more recent interest in the fields of frequency healing and sacred geometry. In this paper, I theorize it is possible to bridge the gap between the traditional scientific approach to understanding DNA with the science of sound and light combined with the latest research in consciousness and its ability to directly affect reality. In brief, I endeavor to purport that through advanced skills in controlling and directing sustained conscious intent, and by communicating in a language understood by DNA, we should be able to repair and/or recode DNA to bring about whole health and even add functionality to the human body/mind/spirit complex.

In addition to gathered references to scientific studies and theories developed by highly-skilled scientists and revolutionary thinkers, what I present here — how I tie theories together — is partially what I have “received” while journaling in a deep lucid state along with what I feel are some logical assumptions on my part. Receiving these “downloads” is further proof – at least to myself – that we are part of a magnificent union with the Consciousness of Creation and all that it entails.

Neuroplasticity, Emotions and Consciousness

“Neuroplasticity is the capacity of neurons and neural networks in the brain to change their connections and behavior in response to new information, sensory stimulation, development, damage, or dysfunction. Although neural networks also exhibit modularity and carry out specific functions, they retain the capacity to deviate from their usual functions and to reorganize themselves.”¹ For instance, a person who loses part of their brain matter in an

¹ <https://www.britannica.com/science/neuroplasticity>

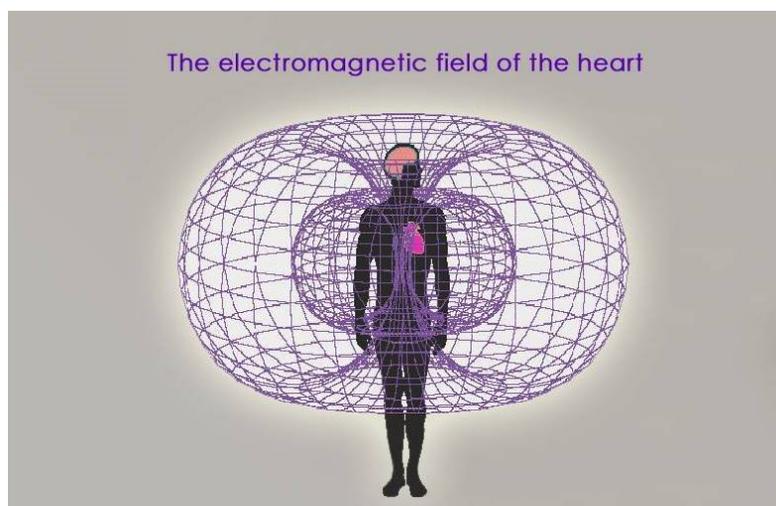
accident may find that their brain will actually rewire itself, allowing full functionality while bypassing any physical deficiency. This doesn't happen in every case though. We should ask why not?

When discussing the brain and its neurology, it's important to grasp the profundity that the heart is the first organ to form in a fetus² and actually has its own brain cells. The heart starts beating in the unborn fetus before the brain in the cranium has finished forming. The heartbeat at this point is initiated and continues to beat through a process scientists call autorhythmicity — meaning it creates its own rhythm.

When both are fully formed and functioning, the brain and heart communicate with each other and the rest of the body through a combination of signals and waves. According to HeartMath Institute, “communication between the heart and brain is a dynamic, ongoing, two-way dialogue, with each organ continuously influencing the other's function. Research has shown that the heart communicates to the brain in four major ways³” — nerve impulses, biochemical signals, pressure waves, and energetically through electromagnetic field interactions.

To complete the big picture, we know it's generally understood the human body has seven main energy centers that all interact with each other, and create fields around the body, each with their own function. This is where theories diverge among different spiritual disciplines about where consciousness is located, and which organ is the “master” — heart or brain. Looking only at the measurement of the electromagnetic fields and the quantity of signals between the two, I believe it's pretty clear the heart is the head of the household, so to speak.

The electromagnetic field of the heart far surpasses that of the brain, and the heart actually sends significantly more communications to the brain than the brain sends to the heart. Sufi's say the heart is the “wise manager” of the brain, wherein the brain acts more like a computer, being the main mode of communication to and from the rest of the body.



2 <https://www.heartmath.org/articles-of-the-heart/the-math-of-heartmath/heart-intelligence/>

3 <https://www.heartmath.org/research/science-of-the-heart/heart-brain-communication/>

The other main factor when speaking of heart/brain communication in relation to the mind/body/spirit complex — and it cannot be overlooked or minimized — is human emotion. Emotions can drive us into extremes in many ways. I could quote the science of how emotions physically happen when thoughts and experiences cause chain reactions in the body/mind through transport of hormones, biochemical processes, electromagnetic forces, and more. Instead, I'd like to suggest that emotions are an integral part of activating our ability to create reality. They are very powerful tools of both creation and destruction. I theorize they are amplifiers and focusers of energy and intention. With proper skill they can be directed into the creative process. If left unchecked and uncontrolled, they can amplify weaknesses into destructive forces.

