#### WHY MUSIC? WHY SOUND?

- 1."There is no truer truth obtainable By Man than comes of music" Robert Browning
- 2."Music is the wine/the blood/ which inspires one to new generative processes, and I am Bacchus who presses out this glorious wine for mankind and makes them spiritually drunken"

  Ludwig van Beethoven
- 3."You are the music, while the music lasts. T.S Eliot"
- 4."Music expresses feeling and thoughts, without language; it was below and before speech, and it is above and beyond all words"
  Robert G. Ingersol
- 5."Truly to sing, that is a different breath" Maria Rilke
- 6."Music is Love in search of a word" Sidney Lanier
- 7. "Silence is the fabric upon which the notes are woven" Lawrence Duncan Music is the wisdom of existence and human potential. Music is a higher language of communication.

Music is the way of Life, weaving in harmony Our physical, spiritual and moral health.

### Music is an ancient treasure, coming back to change The World!

Modern society views music in two ways, as an art form and as an commercial product. Music needs to be considered in a third way-as a power of universal force!!! It was a force that was treated with grate respect in ancient times. They recognized that the physical emission of sound was an outer and audible agency of the inner transformation. That the music was a relationship of one tone to another and that all life was the relationship of one soul to another, or moment to moment. For example: Inspiration and intuition occurs through repetition of regular musical structures, tones, and patterns that change the brain wave pattern, from beta/normal consciousness/,to alpha pattern/altered state of awareness/.

Certain modes/minor and major/were deemed powerful. The minor modes were considered carries of a grate force and power and could effect changes in emotional and physical states. The major modes were uplifting and energizing. The minor mode draws the energy in to the physical, and the major lift the individual to the spiritual. \*note\* It wasn't the minor the way we interpret ate it as tones of depression....and...

The difficulty today in re-awakening much of the ancient knowledge and power of music, lies in relating the old models to modern modes of awareness. The pitch ratio of ancient times would have to be tempered to today's world. The challenge is to find the golden ratio/balance between the old and modern. Wisdom with youth, continuity, going from one level to the next, bringing up a Joy and **Growth together,** higher frequency.

\*note\* Peace between old and new generation...understanding of Ones and continuation.

\*Same about Material and Spiritual life. So many years we separate both, to the point of hearty and criticism, that turned in to violent...If we can find the balance between the two. We live in Material world, but all was sad from the Great Ancient Wisdom, that every action, every creation in life is ART, CONTRACT with Spirit every given breathing moment. Every action is connected to the Universal Truth and has a Universal message. Not commercial, not an egocentrisms.

# That's WHY MUSIC IS THE ANSWER. MUSIC has NO LAY, MUSIC IS TRUTH\*\*\*

When we apply the musical principles of the past to the present, it is not the individual notes that are of key importance, but rather it is the relationship of one tone to another.

We can learn to combine tones-vocal or instrumental-to link energies of the body together. The order and rhythm of tones, and the mixing of tones into various melodies, is a source of magic. Healing, intuition, dream enlightenment, communing with spirits, or for invoking divine presences.

At the heart of lost traditions was the teachings of the power of music - the ability to use sound, voice and music to create changes in, on self, or others.

Every society, tradition, and religion has had teachings, both magical and wondrous. The relaying and demonstrating of this teachings fell to individuals, who were schooled in the natural and the spiritual laws of the universe. These priests /priestesses/, magicians-regardless of how they were labeled in their society-used

## the secret arts of sound, music, and words to teach, heal, and enlighten.

They imbued their words with the power of imagination and the power of music. The myths, the different worlds of life and the different modes of consciousness. They can be used to do so again. Remnants exist and can be gathered and re-expressed with new life today. It involves opening to seer ship through the sheer force of vowels and song. It involves opening the magical visions and dreams of life. It

### involves opening to heal and be healed through music and sound.

For quite long period of my life I ha believed, that I have found the ultimate answers to my research, in the script of the early dynastic period in Ancient Egypt, when suddenly I stumbled upon genuine Orphic and early Christian text, which revealed to me a striking new picture of the beginnings of the human civilization.

