

Sound and Vibrational Medicine

New Discoveries in the Field of
Cancer Research

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Why I Chose This Topic

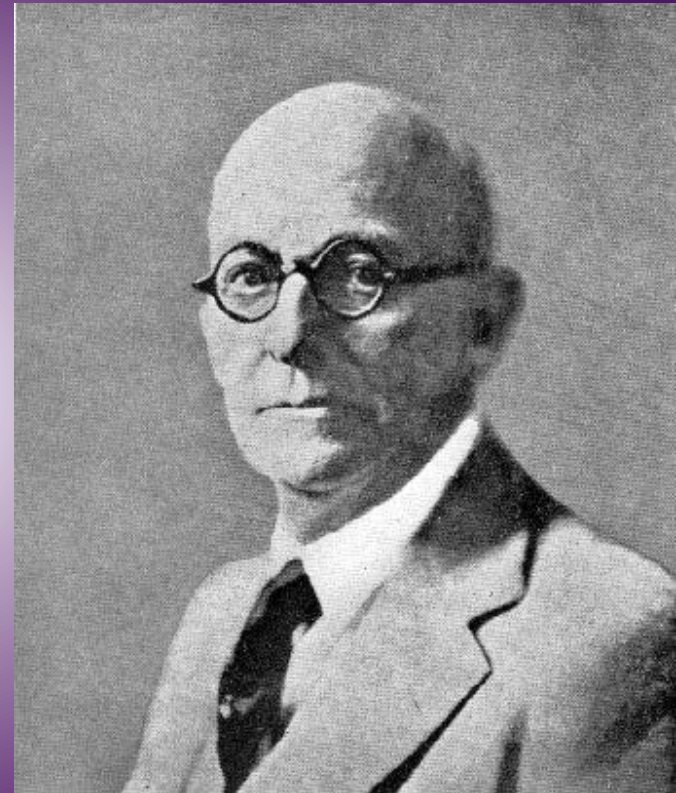
- I've personally known and been affected by many people throughout my life who have either had a loved one in their family who was severely affected by, even died of cancer, or who were directly affected and diagnosed with cancer themselves, and have witnessed first hand, the pain and suffering one goes through when trying to fight this disease
- After doing the research myself, and seeing the overwhelming scientific evidence given through legitimate studies, I truly believe that this disease, that has caused so much pain, loss, and suffering for so many people around the world, can be not only fully treated, but completely cured, through the use of many different alternative healing modalities, but in this case, sound healing and vibrational medicine

The Origins of Vibrational Medicine and Frequency Research

- Though it is still being debated somewhat, it has been widely accepted by many doctors and scientists that Dr. Royal Rife is considered to be the “Father of Vibrational Medicine”, and a trailblazer in the field of frequency research
- But there are several other doctors and scientists as well that are considered the original pioneers in the field of sound healing and vibrational medicine, and these include: Dr. Albert Abrams, Dr. Ruth Drown, and Dr. Hulda Clark.
- Lets take a look at these people in more depth.....

Dr. Albert Abrams

- Dr. Albert Abrams, born in 1863 in San Francisco, went on to receive his doctorate in medical science from the University of Heidelberg in Germany in 1882, after which he moved back to California where he was elected vice-president of the California State Medical Society in 1889
- Abrams then departed from medical orthodoxy when he made a series of startling observations.
- While performing percussion on the abdomen of patients he observed that specific illnesses elicited a specific contrasting tone from a precise spot on the abdomen. Refining this use of sound, frequency allowed him to accurately diagnose illness.
- Further investigation revealed that the ‘tone’ elicited from an ill person could be “heard” through a healthy person if they were connected by a copper wire. Additionally he found that simply connecting an ill person to their medicine via a copper wire was curative. This was a huge discovery (1).