Therefore, with practice we can learn to use emotions to amplify our goals and intentions, and direct life force into the creational process. There are a few souls born into this world with these skills intact. Most of us have to go through a process of unlearning, wrong information and poor behaviors, and training our body/mind into a finely-honed instrument of pure, loving consciousness.

So, where does consciousness come in? What is it? Is it our thoughts and emotions? Is it something in our brain, in our heart, in a field?

Psychic abilities — the ability to see, hear and interact with non-physical and/or non-local phenomena, suggest we are WAY more than individual collections of physical matter and interactive forces. And it proves we are all connected. Everything is connected.

For instance, Dr. Masaru Emoto's water experiment shows the effects of emotions and consciousness on physical matter. He froze water crystals that had been subjected to different words, written or spoken. Some were subjected to different kinds of music. Each ice crystal formed a unique pattern. The more beautiful the words or music, the more beautiful and intricate the pattern of the ice crystal. The uglier words produced ugly distorted crystals.



In an article published at collective-evolution.com titled, “Consciousness Creates Reality’ – Physicists Admit the Universe Is Immaterial, Mental, & Spiritual”⁴, the author presents highlights and a summary of how and why many of today’s world-renowned scientists and scholars are basically admitting that our thoughts create our reality.



Without diving too deep into the science, which is well-documented and approached from different angles, here are a few quotes that kind of sum up the ultimate findings — that conscious is something “more than” a physical body, and that our consciousness is a powerful creator:

Nasseim Haremein, Director of Research for the Resonance Project:

“Looking for consciousness in the brain is like looking in the radio for the announcer.”

Gregg Braden of HeartMath Institute:

“Human emotion literally shapes the world around us. Not just our perception of the world, but reality itself.”⁵

Eugene Wigner, theoretical physicist and mathematician:

“It was not possible to formulate the laws of quantum mechanics in a fully consistent way without reference to consciousness.”

Gautama Buddha:

“We are what we think. All that we are arises with our thoughts. With our thoughts we make the world.”

4 <https://www.collective-evolution.com/2014/11/11/consciousness-creates-reality-physicists-admit-the-universe-is-immaterial-mental-spiritual/>

5 https://www.bibliotecapleyades.net/mistic/esp_greggbraden_11.htm

More examples of scientific discovery that prove the effects of consciousness on the reality around us can be found in an article published at PowerOfPositivity.com, “8 studies that demonstrate how consciousness affects reality.”⁶ A few of the more well-known examples include, the placebo effect, remote viewing and teleportation.

But what does this mean? How does it help us understand what consciousness is, where it's located, or how we're supposed to use it?

If the body can heal itself and the brain can rewire itself, from where do the instructions come? DNA contains a blueprint that can be followed, but where did that knowledge come from? How did it get in the DNA? And how does the build process happen? Where do the raw elements come from?

As we can see, every question leads to another?

At this point, I believe our bodies “house” consciousness through a portal in the heart, and that each individual consciousness is connected to Divine consciousness. All conscious beings, life forms and existence overall are connected to that same fundamental Source — a source containing all of the basic laws of consciousness and existence – expressed as frequency using the language of sacred geometry.

All beings are sacred, but only beings with the connection to the Source through the Divine spark can access creational forces. The laws are immutable, unchangeable, everlasting. Even dark souls have a Divine spark up to a point. The laws can be used for good or bad. But there is a limiting factor. The darker the heart, the “dirtier” the connection to Source, the less power they have – unless they are able to harness Source power another way. This is how black magic works.

Consciousness, DNA and Creation

We know DNA is the main “code” that determines how we develop into and function as individual expressions in the physical world – the world of 3D material reality. But is that all there is to it? There is a new branch of biophysics call “bioenergetics,” loosely defined as the multi-disciplinary “study of the flow and transformation of energy in and between living organisms and between living organisms and their environment.”⁷ Our electromagnetic fields have been measured far outside the physical body and are shown to interact with everything they encounter – physically, energetically and, I believe, consciously.

Up to now, I repeatedly asked myself, and asked for guidance, “How do we use sacred geometry to encode DNA? ...to use the powers of creation we were given as our birthright.” I struggled to understand with my limited experience researching this as of yet. However, I am beginning to grasp that it's not as complicated as it sounds.

⁶ <https://www.powerofpositivity.com/8-studies-show-consciousness-affects-reality/>

⁷ <https://biocog.com/bioenergetics.htm>

Sacred geometry is a language that in essence writes itself based on conscious intent and sustained focus. It is a language that writes its own code and contains its own life force.

