

The Divine Names and Sound Healing

If you add Divine names to your sound healing session (that your patient and you have agreed beforehand) it will be , deeper, more effective and faster.

*The Divine Name ... is a self-created sound that must be intoned in order to be experienced.
It is the most extraordinary vibratory energy I have encountered in my more than 30 years of research and investigation into the field of sound healing.*

Jonathan Goldman

Webster's defines healing as "to make sound" It might be more accurate if we were to say "to become sound." New healing views matter as consciousness; and sound is that which is produced when some object is vibrating in a random or periodic repeated motion.

Every object has a frequency/vibration and therefore creates sound. All matter, broken down into subatomic particles consists of pulsing energy fields. This includes the human body in all its facets, from physical to emotional to spiritual; the body gives off and is affected by frequency/vibration.

Therefore, if we find a way to address sound healing vibrational qualities with sound, and words (that beforehand are agreed by the patient as healing words) that invoke their higher being, the session will go to an even higher realm. The word if addressed with a collective consciousness meaning could take the patient into bliss and healing probably faster and more effective than just sound.

So, if we understand how vibration works, in sound, a note vibrates and creates an effect in healing, if that note is your soul note, or the sound of love, our unconscious self vibrates at a higher level. What would happen if on top of your unconscious self you will add the consciousness of the word with the intention of merging the collective consciousness of the qualities of God within you in praise? and the patient.

"When we vibrate a particular word, even a vowel. We are connecting, even re-connecting to a level of energy. We have often heard of the power of the spoken word, but we may not have given much credence to it. It is our thought, our will, and intention that give power to the spoken word, and to sound in all of its forms and uses. Sound is a profoundly powerful tool. The nature of its power rests in the conscious, and unconscious, intent of its beholder. - "The Mysticism of Sound and Music" by Sufi mystic Hazrat Inayat Khan (1882-1927)

As Albert Einstein once observed,
"Nothing happens until something moves",
that is, that everything vibrates to a particular measurable frequency. Every thing consists of atoms and each of these atoms is vibrating which in turn provides the vibration of the object. Scientists say that rocks vibrate, but they're vibrating so slowly that they appear as solids. When you speed up the vibrations, the rock turns into a liquid. Speeding up the liquid's vibration eventually changes the liquid to gas. The molecules are just moving or vibrating at a different frequency.

This is what invoking the names of God will do to a sound healing session.

Vibration and the healing powers of the 99 names of Allah (God)

In Islamic philosophy the Sufis are the branch that are guided towards unconditional love. Their principle is to live in the mystic path of God's love, the reason for being is love. The higher form of prayer are the whirling dervishes, where while they connect with their heart to God they whirl counterclockwise making circles that lead to ellipses with their eyes closed in extasis with the connection to God.

One of the most powerfull invocations is to recite the 99 names of Allah in your heart, then say them out loud in arabic in the same language with the same vibration that were recited originally, so you resonate the same vibration as it was the first time.

In man breath is a constant tone, and the beat of the heart, pulse, and head keeps the rhythm continuously. An infant responds to music before it has learnt how to speak; it moves its hands and feet in time, and expresses its pleasure and pain in different tones.

As water, when frozen, turns into snow, so more activity materializes the vibrations. Less activity etherealizes them, showing that spirit and matter are the same in the higher sense. Spirit descends into matter by the law of vibration, and matter may also ascend toward spirit. The great Yogis and Sufis have always progressed by the help of their practices toward the highest state of perfection by etherealizing through the knowledge of vibrations. The material sound of instruments, or of the voice produced by the human organs of sound, is really the outcome of the universal sound of the spheres which can only be heard by those in tune with it.

The whole mystery of the universe lies in sound. This fact is expressed in the Qur'an as well as in the Bible. Every consonant carries the force of nature and every vowel the planetary consciousness.

According to Ibn Inayat Khan

"Vibrations as a rule have length as well as breath; and they may last the least fraction of a moment or the greater part of the age of the universe. They make different forms, figures, and colors as they shoot forth, one vibration creating another; and thus myriad's arise out of one. In this way there are circles beneath circles and circles above circles, all of which form the universe. Every vibration after its manifestation becomes merged again in its original source. The reach of vibrations is according to the fineness of the plane of their starting-point.

To speak more plainly, the word uttered by the lips can only reach the ears of the hearer; but the thought proceeding from the mind reaches far, shooting from mind to mind. The vibrations of mind are much stronger than those of words. The earnest feelings of one heart can pierce the heart of another; they speak in the silence, spreading out into the sphere, so that the very atmosphere of a person's presence proclaims his thoughts and emotions. The vibrations of the soul are the most powerful and far-reaching, they run like an electric current from soul to soul. The louder a person speaks in an assembly the more attention he attracts and all those present perceive give him a hearing. In the same way, if a Sufi sends forth the vibrations of his thought and feeling, they naturally strike with a great strength and power on any mind on which they happen to fall. As sweetness of voice has a winning power so it is with tenderness of thought and feeling. Thought-vibrations to which the spoken word is added are doubled in strength; and with a physical effort this strength is trebled.

This is considered the gateway to a higher realm with God.

This understanding of vibration is what makes the Islamic Ramadam so important. You have 2.5 billion people sending at unison vibration to love (God) at the same time 5 times a day!! Therefore you just add vibration of intention, and mind conscious with the meaning of the word Allah and they will experience the power and majesty of this extraordinary sound as a tool for manifesting a new form of universal prayer for both personal and planetary healing and self-transformatio

I invite you to recite the 99 names of Allah with an intention that is for the higher good. By the time that you finish your soul vibration will be in a higher realm!!! Just the pronounciation with intention has power.