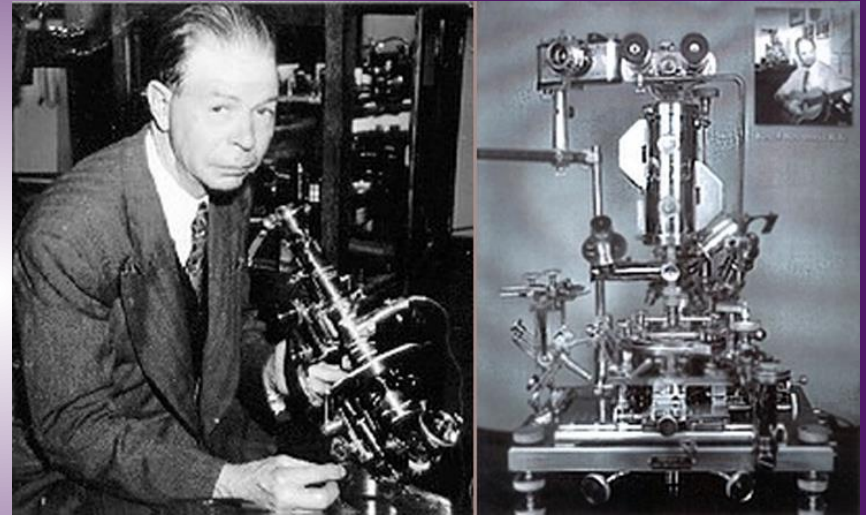
Dr. Albert Abrams (Cont.)

- Abrams claimed that all substances emit vibrations that can be detected and measured. He maintained that all human organs, diseased and healthy, transmit vibrations unique to that organ or disease. He theorized and verified that subtle emissions coming from human tissue may be numerically detected and classified.
- Using all the data he compiled, Abrams created a system of diagnosing and treating illness using frequency which became the basis of vibrational healing (1).



Dr. Royal Rife

- Rife, considered by many to be the “Father of Vibrational Medicine”, was a contemporary of Ruth Drowns. As a young American medical student, while studying at John Hopkins University, he developed technology that is still commonly used today in the fields of optics, electronics, radiochemistry, biochemistry, ballistics, and aviation.
- He received 14 major awards and honors throughout his career, and was given an honorary Doctorate by the University of Heidelberg for his work.
- He became a well established member of the medical community, until he proclaimed that cancer is caused by microbes (1).



Dr. Royal Rife (Cont.)

- While Dr. Albert Abrams made his discoveries through the frequencies of sound, Royal Rife discovered virtually the same information using light. During the 1920s, he developed a powerful microscope that he claimed could detect living microbes by the color they emitted. He developed the “Rife Frequency Generator,” designed to generate radio waves of the same light frequency as the microbes. Exposing the microbes to powerful bursts of light caused them to explode.
- After building a series of extremely powerful high-resolution microscopes, Rife managed to isolate a virus which he demonstrated could cause cancerous tumors. He also found a radio wave frequency that would successfully attack and kill the virus. He obtained funding and sponsorship to run a landmark study in La Jolla, California in 1934. During the pilot study all 16 participants, people with advanced cancer and tuberculosis, were cured. Instead of running a larger study as the results warranted, Rife and his team were immediately attacked by the American Medical Association (AMA) and shut down before his treatment could be studied and made available (1).

Dr. Ruth Drown

- Fortunately, the astounding breakthroughs and discoveries in the field of vibrational medicine have not only been found by men, many women have also contributed their knowledge and wisdom to the growing field as well, starting with Dr. Ruth Drown.
- Born in 1892 in Colorado, she was a photographer in her youth and in her 30's she worked for the Edison Company where her intuitive understanding of the new radio technology blossomed.
- In 1923 she was exposed to the ideas of Dr. Strong, a medical doctor and medical school professor of bacteriology, who used a technique of applying radio waves in the treatment of disease (1).



Dr. Ruth Drown (Cont.)

- As a chiropractic physician, Drown was the first to discover that Abram's treatments could be performed without the use of copper wires, electrodes and resistors.
- Drown established the field of Radionics by combining photography, radio technology and Abrams theories. She devised equipment that could diagnose and treat long distance via vibratory rates with no copper wires, resistors or electrodes. Incidentally, she is also the first scientist to make cross sectional photographs of both soft and hard tissues of the human body, the precursor to CT scans
- Unfortunately, however, you will never see her name in a book of conventional medicine (1).



