

Flower of Life: Sacred Geometry and Sound

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The roots of the flower of life are ancient and unknown, although the sacred geometrical symbol appears in countless cultures throughout time and around the world. It is one of the oldest sacred symbols known to man. This pattern has been found in nearly every major culture around the world, including the Forbidden City of China, synagogues of Israel (Galilee, Masada), Buddhist temples in India (Golden Temple) and Japan, in Turkey, Assyria, 13th century Italian art, and Spain (la Mezquita). The oldest known examples are those burned with incredible precision into the granite walls of the Temple of Osiris in Abydos, Egypt (dates unknown, possibly from as far back as 10,500 B.C.). This instance may represent the Eye of Ra. All major religions also revere this symbol, as it is linked to the prophet Enoch, Archangel Metatron, the creation story, the Vesica Piscis, the Kabbalah, and New Age spirituality and enlightenment. It is said to hold the patterns of creation that emerged from the void, and contains information on the Akashic Records that hold the basic information, in visual form, of all living things.

The Flower of Life (fig. 1) is a geometrical figure that is composed of evenly spaced overlapping and interlocking circles, one in the center, and surrounding layers that are constructed using the edge of the first as the center of a new circle, and the midpoint of the first as its edge. The center of each circle is on the circumference of the surrounding circles, all of the same diameter. The perfect form and harmony of this shape has been used by philosophers, architects, and artists, as well as Pagans, who consider this sacred geometry to hold the fundamental forms of space and time.

The first seven circles in the flower of life are called the “Seed of Life” (fig. 2). This pattern holds six-fold symmetry of circles and lenses, as in a hexagon, and has been used in decorative motifs since ancient times. Some say this represents the stages of creation. Adding a second layer of six circles completes the second iteration in the process of constructing the Flower of Life (totaling 13 circles). Taking just the outer edges of each of these outer six circles and the center circle creates the “Egg of Life” (fig. 3). This stage represents three-dimensional vector equilibrium as well as the pattern to construct a star tetrahedron. The Egg of Life is said to form the basis of music, due to the fact that the distances between the spheres (as relationships or ratios) are identical to the distances (relationships/ratios) between whole tones and half tones. This stage of the Flower of Life is also identical to the third embryonic division, which sets the pattern for development of the entire human body (as cells continue to divide) and energy system.

The most common form of the Flower of Life is a hexagonal pattern composed of 19 complete circles and 36 partial circular arcs, enclosed by a complete circle called the Zona Pelucida. Adding another several layers of circles to the circumference of the Flower of Life also gives you the “Fruit of Life,” which is composed of 13 circles with tangential circumferences in a pointed star pattern (fig. 4). This symbol is said to be the blueprint of the universe, containing the design of every atom, molecule, life form, and so on. The same vector that underlies the first 7 circles continues with every expanding layer of the symbol. As above, so below. This is the symbol that contains the geometric basis for delineation of many other sacred and essential shapes.

Other sacred geometry patterns can be derived from the Flower of Life, such as Metatron’s Cube, within which all five Platonic Solids are found (fig. 5). This pattern can be created by connecting the centers of each circle in the Fruit of Life, which is a Flower of life with many more layers. These forms are said to act as the template from which all life is modeled. The “Tree of Life” can also be derived from the Flower of Life. This

pattern has been important in many ancient cultures, especially the early teachings of the Kabbalah. Even the golden ratio of phi (and the Fibonacci Spiral) can be derived from the patterns in the Flower of Life. In addition to philosophers and artists, many other groups of people use this symbol to harness its power. Alchemists use Metatron's cube, as derived from the Flower of Life, as a containment or creation circle. Leonardo da Vinci studied the Flower of Life in its many forms, as well as using it to derive many other shapes found in his artwork (torus, golden ratio, merkaba). He wrote of its value in both physical reality and consciousness.

In New Age thought, many people extract great meaning and clues to spiritual enlightenment from meditation on the Flower of Life. It can be thought of as a power symbol, which activates energy coding in the mind and helps to access the light body. The geometry of this symbol contains the building blocks not only for the physical world, but for consciousness as well. This symbol is a primary energy pattern, and therefore resonates with all things. It therefore has the ability to unlock memories and deeply buried thoughts. It is also a beautiful metaphor for the connectedness of all life. Meditations on the Flower of Life often include visualizing the central circle in the sacral area, and adding each layer of spheres outward as the pattern expands, until you feel completely connected to everything: Mother Nature, Source. Simply conceptualizing the different geometrical relationships that exist within and that can be derived from the Flower of Life will infuse the energy of connectedness and creation into the body and mind.

