

Using sacred geometry for healing and manifesting

In this paper I am going to explore three subjects from sacred geometry. I will first explore the platonic solids to understand the language of the universe. Second I will talk about the Archengale Metetron and Metetron cube. At the end I will look at the Sri Yantra and how it works.

Every human being has a potential to use platonic solids/ sacred geometry for healing and manifesting purposes. There are 5 elements of nature fire, water earth , air, and aether. This five elements of nature are associated with platonic solids. Platonic solids been described in an ancient Egypt and then later in ancient Greece. Plato was teaching philosophy with the use of platonic solids(the basic shapes) and this is why its called platonic solids.

Platonic solids are the basic building blocks of sacred geometry. Platonic solids are the language in which the universe is able to communicate with us. It is a geometric language. This language representation is in 2 and 3 dimensional forms.

Fire Equilateral triangle pointing upward , in 3 d Tetrahedron (four faces).

Properties: perpetuates balance and stability.

Water Equilateral triangle pointing down, in 3d -icosahedron.

Properties :enhances creative thought and expression.

Earth Equilateral triangle pointing down with the line going across. 3d form is a cube .Properties: reconnecting energy to nature.

Air Equilateral triangle pointing upward with the line across , in 3d octahedron .

Properties : Cultivating acceptance and compassion.

Aether circle or 3d dodecahedron is associated with the universe, and represents mystery and meditation. The dodecahedron can be seen as representing the universe with twelve zodiac signs corresponding to the twelve faces of the dodecahedron.

When using the platonic solids to magnify/ enhance request / wish- you always have to come back to your own energy (ashe, prana, chi). The vital life energy that comes from our ancestral line. The elements of nature can help us build more energy especially if we ourselves don't have enough energy.

Each symbol is associated with specific element and specific emotion. Fire is good transformation, earth is associated with primal instincts, water emotions and intuition, air is associated with intellect.

For example when you are trying to make a love spell and you find that you don't have enough energy. You tried the herbs, the oils and nothing worked. At this point you will use an element of water because it's associated with emotions. You will use an Icosahedron symbol beneath the intention to amplify the vibration of your intention. To increase a level of lust you wold use a cube because it corresponds with the primal instincts. Using the cube you will pull the energy from the galactic conciseness / source

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to make the intention stronger. All the shapes work as amplifiers that bring energy from force field or source to make your intention manifest.

You can work with the elements on people using a zodiac signs. For example Cancer, Scorpio and Pisces would respond well to icosahedron because those are water sign. Leo, Aries and Sagittarius you would use tetrahedron the fire sign. The same goes for air and earth signs. You can use this platonic solids to magnify the energy for a specific intention.

Platonic solids as building blocks of all reality. The platonic solids are the alphabet of the universe. All symbols on some level are made of platonic symbols for example Mrkaba, flower of life. Atoms are made out of particles that zig zag in a shape/ pathways and the shape they are moving in is a platonic solid.

Symbols like flower of life, Markaba, Metron cube are avatars. They are all made of platonic solids. When you use a Markaba for example with the herbs this Markaba will pull the energy of fire, air, water and earth (intelligence, action, emotions, primal instinct) to magnify the manifestation process.

This process can be applied to healing or other type of manifestation.

Metatron Cube

Metatron makes most of his appearances in extremely old Jewish texts focused on mysticism as well as other occult writings. According to Rabbinic tradition, Metatron was the highest angel. It is also said that Metatron served as a celestial scribe and that he wrote down God's words.

Archangel Metatron is an ally on your healing journey. From the research I find out that Archangel Metatron is a high-level spiritual being, who serves according to Divine will and who teaches those who are ready how to access their spiritual light and power. First the geometric shapes are used to clear the blocks from your physical, mental and etheric body. Meditation on Metron Cube will allow your vibration to raise up and allows the energy to move freely. When working with Archangel Metatron you will be able to see in your mind many different geometric shapes. You might see individual platonic solids or combination shapes depending what's best for your healing.

