

SOUNDHEALING BETWEEN HUMAN AND ANIMALS

Throughout life's generations sound era was used to heal humans and animals.

In 1792, animals were used therapeutically in England at York retreat where psychiatric patients cared for rabbits and poultry. It was introduced to the US in 1944 and was called animal assisted therapy (AAT). In Japan, The Association Animal Sound Healing ([www.Animal - sound-healing.com](http://www.Animal-sound-healing.com)) worked to disseminate the sound healing dogs and cats and other animals in addition to humans. Animal sound healing association revolves everywhere either your home, pet shops, trim shops, and veterinary hospitals.
<http://animal-sound-healing.com/news.html>

Animal assisted therapy (AAT) required a trained handler and animals paired working one on one with a patient toward explicit short and long term goals.

It permitted patients to overcome physical limitations, improving mood, lowering blood pressure, improving socialization skills and self - esteem. (From Fundamentals & adult health nursing 6th edition By Chrestensen Kockrow pg 427- 428)

Animals are extremely sound sensitive and can hear more complex layers of sound and notes than humans do. They respond very well. Humans and animals have shared a special relationship. Humans rely on animals for a variety of reasons: safety, healing, nurturing, support, and friendship. With the variety of characteristics both possess, it had brought reliance upon one another.

On October 15, 2006, twenty - five people gathered under a covered arena in Phoenix with their 42 dogs. People and their dogs greeted one another in a friendly and social manner as they put out their chairs and blankets for the first known event of its kind. The dogs jumped, pulled, sniffed and barked happily along their owners.

A woman by the name of Mandle placed her bowls on a table and began to play. After about 10 minutes, she looked up because she noticed that the arena had become quiet. Pet owners had their eyes closed and breathing was suddenly relaxed and smooth. The dogs were lying down motionless and quiet with a far away looked expressed on their faces. They were transfixed by the sounds

and the energy in the room. The arena's environment had completely shifted into a peaceful, silent mood of awe. (By Diane Mandle Certified Tibetan Bowl Practitioner and Instructor) <http://www.worldwidehealth.com/health-article-Sound-Healing-for-People-and-the-Animals-They-Love.html>

Today the world revolves around an environment with highly advanced technology to assist in everyone's daily lifestyle. However, with animals, it reminds and teaches us the companionship between humans and animals. By future use of continued practice of humans and animal sound healing, it will benefit and renew the viewpoints of dealing with our health and lifestyle.

<http://answer.nttdocomo.co.jp/touchwood/?banner=dcm3#play>