

Final paper by Rebecca Wu
For Certificate course in Globe Institute
August 4th 2020

TWIN RIVERS: A RIPPLE EFFECT

OVERVIEW

I, Rebecca Wu, did my paper on my personal journey to the use of sound for healing rivers after my classes at Globe and back into discovery from make up classes.

What can we do to help our rivers and thus our oceans on an energetic level that can transform the health and vitality of our world's flowing gems? I ponder this on many levels and a month after my class ends and unfinished classes at a school called Globe I found myself in the deeps the jungle of the Amazon a Rainforest working on a very (emphasize very) amateur documentary filled with confidence but far from structured organization or well developed concepts and a realization the focus of my questions above was far more unknown and not on solid ground. I kept going and discovered a surface glimmer on shining water. Here is my story. A story about a journey right after classes I did not complete at Globe Institute to the high deserts of Brazil to the Amazon Rainforest. In an attempt to create a documentary to show ways we could heal the rivers and waters of our planet to the People of the world to ultimately help save the world. I had a plan but what I thought might be an end all to the pollution solution was just the tip of the snow covered mountain top. Perhaps unsuccessful to a professional documentary filmmaker's eye, it was an eye-opening expansion that upon travels back home and eventual make up classes led to revelations and reflections I would not have had and a great opportunity to just laugh. The power was within to clear pollution and the greatest instrument of all was right under my nose. This is my story.

HEART CHAKRA OF THE WORLD

My first place to journey to was Alto Pariso then after I had planned to go the Amazon where I would Test my tuning forks, Icube see if water had miraculously transformed and pollution would disappear, but I never sang to the water or expanded the light into the water as I would later learn to do.

Heading up to Alta Pariso I rented a car and drove by myself pulled to this high desert which is why it is called in Portuguese and traveled to see land on top of the biggest stretch of crystal beds under the ground in the world or so it claims, and waterfalls so clear and blue it is like an ocean with native villages and non native villages. The non native village of Santa Barbara Waterfall is of an African group of people living there for over hundred or hundreds of years where they escaped from slavery and no roads led to their hidden village. It is still a working cooperative village where everyone owns it who lives there and they are All descendants of slaves and speak their own languages.

DISCOVERIES AND INTUITION

Perhaps the cleanest and purest most success could come from sound itself with Can we see the light go into the water without the use of items? Should we use both or to each their own. The river keepers nearby like in the island of or the tribes and people living close to the banks have the most powerful instrument their voice and their invoking intentions. This paper is a glimpse into the light of bringing it to the surface and letting it flow bribing people together to touch each other in a way so lost and unknown in this pandemic world of fear and may the light shine.

In the mystical Alto Paraiso as it turns out there is another heart chakra of the world that is more well known, but to those in Brazil many believe it is the beating organ of the planet. I found out about it when I was on a spiritual journey and waiting in line at the embassy and the lady, so full of light and laughter told me about this mythical place of dozens of waterfalls just hours from my destination at Brasilia, the capital of Brazil. Off I went, and when I first drove in, I felt its musical power, a land with one of the largest crystal beds under the park next to the town that is called Chappa De verandas. Oh my, beautiful waterfalls and all the crystal shops imaginable. It was the Eclectic San Francisco in one main road and a small-town walking distance from one side to another. I went to the town square where the tour office was. Closed and found a guide, playing at a drum circle on the ground next to it. He offered to be my guide and off we went the next few days and near the end of my few day detour tour I told him how I had started making a documentary about rivers in California and he said you should make a documentary about me because I am a musician and how his music about politics, vegetarianism and spiritual health had helped transform people who tell him his music

saved lives and transformed people. It was summer 2018 and I believed I can sing a tune, hear a tune, or for that matter like music except to listen to because I can't read it and it was the worst class I took because I just mouthed and never sang in a class if I had to. Nothing makes any sense in the music world. But he so inspired me, and I felt the goosebumps and so I knew I had to come back with a camera other than an old phone. I had a name but I don't want to jinx it so I do not want to say the name but it came instantly to me and funny little thing had happened a few month prior, where I attending this spiritual festival where I got on this thing called a sound table and went into a state of bliss and peace listening to this CD called Water of Life. And so, it was.

Fast forward, I was flying back to Alto Pariso but this time, friend I met while traveling around Brazil had planned to help be an interpreter and a cameraman who takes amazing photos when I go but couldn't make it to Alto Paraiso, and had bought their ticket into the Amazon where we had planned to meet up for over a year as the second destination. I had to go once they bought their ticket in December when they became free in January. But rapids came about. My income was changing and my job I would be going back to changed and life happened. I was devastated and I had yet to pick up my professional camcorder from the shop in San Francisco that was fully paid for so I had to cancel the order but I still had some camera equipment and off I went and I could not leave my friend alone in the Amazon, so I still had to go.