According to my research Metatron healing works across lines of time. When the Archangel works on you the healing works on past, present and future, so that if there are any blocks that you carry with you from the past the healing power of an Archangel will move that energy out of your body. Also Metatron is a wonderful teacher of Universal Truth, esoteric wisdom and high vibrational living.

Metatron's Cube and the Number 13

There is a reason why there are a total of 13 circles present in this cube.

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Theory one says:

The 13 circles actually represent the 13 archangels. It is said that these archangels each hold a specific element of creation, and therefore, with God's love, expand these elements to give life to all. They are said to be able to bring balance to the earth.

It can also represent 13 centers of energy in our human bodies. It is said that there are 13 energy centers of experience. These are believed to be manifested through Mutation's cube.

Number 13 is also sacred because it represents the 13 sacred keys of creation. Each circle represents one of the divine laws of creation. These 13 keys hold the secrets to both evolution and divine spiritual enlightenment.

Shri Yantra

A yantra is a machine – it has to work, function and deliver something. Every machine is essentially only an enhancement of a faculty that we already possess. We can walk, but with a bicycle we can move much faster. We can speak, but with a phone we can talk much further. The Linga Bhairavi Yantra is existentially functional.

Mantras, the Sanskrit syllables inscribed on yantras, are essentially "thought forms" representing divinities or cosmic powers, which exert their influence by means of sound-vibrations.

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The Sri Yantra is an ancient mystical geometry that is said to have been mentioned in the age-old texts like Svetashvatara Upanishad, Vedas and other ancient texts. It is formed by nine interlocking triangles that emanate from the centre point, called Bindu.

The Shri Yantra's 9 constituent triangles vary in size and shape and intersect to form 43 smaller triangles, organized in 5 concentric levels. Together they represent the totality of the cosmos and express as non-duality. In the middle, the power point (*bindu*) represents the cosmic center. The triangles are circumscribed by two concentric circles composed of 8 and 16 petals, representing the lotus of creation and reproductive vital force. The entire configuration is framed by the broken lines of an earth square, representing a temple with four doors open onto the regions of the universe

The Shri Yantra represents the evolution of the multiverse as a result of the natural Divine Will of the Godhead Aadi Para Shakti. The four upward-pointing isosceles triangles represent the Goddess's masculine embodiment Brahm, while the five downward-pointing triangles symbolize the female embodiment Jagat jannani.

Sri Yantra causes brain hemisphere synchronization and that adds to overall health and your power to manifest. Merging both hemispheres will help with merging the logical part of brain with creative part of brain to create more balance.

Meditating in presence of a indigo blue/violet light (stain glass windows) will expand the understanding of the divine and help you understand beyond yourself. Increase the power of meditation, provides nourishment to an upper brain and connects to pineal

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gland. Violet light helps with : Neurosis, scalp disease, Sciatica, Tumors Rheumatism, Cerebra-spinal meningitis, concussion, cramps Epilepsy.

Purify thoughts and spirit. Allows you to connect to your spirit and when that happens it offers wisdom, guidance and inner strength. When there is too much color violet present in your life it can cause a feeling of disconnection, confessed , depression. (everything in moderation). When meditating on Sri Yantra you focus on a center of the yantra. Then you will see three dots in shape of a triangle. The energy represented by the dots are male, female and unity. Keep looking at the center of a Sri Yantra and slowly breath in and out through your nose. Visualize a purple light coming from a center of the yantra to increase the connection and allow yourself to go into the tunnel of this shape that represents reality.