Dr. Hulda Clark

- Another great woman in the pioneering of the field of vibrational medicine, Clark began her studies in biology at the University of Saskatchewan, Canada, where she was awarded the Bachelor of Arts, Magna Cum Laude, and the Master of Arts, with High Honors.
- She studied for two years at McGill University, and attended the University of Minnesota, studying biophysics and cell physiology.
- She received her Doctorate degree in physiology in 1958 (1).



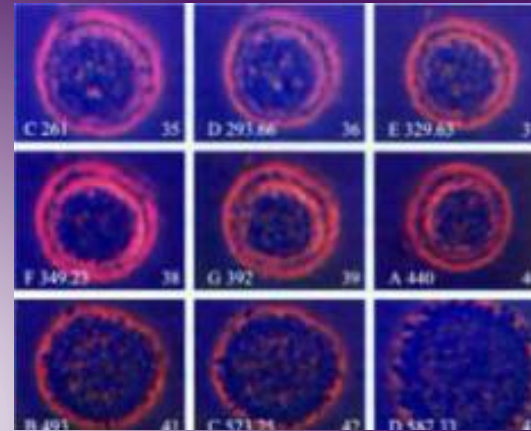
Dr. Hulda Clark (Cont.)

- She then went on to study the principles of naturopathy at the Clayton College of Natural Health, which offered a six-month study at home course.
- Six years later she developed an electronic device for scanning the human body and detecting and treating diseases through frequency. The device she created is called the “Zapper” (1).



Sound Research of Fabien Maman

- These pictures were taken while a xylophone was used over a period of fourteen minutes playing the Ionian Scale. "The structure quickly disorganized. Fourteen minutes was enough time to explode the cell when I used these nine different frequencies", says Maman.
- The most dramatic influence on the cells came from the human voice when Maman sang the same scale into the cells. In this experiment the cancer cells experienced a total explosion within nine minutes. "The human voice carries something in its vibration that makes it more powerful than any musical instrument: consciousness...."
- It appeared that the cancer cells were not able to support a progressive accumulation of vibratory frequencies and were destroyed," reports Maman (8) (9).
- [.http://tama-do.com/roothtmls/cell-research.html](http://tama-do.com/roothtmls/cell-research.html)



Dr. Mitchell Gaynor

- Book: The Healing Power of Sound
- Gaynor began his training at the University of Texas-Southwestern Medical School,, and ended it as the chief medical resident at New York Hospital. Even with such rigorous preparation, Gaynor still felt that "something was missing" from his instruction., he writes in his new book, Sounds of Healing: A Physician Reveals the Therapeutic Power of Sound, Voice, and Music*
- And that something, he came to understand, was the mix of "psychology and spirituality that would satisfy my patients" needs to be treated as whole human beings.”
- (3) (4)



Dr. Mitchell Gaynor (Cont.)

- Ten years ago, when he arrived at New York Hospital, Gaynor began making notes about patients who appeared to be experiencing "miraculous recoveries"
- Building on these cases, Gaynor started urging patients to use meditation, guided imagery, and deep-relaxation exercises.
- Then in 1991, he met Odsal, a Tibetan monk in his late thirties who suffered from a rare heart condition called cardiomyopathy. Odsal gave Gaynor a singing bowl, a tool used by Tibetan Buddhists to accompany their chanting and meditation. Gaynor's response to the bowl's tones was profound: "I could feel the vibration physically resonating through my body, touching my core in such a way that I felt in harmony with the universe," he writes. "I immediately intuited that playing the bowls would change my life and the lives of many of my patients." (3) (4)



Vibrational Imbalances, and the Root of Disease

- “The fundamental status of the universe is a state of absolute harmony. Because we are a part of the natural universe our natural state is also one of harmony. Disconnection from our core essence through stress, distraction, illness and the challenges of daily life creates disease: spiritual, physical and mental.” (2)
- When we are out of tune so to speak, with the universe and with our own natural vibrational state, we become imbalanced. When we become imbalanced and don't feel connected to source, this is what creates disease and disharmony within our bodies.

