

# **So you want to have an Alien encounter?**

## **Susan Ahearn**

In this paper I will describe for you the recipe for having your own peaceful Extra Dimensional being connection. We will cover things you can do to encourage your encounters and tools you might want to use to support these visits.

Briefly I will share my own personal experience and how I came to having many enlightening encounters with off world civilizations.

So where to begin? It is important to start with safety first. No matter what you do, a positive intention is the place to start. I know your excited to communicate and make contact with other worldly beings but creating safe boundaries are key. My Grandmother always said “ You just might get what you ask for.” All contact is not necessarily good contact. Place an intention to have helpful conversation for your highest good, with ET civilizations that are positive and have peaceful motives.

Suprisingly, there is no federal law that prohibits U.S. citizens from having contact with extraterrestrial beings. Yet. There are many states that report high volumes of UFO activity in the US. Depending on where you live, you just may be in luck. Texas, Missouri, Colorado, New Mexico and California rank the highest states for visual activity. Now, just because you do not live in these states does not mean your excluded from the fun. It is said that there are at least 36 intelligent Alien civilizations in our galaxy, this side of the Milky Way. That number seemed low to me, but who’s counting?

There are several different categories used to catalog contact types. CE1 is the sighting of an ET craft, CE2 is physical evidence of an ET craft, CE3 is the sighting of ET life form itself, CE4 is an experience on-board an ET craft. CE5 is human initiated contact with ET’s.

So how do we communicate?

Most experts say to find a location that you will have the least distractions. A place that is dark and free from city lights is helpful. Remember your comfort and safety is most important. If your anxious because you alone in a secluded area, your energy will not be conducive to harmonious connection. A wide open, unobstructed panoramic view of the night sky is ideal. That could be as simple as your backyard. You don’t need to spend a lot of money or go to sacred places to make new other worldly friends.

You may need to carry a few things, so keep your location easy to access. A reclining type beach chair is best but a blanket on the ground works too.

Remember to wear clothing that is appropriate for your night time climate. Take a flash light, to light the way. You will want a camera to capture your sightings. I get so caught up in the moment that I have yet to remember to grab mine in time. Some suggest using strobe lights to send flashing lights into the sky. I find them to be unnecessary but you can try it. Some viewers like to play tones, drums, crystal bowls and etc. that act like a beacon or sonar, to attract attention.

As you spend more time gazing upward you will see that the night sky is a busy place. There are phone apps to help you figure out what you are looking at, whether it be satellites, space stations or constellations. You may already have a favorite constellation tool. I like *Night Sky* which is a free app. There is also *Stellarium* which is another favorite for a slight fee.

Things you can look for are flash bulb like flashes in the sky, with no apparent reason or source. They come as a single flash or multiple blips. I see those as a quick drive by. We are here, we see you and we are busy but just wanted to say hi. Plasma or invisible crafts will distort the night sky, making what your viewing blurry or an illusion of a dark spot. You might see quick moving shadows or hovering, loud sounds or no sound at all but feel stillness. A solid craft, is just that. Any flying object that you can not identify as something of this world. Solid crafts can come in any shape and size so be open minded. You may also have an experience in meditation or meditation like state. Visions, messages or seeing grids are common, so trust what you are receiving.

I treat this as a sacred connection. Be mindful, free from ego and expectation. Once you have set your space, it is time to set your intention. I also find that a regular location and a consistent time is helpful and gives you positive results. Historically I usually make contact within 10 minutes. If I haven't seen, felt or received any messages within 20 minutes, I call it a night. They get busy too. I have had bad luck around full moons, not sure why. Sometimes if I am not consistent with my nocturnal outings they will come find me. Which usually means a visitor in my room at night checking in with a message or just to say hello. I personally have received many healing treatments. Beautiful healing touches from bluish glowing hands reaching out at night taking mine in theirs. Supportive messages, guidance and even a heads up on worldly events is common. I was guided to search out David and the Institute. They told me it was a necessary and safe time to share our connection with the world.

***“People need to find their way and we are here to assist. Let them know they need to not fear, our transmissions are helpful and we are available. Remember, be the creator of your reality. Be patient, (not and earthly trait) and have fun.” Seffron ED Being***

I believe that the journey into sacred communication is a journey we can choose to take at any moment. All the tools, tones and mantras will help illuminate the path forward but essentially If you are called to be a channel for such messages, than it shall. If you follow your heart and your intuition, I trust it will lead you to the information that is right for you. Not everyone will have the same experience and as my ED friend says ...be patient and enjoy.

**Links and Information**

Dr. Steven Greer- created an program and a phone app called CE5. It gives you information on optimizing your experience. It covers creating a team, gathering information and networking with others enthusiasts in your area.

R Keith Andrews - Abductee, Author, Radio Show Personality on Spaced Out Radio "The ET Connection" and on youtube

Wendy Kennedy - Empath, Channel. Wendy channels the 9<sup>th</sup> Dimensional Pleiadian Collective which she refers to as the P's. <http://higherfrequencies.net>, youtube

Gaia Channel - Gaia.com has award winning films and documentaries that are up to date and informative.

Bracha Goldsmith, is an Astrologer and Channel. <http://yourastrologysigns.com>, youtube

Book: Preparing For Contact by Lyssa Royal. Lyssa is a Channel, Teacher and Author.