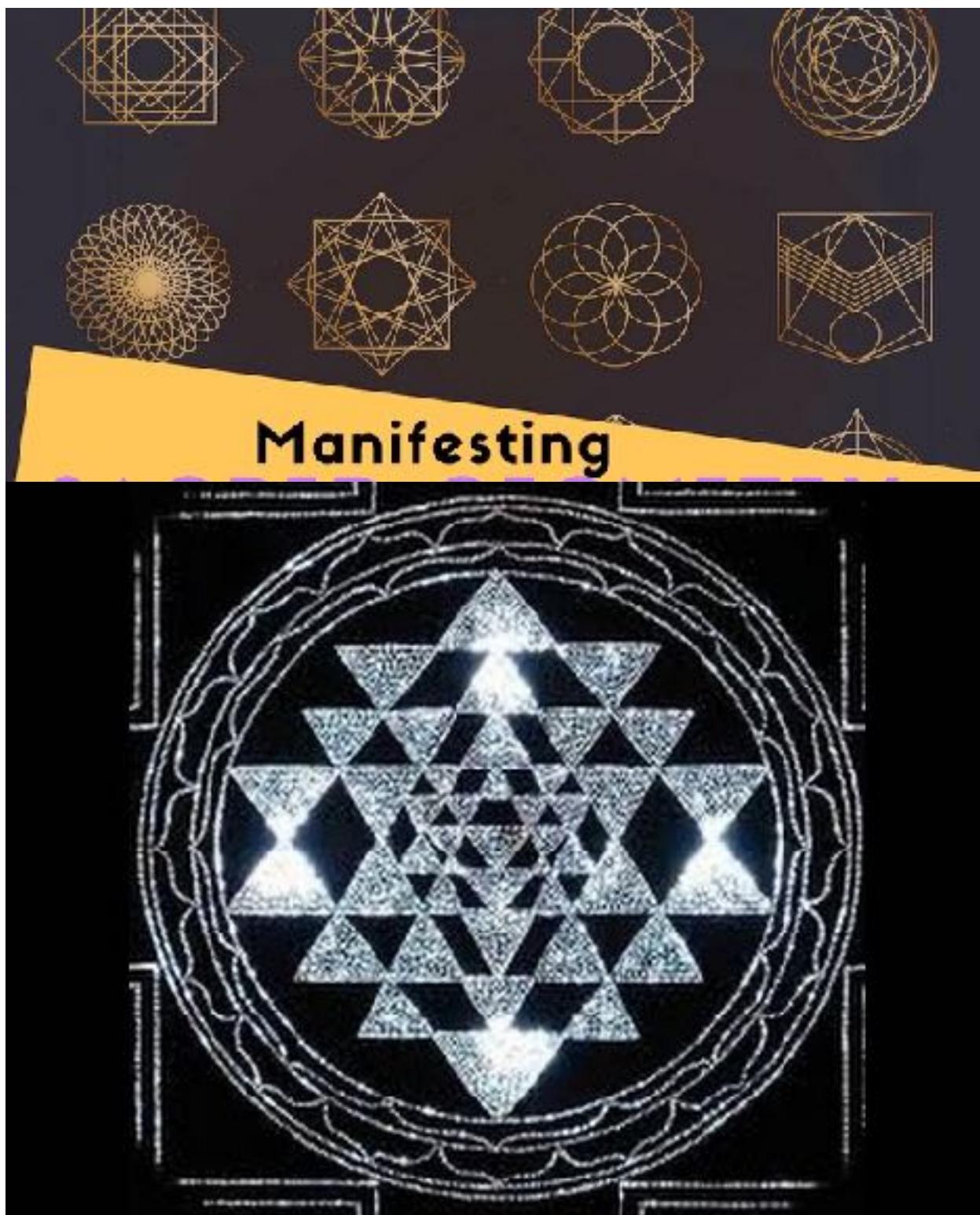
Mandala around the Sri yantra represent creation and manifestation where reality is created. Center is a point of creation and unity. It's a source. Sri yantra is a symbolized reality.

I chose this tree topics to explore for my final paper because since starting on a journey of sound healing I been seeing different shapes in my mind and this is why I decided to research this topics. Sacred geometry is something that is very interesting to me and I hope to explore it deeper and learn how it works through practice. I am very grateful for this course and a safe and none judgmental space where I got to learn so much about the world of sound, color, shape and vibrations.

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Bibliography

Platonic solids and how to make spells.



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Origins of Metatron cube.

<https://mythologian.net/metatrons-cube-symbol-origins-meaning/>

MOST POWERFUL SRI YANTRA MEDITATION - ACTIVATE Abundance Of Cosmic Unity & Wealth Meditation Music

youtube: [youtu.be/WAdt2NZjSVw](https://www.youtube.com/watch?v=WAdt2NZjSVw)