Using Sound and Music During the Cancer Healing Process

- “If we accept that sound is vibration and we know that vibration touches every part of our physical being, then we understand that sound is heard not only through our ears but through every cell in our bodies. One reason sound heals on a physical level is because it so deeply touches and transforms us on the emotional and spiritual planes. Sound can redress imbalances on every level of physiologic functioning and can play a positive role in the treatment of virtually any medical disorder.” - Dr. Mitchell Gaynor,
- “Studies show that music therapy significantly improves patients' moods, can help control pain and reduce the need for medication. Decreased pain contributes to quality of life, a factor which is key to people in cancer treatment. Music therapy provides an effective and pleasant complement to other cancer treatments by reducing stress, decreasing nausea and increasing immune response. Drumming can actually build natural killer (NK) cells and guided music imagery can increase endorphins, naturally-produced chemicals in the body which contribute to a sense of well-being and happiness (think “runner’s high”). You don’t need a prescription for music therapy and you can’t overdose.” - Sha’ari Garfinkel, MSW, LICSW, LCSW, MT-BC, FAMI (2)

Healing vs. Curing

- Let us make a very important distinction first, and that is the difference between healing and curing
- Healing – “is a movement from disharmony to harmony, from duality to non-duality or Divine Awareness; a process where we are released from an ego centered finite perspective of ourselves in the world and move into our essence where our vibratory energy is connected with the universe. It is a regenerative process married to a spiritual awakening that can have profound healing consequences on illness, disease and all aspects of our lives.” (1)
- Curing – “is an end product or finite result. Webster’s Dictionary defines it as “the complete biological resolution of a diseased state” or “the elimination of disease, distress, evil”.” (1)
- Curing assumes a complete and total elimination of disease, or elimination of the cause of the disease, to the point where it is also assumed that hopefully it will never come back again, and is not always holistic in its approach. Whereas healing, is a process, it is not instantaneous (at least in most cases), and does not happen overnight. As human beings, it often takes time to fully heal ourselves, and requires a more holistic approach, and vibrational medicine understands this, and utilizes this concept.

Tibetan Singing Bowls

- “Tibetan Bowls emit a quieting, centering energy. The ancient bowls actually come from various Himalayan regions, and are made from a consecrated seven metal alloy. Prayers and mantras were chanted into them during their creation embedding sacred energy. The harmonic overtones in these instruments entrain our energetic system to resonate with them in their perfection. In the universe dissonant chords tend toward becoming harmonic. It is the nature of energy to harmonize. Hence, under the influence of the AUM resonance a transformation of dissonant chords (disease) towards harmony occurs. The harmonic resonance of the Bowls literally pulls us back into a more universal energetic flow. They effectively transmit their soothing and peaceful vibrations through our water body affecting our entire nervous and immune system.” (5)
- <http://www.youtube.com/watch?v=bXIHgijQmxw&feature=g-like>



Infrared Light Treatment

- All the prescription drugs in the world can't compete with the healing power of light. Now, medical researchers are using simple infrared LED light to heal cancer patients. It's a powerful example of the healing potential of phototherapy, and it demonstrates one of the reasons why I'm so excited about vibrational medicine. Light has the power to heal us: to heal our diseases, our flesh wounds and our minds (10).
- Using powerful light-emitting diodes, or LEDs, originally designed for commercial plant growth research in space, scientists have found a way to help patients here on Earth. Doctors are examining how this special lighting technology helps hard-to-heal wounds, such as diabetic skin ulcers, serious burns, and severe oral sores caused by chemotherapy and radiation (10).
- In the laboratory, Whelan and his team have shown that skin and muscle cells grown in cultures and exposed to the LED infrared light grow 150 to 200 percent faster than ground control cultures not stimulated by the light (6).



Frequencies Linked to Cancer

- Compiled list of “Rife frequencies” that have been linked to specific types of cancer (7):
- Breast Cancer: 20 465 660 665 690 727 740 787
- Carcinoma Cancer: 20 120 333 452 464 660 666 690
- Leukemia: 2128 2008 880 787 727 690 666 590
- Lung Cancer: 462 776 852 1582 2104 2144 2184 3672
- Uterine Cancer: 2489 125 465 776 2170 20 1875
- Dr. Rife also hypothesized that using a combination of at least 6 (though many people now argue its 8) different frequencies together at the same time on a cancer cell can actually explode it, and totally kill the cancer itself.