In relation to neuroplasticity, or any other physical issue, it's a matter of developing the ability to talk to DNA thru deep, rich, sustained visuals and feelings such that its "lightprint" is deeply imprinted with clarity and life force.

There is one caveat though. Because it's such a powerful tool – THE tool of creation, we will not be given the keys to its use without first gaining mastery of our own consciousness, thoughts and emotions.

For instance, we do not give the keys to a Ferrari to a baby. The baby first has to learn how to walk and talk, physically grow, learn logic and how to communicate, how to accomplish tasks and organize their life, etc.

To be given the keys to creation, we need to develop our consciousness, integrate knowledge of physical and non-physical dimensions, release illusion and attachments, learn how to control and harmonize our thoughts and emotions, understand the powers of light, love and gratitude, and our connection to Source, and so much more.

So how is the code written? It is written by consciousness at the level of its practitioner.

Entry level practitioner: a baby who has yet to learn how to focus or intend — although they are pure, so that counts for something.

Intermediate practitioner (option A): a fully formed adult who lives fully in this programmed world, believing only what they can see with their eyes --- running the full program of being born, going to school, being a "good" person, working to support themselves and their family, getting married, having kids, saving for retirement, retiring on a budget and enjoying the grandkids. (option B): fully formed adult who believes they must compete for limited resources and will do anything to get ahead, regardless of its effect on anyone else – actually having no clue their choices affect anyone else. (option C): some combination of option A and option B.

Advanced practitioner: Any being of any age that is in harmony with the laws of existence. This requires skills that someone is either born with or gain through practice and advancement. These beings are highly purified energetically, highly intuitive, can see and traverse dimensions, have open hearts filled with love, are courageous, wise and have the desire to serve Existence in its highest form.

In terms of creating our reality, the more coherent the message and sustained in stability in an unwavering vision with belief, and with the secret ingredients of love, joy and gratitude – the more likely and more quickly that intention will manifest in our lives. Those who are truly master practitioners, can manifest out of thin air in the blink of an eye.

Consciousness that is coherent and sustained emits a frequency that creates sacred geometrical codes (lightprints) including the life force and other organization forces necessary to build the intention, calling in elemental forces and materials to populate the lightprint into reality. These lightprints are transported via photons (light particles).



Roughly, DNA molecules are storage devices that hold and transmit data. They hold language and patterns based on what they have been programmed with, but can be programmed or reprogrammed to hold any information as long as there is a common language. And by the way, it has been discovered that human language and DNA use the same syntax (language structure)! This is how DNA communicates to the elemental builders that build, reshape, repair or change the body.

DNA has a magnetic force of sorts that attract photons. The DNA molecule pulls light into itself. And the photons (light particles) seek a place to imprint their lightprint. The photons are imprinted via consciousness – which is auto-converted to sacred geometry. When the photon reaches the DNA molecule, it imprints the DNA.

It's my understanding that when the lightprint from the photon is transferred into junk DNA (which is potential energy of sorts) – in the form of intricate patterns of sacred geometry, it not only conveys what is to be built, but it contains the connection to the life force necessary to build that thing.

Conclusion

It appears that the only thing required to program the photons that give instructions to the DNA (or other elementals) is skilled consciousness and connection to Source. This is how we heal and bring healing to others – through connection to Source and Divine love.

Consciousness with the Divine spark connected to Source should be able to create anything, whether it's to do with a life form or for inanimate objects. Energy is energy. For the masters of

consciousness with pure intent, aligned with the laws of Creation, elemental forces are available and obey.

With the right skills, we should be able to rewrite, reshape, regrow anything we wish. When connected to our Source, raw elements become available, life force is available, and so much more. Through practices that harmonize and focus our attention, and with repetition and consistency, amplified with love and joy, we are indeed creators.

Extra: Light seeds

Light seeds are seeds of conscious intent. When planted and tended, they grow. They are planted with sound and emit their own unique sound as they grow and thrive. Each seed is a container that holds a specific frequency. The light seed must be planted in the physical matrix for it to manifest in physical expression. Speaking or chanting is like planting seeds, but without conscious intent they have limited and scattered power.

Human consciousness is a divine seed in itself, and its health and life force depend on its connection to its Source as well as the health and life force of the body. The seed can exist with very little awareness of its connection to Source, but will die if the connection is severed completely.

The connection to Source is through the heart – both physical and energetic. If the heart stops beating, the physical life ends. As long as there is light in a heart, there is hope – always.

My life goal is to connect to this Source in the purest way I am able, to be a bringer of Light and Transformation and servant of Divine Love.

Aho.