I have learned that my native land and my native people of Bulgaria, were most likely the very cradle of the beginnings of human history, trough our most ancient ancestors on the Balkans-THE THRACIANS. Their value system strikes us with its highly sophisticated concepts of TIME and ETERNITY, of a Monotheistic TRINITARIAN GOD and TRANCENDENT CREATION made of the DIVINE essence, of the importance of the DIVINE WORD, of KNOWLIGE, of the SACREDNESS OF LIFE at the INDIVIDUAL and the COMMUNITY LEVELS, of SACRED CITIES and SACRED TERRITORIES OF THRACE, of the potential for THE RENEWAL and TRANSFORMAION of the INDIVIDUAL and MAGIC OF BULARIAN/THRACIAN MUSIC. The most striking news was that among the artifacts from Gradeshniza in Thrace, was found a COVENANT TABLET later on decoded and it stated that it represented the FIRST COVENANT between MAN and GOD, ever recorded and found in history!

And a PICTOGRAM Language that had engravings on artifact from Gradeshniza as well that is teaching all an axioms of timeless significance:

"The Dark side of a human nature CAN be changed through TRANSFOMATION of that human nature! The potential is there and can be done!!!

THE NATURE OF A MAN CAN BE TRANSFORMED FROM THAT OF WOLF-WARRIOR INTO THAT SHEPHRD-KING.

"The TEMPLE OF GOD is my FORTESS and DEFENCE"-states in the Votive Tablet from Gradeshniza in its COVENANT Text. The Temple of GOD, however begins with the Heart and the Thracian Scribe knew this fact.

The complexity of rhythms is one of the most characteristic features of Bulgarian folk. Rhythm and melody,originate in the speech. Due to the unevenness of the syllables and the diferent uneven stress within the phrases, the melodies and the rhythms became uneven. The Bulgarian HORA creating diferent heterometric patterns. Collective open circles, holding hands. For example 7/8 is the most special rhythm for BG. folk., combines of twos and threes. 2+2+3 is clacified as asymmetrical grouped consisting of 7 beats and 3 groupings where the group of three is placed on the third grouping. BG Musicians do not count every beat in the meter. They think in tearms of short and long terms. When most people learn to Danes, they do not know if the dance Is in 5,7,9,11,13 or 15. They learn the name and the steps of the the dance and they learn to count the dance using the short-long system.

We have 9/8,11/8,13/8,15/8ts

Music is Light and Energy and we must make it a conscious and active part of our lives.

We must realize that within music lies all of the wonders and keys to the miracles of live. Within music lies all of the principles of life-natural and spiritual. The consequence's and divine communication live on through music. Sound, in any of its forms, as an energy source, it can also be a tool for change of consciousness.

\*\*\* First "7 Sacred Sounds"

At the center of contemporary MCEO teaching programs lies an "Ancient Mystery" known as the CDT-Plates" The books are not speculative nor theoretical in nature, but are rather derived from factual TEXT BOOKS.MCEO contain English Language translations of materials already existing within a very ancient set of text called MAHARATA TEXT(indirectly related to the Indian "Mahabharata" writings)The 560 books of the ancient Maharata texts are the original translations of an even older set of ancient records that have survived to our present time, stored on a set of 12 digital holographic recorder discs, called the "Cloister-Dora-Teura Plates" or CDT-Plates. The Plates and Maharata Text have been translated into written form numerous times in our ancient history, in many different countries and languages.

The "Maharata Text" translations of 246,000 BC contained the original Multidimensional spiritual-science". Ascension "teachings from which the "Original 12 ancient Earth Religions" and all subsequent fragment- religions eventually de-evolved.

Original 12 Ancient Earth Religions did not begin as competitive, contradictory doctrines, but rather represented complementary perspectives, which were first taught in Oral Translation. The Oral Translation emerged from "Maharata Text" teachings into 12 corresponding aspects, called "Legions. "The collective body was known as the "12 Legions of Krysthl -A", the word "Krysthl- A" was derived from the "the 7 Scared Sounds" that represent the "1st Audible Core-Creation Sound Tones" in our 15-Dimentional Universe. The "7 Sacred Core-Creation Sound Tones" are "KA, RA, YA, SA, TA, HA, LA", the pre-ancient word "Krysthl -A" was used in reference to the collective body of the "12 CDT-Plate Oral Legions".

It has to do with Vibrations and Tones and HIGH ENERGY. They are things happening on a very NANO Micro level. THIS WAS **The First audible sounds or Vibrations.** That's why we use word Krist. that's were is coming from originally. Not from Christianity or religion.

This is something that belongs to everyone and every language.

\*\*\*NOTE\*\*\* I would like to incurege toning with the 7 sacred sounds.