Some see the symbol as a portal and an inner-dimensional tool. One specific meditation technique (discovered by the Freemasons) involves adding 2 more layers to the traditional Flower of Life, making it three-dimensional in many ways (fig. 6). Staring at this image with unfocused eyes will allow the flower to bloom. Entities begin to appear from the blooming flower, in stages, based on the angle of your gaze. The pattern found in this expanded Flower of Life can be overlaid (at correct scale) with a globe, and will demarcate many of our planet's sacred sites.

There have recently been many revelations in the relationship between the Flower of Life and our musical system. One system is named the Flower of Music (fig. 7), and was codified by Tom Cassella as a method of using sacred geometry for musical composition. The design, using the pattern of the Flower of Life, illustrates how all notes are connected harmonically. The Flower of Music contains all 15 natural key signatures and 21 modes of western classical music. The notes (or root), at the centers of the "flowers," are connected by colored "petals" that represents the harmonic relationship (intervals). Complementary intervals (inverses) are coded with the same color. From this diagram, it is possible to construct triads, chords, and keys from any root, when following the geometric formula. The system is not yet perfected, and is being fine-tuned every day by its creator. However, the musical relationships that can be superimposed into the Flower of Life validate the essential nature of this shape in our world.

The existence of this sacred geometrical pattern throughout human history is a powerful clue to the interconnectedness of everything. Every day, new instances and insights about the Flower of Life are found. The meditations and connections to music and harmonics are another reinforcement that this symbol holds the blueprints for all existence at every level. Think about the pattern as layers of ripples of vibration. Infinite potential within this sacred symbol continues to be unlocked. It is inevitable that more secrets of the Flower of Life will be discovered as time unfolds and the ripples expand.

References

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Appendix

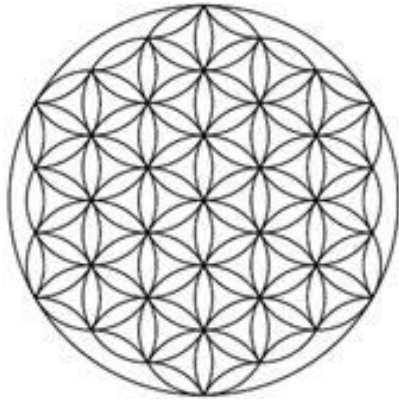


Fig. 1

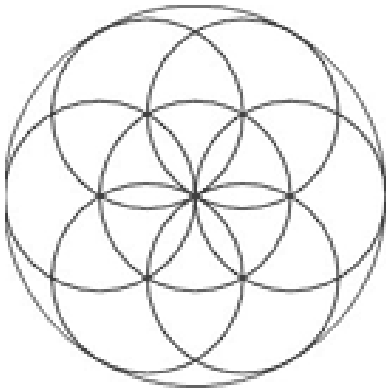
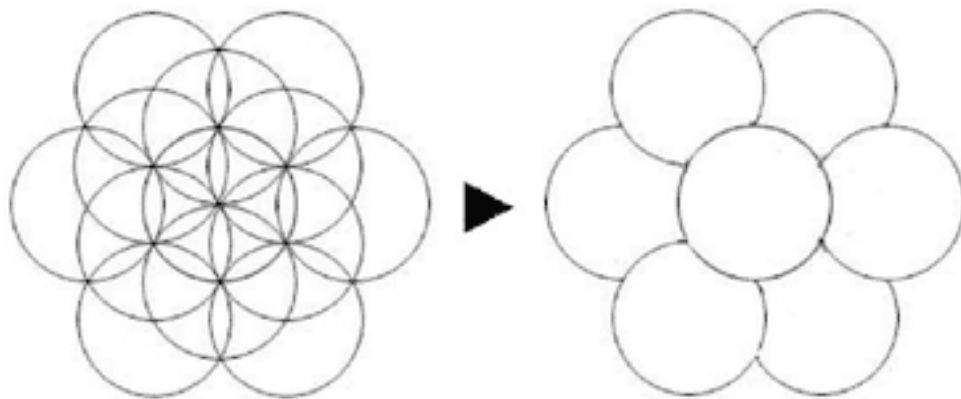