The Power of the Human Voice

- It's amazing that one of the most potent and effective tools that human beings have for healing ourselves, that has been discovered through working with sound and music, is already innately built into us, and that is, the power of our own voice, both literally and metaphorically.
- “The Russian biophysicist and molecular biologist Pjotr Garjajev and his colleagues also explored the vibrational behavior of DNA. In brief, the bottom line was: "Living chromosomes function just like a holographic computer, using endogenous DNA laser radiation." This means that they managed, for example, to modulate certain frequency patterns (sound) onto a laser-like ray, which then influenced the DNA frequency — and thus altered the genetic information itself. Since the basic structures of DNA-alkaline pairs and language are similar, no DNA decoding is necessary. One can simply use words and sentences of the human language! This, too, was experimentally proven. Living DNA substance (in living tissue, not in vitro) will always react to laser beams that have been modulated by language, and even to radio waves, if the proper frequencies are being used.” (9)
- This is especially true in treating cancer, and you will see from this video clip
- http://www.youtube.com/watch?v=fmMNIln1DPc&feature=player_embedded

Case Study

- Susan, age 41
- Has stage 2 breast cancer, has been on a combination radiation/chemotherapy treatment regimen for about 4 months now, has seen little to no results with the use of just her doctors traditionally accepted treatment plan, and so far has not sought out any outside alternative therapies to deal with either her symptoms, or treating the cancer itself
- Diet: overall has a pretty healthy and balanced diet, except has a bit of a sweet tooth, and loves candy and drinks soda regularly
- Sleep: says she sleeps very soundly once she actually goes to sleep, but is a bit of an insomniac, and finds it difficult sometimes to get to the state where she can sleep
- Mental Condition: Overall very stable and is quite intelligent mentally sound
- Marital Status: Is married but has never had children
- Underlying Emotional Issues: has some major insecurities around sex and intimacy with her husband, and has for many years now, and finds it difficult to even discuss this part of her life with other people, including her doctors

Assessment

- Susan has come to me as a desperate patient looking for some more hope and positive support in both her treatment plan, and dealing with the side effects and symptoms from the chemo and radiation therapy
- She has asked me to set up an alternative treatment plan for her, to go along with her already existing plan with her other doctors, thus utilizing a more holistic approach to her healing process
- Since her cancer is still in the early stages, where it is still very treatable and more likely to be taken out because it hasn't begun to metastasize, and spread to other parts of the body, and is still contained fully within her left breast, I believe my treatment plan will still be very effective for her

Treatment Plan

- For Susan I am going to use a combination of both tibetan singing bowls, at 15 min intervals, 2 to 3 times per week to help with her side effects from the radiation and chemo, along with regular tuning fork treatments 2 to 3 times per week, used in combination with light therapy, to help not only help her heal from the side effects, but hopefully kill some if not all of the cancer cells in the process as well.
- I will also teach her a breathing exercise and how to use it in combination with mantras, self-affirmations, and guided visualizations, that she can then incorporate into her regular routine at home during her recovery process
- Have entire class do the “Essence Meditation Exercise” on pg. 196 in “The Healing Power of Sound”

Medical Suppression

- The history of frequency healing is rife with political suppression, as the history of the pioneers in the field is rife with persecution. Although each of the major researchers was a highly respected professional, as soon as they published findings that were at odds with conventional wisdom they were ostracized and labeled an imposter. Research results have been suppressed, legitimate studies have been refused publication, research labs have been raided, and scientist thrown in jail. The medical community that awarded Dr. Abrams prizes censured him once he published his controversial findings. Ruth Drown was named “The Queen of Quack” and her career was dogged by AMA harassment. Royal Rife’s lab was repeatedly raided, his instruments and research results destroyed while at the same time he was put in jail for practicing medicine without a license. Dr. Hulda Clark, at 72, faced lawsuits for practicing negligent medicine. She has been in and out of jail several times over the past 20 years. One has to ask, if it’s all non-sense, what is everyone so afraid of?
(1).

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