Also Pariso was filled with energy and people who loved to talk for the camera and sign permission papers to be in a documentary Laws are similar in Brazil to the USA and documentaries are given much more freedom than a movie in obtaining permissions. It was easy and flowed like a river. Crystal mines there, I learned from one amazing shop owner, are run differently and some are more ecological and have better energy and others are not, the waterfalls and rivers are so pure and healthy but it is a high paradise which is the English translation for Alter Pariso and thus the water should be pure as it comes from there. I saw many Macaws big blue birds there but not in the Amazon. So many people said happily on camera they moved there or came there because of the crystal beds under the ground, pure water, Waterfalls, countryside living, and most of all "because of the Energy"

HEALING THE WATER, PLANET AND A DOCUMENTARY

I took my Icube, a sound healing device, I had gotten from Globe institute, and several tuning forks I had gotten as well. I had learned about Dolphin sound tuning forks from Randy Masters, a teacher from Globe Institute who had a workshop at his home near Santa Cruz. A brilliant man who created the forks to be tuned properly and spoke about a woman who had taken sound frequencies out on the ocean near the San Fran bay to

heal water. I wanted to do that in Brazil. I got a warning proof speaker and off I went really no idea what I was doing and not to mention really super-duper armature when it came to using film equipment, but hey (Hey, Hey, Hey,) why should that stop one? It was already in my mind's eye to go and do a story, but how it would evolve I did not know. I was completely confident it was a story about healing the water and planet, but just how little I knew and how that confidence was not based on a clear solid path to discovery was not seen above the pretty water, and thank goodness that it wasn't.

I Brought with me a 22.5 Tuning fork that the Master thought might be good for water. It brings about Oxygen into the cells and can potentially kill viruses and fungus and bacteria and the water needs oxygen and to be clean of fungus and bacteria. I brought two Dolphin sounding tuning forks, never tested on the designated focus- the dolphin bringing an excitement of a new unknown experiment. I took the Shuman Frequency of 92.8, The 432, 528, a few others I gave away to a few people and mostly the Tribe on the Amazon I gave three or so forks. I brought a Seven Chakra set I had before I took classes at Globe but I just never used them except once or twice and was lazy. I became more interested in forks and energy healing after taking the two day Globe class in Shasta in 2019. from VibesUp and mats as well with around 18 crystals imbedded. I also brought 4225, 3796, 4160. I don't remember the other few forks I gave the Native tribe Chief. The last two are the dolphin forks. (to check with Randy on this). It was after visiting the tribe and flying to Belem that I got sick the day after flying out of into two different International Airports and used all my forks. I felt like the 22.5 was really working hard and I was only sick for a day but it was probably the worst I felt in over a decade or more. It was bad and hard to describe. I probably have the anti virus is what I am thinking.

When I got sick I also used a little favorite of mine, Frankincense oil, which I love the frequency of because I can feel it. Years back with a tooth pain so intense I went to the ER and they would only give a shot on the tooth that last a few hours and the dentist said they would put me on a waiting list because they didn't think it was an emergency when they had done tooth work and my back molar had cracked when a filling was put in, which is not their fault because it was a possibility being so deep but they would not work on me for months because they were booked up. Needless to say, oregano oil, ibuprofen and other oils did not work to ease the pain. I am allergic to oragel and hard pain killers like Vicodin. But Frankincense's, which I believe according to Doterra a big oil company theirs is food grade, but there is controversy so be careful. Nonetheless, I took a few drops as well.

When I went to the first waterfall back with my previous guide, I tested a dozen different forks and played the iqube to see what would happen. The fish came, but to be honest I do not know if they would have as it was not a set experiment done over days on end. Well there goes my scientific study, that was never scientific to begin with. Huh what was I doing, I don't know but it felt right, and I had to keep it up so off I went to another creek and did it again to the annoyance of my guide but he was happy to help in my little experiment . I used the chakra set I had. I didn't see any difference in the health of the water and unfortunately the fish didn't talk to me to tell me all the great things that they felt or feel from it. Silly fish needed to talk to me like my dear friend whom I played the chakra tuning fork set for free on their whole body and after worms came out in their dodo and they felt so much better but no the fish didn't tell me any of that.

