

Planetary Tuning Forks

The reason why I picked this topic is because I have had a fascination with the planets, galaxies and star systems since I was a child. When my parents would fight, I would climb the latter in our front yard to get on top of the roof and stare up at the stars wishing I could go back “home”. I grew up in the desert in Tucson, Arizona. I grew up in a multi-layered energy of negativity on all levels. My initiation of the spirit world was very negative, as my childhood home was haunted, and beings would try and “steal my soul” out of my body when I would try and go to sleep.

It wasn't until my spiritual awakening journey at the age of nineteen when I started having dreams about aliens. I had a particularly bad astral realm experience where I saw two negative alien type creatures doing experiments on me and at the time I did not remember the contract. After that experience I felt “activated”. I started seeing ships in all different shapes and sizes “randomly”. I started hearing ringing in my ears in high pitched frequencies and knew it was something spiritual and not of the third dimension. I started hearing people's thoughts in my head more and more clearly and could feel the emotions of the people driving behind my car when I “tuned in”.

I became fascinated with aliens and read book after book, confirming a lot of what I had experienced. At the age of 21 I was introduced to Astrology and read that Uranus, the planet ruled by Aquarius rules Astrology and that people with strong Sun, Moon or Ascendant in this sign have an affinity for the stars, planets and Astrology naturally. They are natural born teachers of the stars. I chose the topic of “planetary tuning forks” because I have a deep understanding of energy and how it affects our bodies, mind, emotions and spirit. I am fascinated on ways to “tune into” the planets' energies for greater self-awareness of our connection to the cosmos, but also for healing and expanding one's capacity to understand our universe and how it operates for optimum harmony, health and peace within. I hope you enjoy this topic.

The following is about how to find out how each planetary tuning fork works for the purpose of tuning into the energy signature of each planet. To also use one's Natal Chart (Birth Chart) to decide which planetary tuning fork is best. Each Astrological Tuner is tuned to the frequency of a different planet and activates the different astrological qualities associated with that planet when tuned. The astrological tuners work by creating a sympathetic resonance between the planets and ourselves thereby amplifying the effects of each planet in our lives. Listening to astrological tuners, or using them directly on the body, allows us to consciously direct the energy of each planet for healing and well-being. *Hans Cousto, a Swiss*

Mathematician, found a method to discover this, using an octave based on the time for planets to revolve around the sun. These tuning forks are specifically tuned with cosmological and astronomical timing.

For example, a list of planets and the energies you can use for intentional healing, clearing or unblocking:

1. Sun: Transcendence
2. Moon: Sexual Energy
3. Earth: Relaxation and Meditation
4. Mars: Creativity, will power, Masculine
5. Venus: Love, harmony, Feminine
6. Jupiter: Art and Creation
7. Neptune: Intuition and Dreams
8. Mercury: Communication and Voice
9. Saturn: Concentration and Awareness
10. Uranus: Spontaneity and Openness
11. Pluto: Group and interpersonal Integration

Planetary influences can be seen in our day to day affairs. Cosmic rays coming on Earth from planets are absorbed by our body and converted into an electric energy. This energy is then radiated in the form of our thinking and actions. Different people radiate different levels of electrical charges/vibrations depending upon the extent of the cosmic rays absorbed by them. The frequencies of the planets are derived from its diameter, circumference, rotational velocity, orbital period and many more factors.

Each tuning fork is tuned in such a way that it corresponds to frequency of each planet, sun or moon. Each fork can benefit us in multiple ways. The potential for healing is enormous, not only for human beings, but for all of life. Each Astrological tuner is tuned to the frequency of a different planet and activates the different Astrological qualities associated with that planet when played. Acutonics is based on the "Music of the Spheres".

Music of the spheres is the vibrational resonance of those planetary bodies. *Johannes Kepler* (1571-1630) did calculations of those heavenly bodies in their orbits around the sun and it's those mathematical calculations that are used in the "Acutonics Tuning Forks" today. The sound it makes is the planet in its orbit moving around the sun. When you pick up a tuning fork that is for example, (Jupiter), you are literally hearing as you strike that fork, that same vibration that (Jupiter) itself would make as it moves in its orbit around the sun. So, the idea of the cosmic healing aspect of "as above so below", we come from that, we are that. There is no

“out there”, it is only found within. And those vibrations are our creations and they reside and resonate within us. And so, by using cosmically tuned, tuning forks to the human body we are literally bringing it back into remembrance as to who we really are as a whole.

The Meditation

Focus on the planet that is your Sun sign (for example Aquarius). Find your Sun's sign ruling planet (for example Uranus) and close your eyes. I invite you to “tune into” your entire body and aura. Intuitively find an area of life that needs healing- whether it's root is in the physical, emotional, mental or spiritual bodies. Once you have pin pointed the (realm) where your imbalance exists, for example (my emotional body needs releasing/healing particularly in my throat area).

Now imagine your planet you're working with is emanating its solar rays down to your Crown Chakra and straight to the imbalance you have chosen to work with. Take a moment and visualize the planet giving you it's energy- straight into the problem area of your body/mind/emotions or spirit that you have chosen to heal. Use the breath to breath in deeply through the nose and out the mouth. Focus on receiving these planetary energies and continue breathing in it's particular energy. Now that you feel connected to this planet and you've invited that planet to help you tune into that area that you are healing, now make a tone associated with that planet's rays.

Visualize the planets' rays and how it might sound to you. You can do this process with any of the planets. It will be even more powerful to use that particular tuning fork associated with that planet you are working with, while you are visualizing receiving the planets energy and toning the tone of what that planet sounds like all at the same time! For example, if I'm inviting Uranus energy into my emotional body I am basically asking to destroy immediately the source of imbalance in my life. This can be an intense period of drastic change and letting go when you channel the energy of Uranus.

A breakdown can lead to a breakthrough. If you have just worked with, for example (the planet Uranus and moved its energy to your throat) you will probably cough, cry, laugh, yawn, etc. and will show a sign of immediate energy shift (Uranus). When done with the visualization, thank that planet for helping you today. The more you work with each planet the more you understand the different energetic signatures each zodiac sign and planet embody.

Reference page:

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