Fig. 2



The Flower of Life

The Egg of Life

Fig. 3

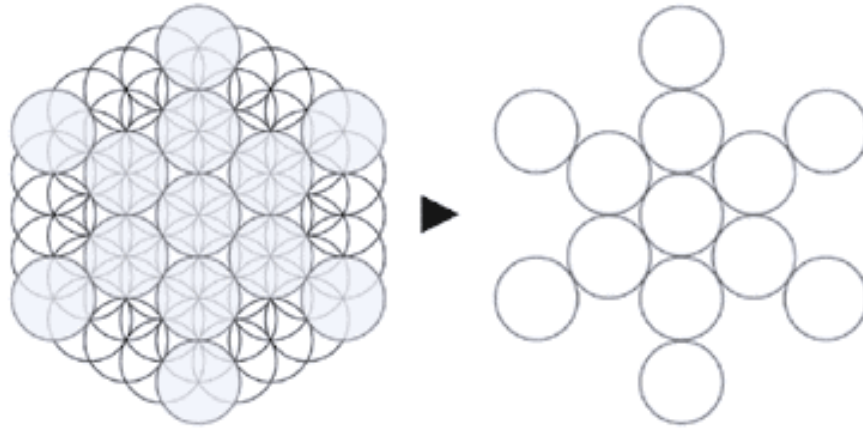
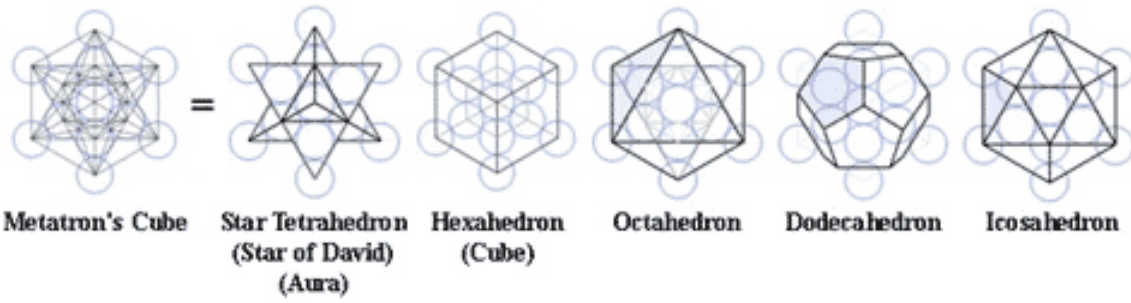


Fig. 4

The Flower of Life

The Fruit of Life

Fig. 5



Metatron's Cube

Star Tetrahedron
(Star of David)
(Aura)

Hexahedron
(Cube)

Octahedron

Dodecahedron

Icosahedron

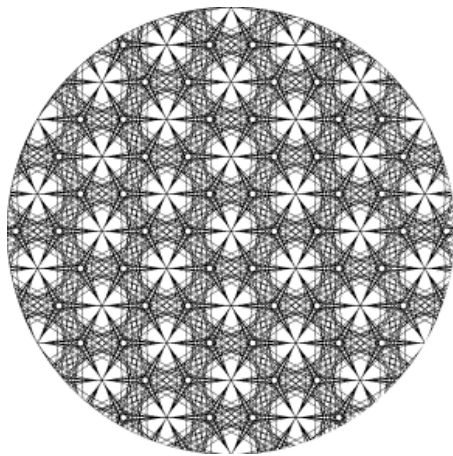
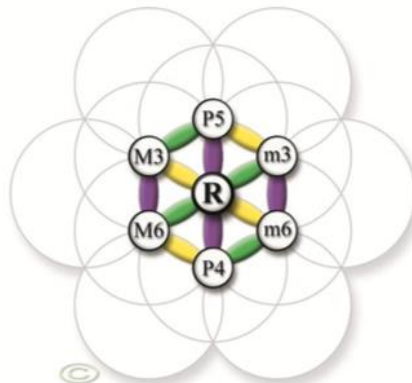


Fig. 6

ROOT FLOWER FORMULA



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Perfect 5th (P5)
(7 half steps)

Major 3rd (M3)
(4 half steps)

Minor 3rd (m3)
(3 half steps)

Major 6th (M6)
(9 half steps)

Minor 6th (m6)
(8 half steps)

Perfect 4th (P4)
(5 half steps)

Fig. 7