When I came back to town after each trip out I got several interviews of the local people and the music that was played by local bands or individual singers while sipping on the sweetest most divine nonalcoholic drinks the imagination cannot even come up with. The world of music was alive in the most pristine way. Glimpses of the music world up at the heart chakra of the world felt like an overtone and matching of sounds of the crystals that lay beneath.

AMAZON

On to the Amazon four days later and into a hostel and dorm that was as accommodating and amazing as can be in Manaus, yet surrounded by a city so on the verge of starvation, where the building is mostly all have black mold on the outside from not being repainted and the economy is so depressed I felt depression, which I had not felt sense living in California's rainforest many decades ago right out of high school where I lived with a bicycle, rented a room and never saw the sun. I was basically never depressed in my life but the energy was so heavy.

I came to it in February a month before the world turned in the USA from a virus pandemic. My friend I Met there, who speaks Portuguese, and works in mental health contemplated the use of documentaries that show how poor the country and its villages especially natives tribes are and how it romanticizes them when maybe they should not. I was torn, because there is truth in that contemplation and thoughts which we did not know the answer to, and my friend was an insightful and brilliant philosopher.

It was here where I would get a different sense of bringing the energy equipment that I would get from this great footage. Upon the next day, and with permission slips for filming that took a day to get, I traveled upriver in a tour to see pink dolphins. As a lover of the dolphins and connected to their energy I was so excited to see them and they

were beautiful, swimming in the wild but coming up to me. Only one that day came close to when I played my Dolphin Tune fork it nipped and opened its mouth in play at me. It came closer than before and I felt it only wanted to play and like he knew I was trying to communicate. It was amazing. The pink dolphins are the biggest dolphins in the world, and I had no idea. They are really pink and big with the longest noses of any dolphin. They don't look like regular drop [hints and we traveled up a river that merged into the Amazon river to a dock where they usually are, but we also traveled up the Amazon river. So many communities living right on the shores of the Amazon and Negro River. The Amazon is mucky. The water of the Negro River is black brown but very clear and we stopped at a native tribe's village right near the merging of the two rivers.

On the journey into the Amazon the heaviness did the oil rigs and big vessels for oil stood out like a great giant and the two rivers one the Amazon River is muddled with dirt while in Manaus a clear but dark river the negro river flows into the Amazon and where I visited a native tribe and swam with pink dolphins. It was here with permission from the owner of the tour to swim with the dolphins I was given writer permission to play my forks and video they came.

It was here that we were given a dance and song welcome and I then afterwards offered to give several of my tuning forks to the chief of the tribe, with the help of the guide who spoke the language and explained it could be used to heal the body and or the water too. The chief accepted the gifts and forks made by Randy Masters and it was one of the most profound moments because many of the women and children wanted to touch it and come close to me.

I got some good photos but I was lucky my sister was going to give me use of all her photos of dolphins she took and nearly drowned to get and she was given the world prestigious title of Explorer of Light by cannon and recognized as the top person in nights Ky photography in the world where you see those shimmery gasses and colors from the sky photos that the camera sees but the naked eye does not. The rivers in the sky and dolphin photos and she was on the same journey into sound discovery.

I wandered alone at night looking for food and ended up at a street fair where I ran into dancers and singers who performed. I ran into them with my friend a few days later and most were from Venezuela and refugees who had left the country. One had a street stand and she told us she had a college degree, but Venezuela was so hard people were leaving.

A day after we swam with dolphins in Manus, we traveled around a few hours a way to a place where there were plentiful waterfalls and walked with one tour guide into the jungle to a cave, and a small stream. It was here that magic happened. When traveling into the jungle we were wadding up a stream so perfect it looked like something out of a man-made water park or State Fair. It was literally clear and perfect. I decided to stop and took out my forks and the guide was the most receptive and interested in the health of the planet as well as the amazon. He grew up on the banks of the Amazon River and he told us no sunscreen until after we are in the water just like the guide who took us to the dolphins - and he meant it, you could tell he truly cared. It was here at this little stream near the cave that played my tuning forks. It was here that the guide said so earnestly,

"I have never seen anyone call the fish."

A day after that day with the sweetest river guide to the cave, we traveled to the international airport to Belem from Manaus and went to visit the islands of Marajo and another island. The morning after getting to Belem I became vehemently weak, cold shakes, and could barely stand and had to sleep most of the day. A weakness and ill feeling with the most intense weakness and I have no idea what I had but it was gone a day later and I suspected a pandemic virus when I got home and a month later the world stops to deal with Covid 19 but then it had not even been known in the country of Brazil, the month before. I had had hot tea, used tuning forks, the iqube and some essential oils to heal. Amazingly I went from the most horrible feeling of weakness and cold chills to being better in one day. I think they all helped.

