

# Life-Giving Linen

## Scientific Details of the Linen Frequency Study

In 2003, a study was done by a Jewish doctor, Heidi Yellen, on the frequencies of fabric. According to this study, the human body has a signature frequency of 100, and organic cotton is the same – 100. The study showed that if the number is lower than 100, it puts a strain on the body. A diseased, nearly dead person has a frequency of about 15, and that is where polyester, rayon, and silk register. Nonorganic cotton registers a signature frequency of about 70. However, if the fabric has a higher frequency, it gives energy to the body. This is where linen comes in as a super-fabric. Its frequency is 5,000. Wool is also 5,000, but when mixed together with linen, the frequencies cancel each other out and fall to zero. Even wearing a wool sweater on top of a linen outfit in a study collapsed the electrical field. The reason for this could be that the energy field of wool flows from left to right, while that of linen flows in the opposite direction, from right to left.

In an email dated 2/10/12, Dr. Yellen explained the process of this study:

"Frequency was determined by a technician [named] Ivanne Farr who used a digital instrument designed by a retired Texas A&M professor called the Ag-Environ machine. We had a public demonstration with an audience at internationally known artist Bob Summers home.

"Bob Graham, the inventor, told us that his machine was created to analyze the signature frequencies of agricultural commodities to aid the farmer in determining the right time of harvest growth. The gentleman identified signature frequencies that identified illness also and had turned to helping people get well. Bob Graham stated that it was a 'signature frequency of that plant's species identity.' The mHz is different, we were suggested that it would be the same as Rose essential oil.

"There could be better devices so we have been looking around for more options. There's a device that a brilliant American agriculture scientist developed that does measure the frequency of Linen. We have not yet acquired one but hope to soon!

"Dr. Philip Callahan, a noted physician and researcher, was able to prove the existence of this energy using plant leaves attached to an oscilloscope. About six months ago, he visited me in California and showed me a new development. He had discovered that flax cloth, as suggested in the Books of Moses [the Torah or Pentatuch], acts as an antenna for the energy. He found that when the pure flax cloth was put over a wound or local pain, it greatly accelerated the healing process. He was also using the flax seed cloth as a sophisticated antenna for his oscilloscope. This is the instrument that he uses to determine energy of flax."

---

**If the idea of frequencies is new to you, you may be interested to read about Dr. Rife and his studies in the 1920s. He didn't study fabric in particular, but his research is still interesting.**

"American inventor Dr. Royal Raymond Rife spent three decades studying specific vibrational

'kill' frequencies of hundreds of microorganisms. As far back as 1920, Rife theorized that disease-causing microorganisms vibrated at specific oscillation rates, and that if these were better understood, they might be safely eliminated by an opposing rate of vibration.

“With his expertise in optics, Rife developed microscopes with resolutions up to 17,000 times in diameter compared to the standard 2,500. With the aid of his high-powered microscopes, Rife methodically observed and cataloged the results, as he exposed pathogenic microorganisms to coordinated resonance from electronic frequencies. During his thirty years of vibrational research, Rife established what he called the Mortal Oscillatory Rate (MOR) for hundreds of disease-causing pathogens.

“In his work, Rife confirmed thousands of living vibrational frequencies. He determined that the average frequency of a healthy human body was between 62 and 72 Hz and that when the frequency drops below this average it signifies a compromised immune system. ... essential oils can register as high as 320 Hz. ... Rife meticulously mapped out a living mosaic of energy vibration, but he was simply too far ahead of his time to be appreciated for his contribution.” - Pgs. 19-20 of *Whole Health*, by Mark Mincolla Ph.D.