On the shores of the River and near the Ocean on the Island of Marajo I tested my IQube, Forks and used my wireless speaker to play frequencies into the water. I Can't say it suddenly changed to being clear looking when it was not, but I feel like it mattered, little did I fully understand the use of intention or the power of people. On the desolate beach, I ran into one twelve year old girl who loved the stuff I had and we had a conversation with our smiles, laughs and talking even though we both knew only a world or two in each other's language, but she knew about the power of the crystals and the energy that I could tell. Her family was a way up and I was the only person around for a long distance and it started to sprinkle again, so protect the equipment and on my way again.

I can't say the forks, I qube, and crystals I had made a large impact but I think in combination with the intention they did, but it's not measurable in a world where the scientific formula rules, but that world is changing and shaken up. Things are not the same and the openness to one's intuition and knowing state where one is healing, and

the planet is healing by the unseen is being pushed to the surface of What Is in our world.

This is not to say there is real science and foundation for real healing capabilities for the tuning forks, and other energy healing devices like the iQube and Tesla a much more grand piece that is from the makers of iQube that one box can literally expand into a city whereas the iQube is just for one small field around a human body. I want to include in my documentary interviews with people like the lady who went on the ocean and sent a sound speaker and played all kinds of frequencies. I still want to include a ripple effect of what happens when you have a one part of the water heal how it affects the whole body of water.

TWISTS AND TURNS

The lectures from class, as I continued my unfinished classes, hit nail. the pollution in ourselves by our thoughts and feelings causes pollution in the world. To look at the dark waters beneath was like a tunnel deep into the earth with a dark river in it like you see in the movies and the need for artificial light because it seems there is none and the belief light can't be manifested by one's own body: that's scary and I am claustrophobic:

UNKNOWN CONCERNS

would it be it fear stopping humanity from great leaps and bounds for our connection to our fellow light beings living among us on our planet in an effort to keep them safe or is it simply a block needing unblocking. Lord I don't know the answer and I always feel like I know the answer, or my ego does. What could the knowledge about dolphins come to you because you're playing their language? Could it be used in a more military way or to gather them to kill or eat them and should such knowledge and this paper stay silent. Feet creeps in and the unknown dwells things I never thought of.

THE RIPPLE EFFECT

What I learned, overtime and in coming back and taking some make up classes globe, the things that settled in that I heard at some level before but just didn't let it sink in, was that the intention is everything and that I could actually change the water without the devices. I believe they help and are amazing, but to the millions of people, especially on the brink of starvation in a pandemic world the power of the spirit, mind, and body in creating and invoking the health of the river water would transform without buying all the expensive equipment. I will bring encouragement to do so in my documentary. It was

such a depressed economy I had never seen anything like it but I am not much of a traveler.

I could not get change in a town which I would have given out but I was running so low on money. It was heartwarming to see people in a town where you're the only visitor and it's a tourist town and this was before the pandemic. How are they living I don't know. I know a few people whom had carved their inch, like the motorcyclists on the island of Marajo at the mouth of the an Amazon river going into the ocean are ok, because my friend stayed in touch but it felt like we were one of a handful of visitors in that tourist town as well. Yet in a world where a pandemic and money can be created to help fund the losses who knows what can be created and manifested to bring some of these instruments around the world to places like the Amazonian state. The Hostel at Marajo was magical and one friend I met had a masters or doctors in Social anthropology which I did not know much about but she found the tuning forks and other modalities fascinating and let me practice on her and the owner of the Hostel as well when we had long talks all together about life in brazil and around the world.

Everything helps and ultimately makes the people richer with cleaner water, more vital wildlife, and thus a cleaner human health which can manifest more money for the country. I had heard about the frequency that had been used to clean up oil and it worked the parts per million had dramatically changed just from the frequency in some tests. Perhaps many people need something they can touch to bring about the Intention.

Ultimately, each thought, each act, has a ripple effect in the structure and design of the water. A drop of restructured water into a lake has a ripple effect and can help clean up the lake with better water. This is what is all about, weather or not it is restructured water from a machine, fork, or the human spirit or voice, It works. It is time to sing to the water and to within ourselves.

CONCLUSION

I want to inspire people to have a Tesla in their city through my documentary and I still do. Yet, the biggest change to the documentary will be that I want to see people with their voice, the MOST POWERFUL BOX, that can change the world. The VOICE BOX with the Intention to heal the water which inhabits our world. It can be done; it is being done.

By Rebecca Wu

