

SOUND HEALING AND CATS

Would cats (my Kitties especially) benefit from sound healing as much as we humans do? Why would they possibly need sound treatments? If so, what sounds would be beneficial?

I have 3 little beings in my life: Charlie is a Gray Tabby, born June 24th 2010. Azrael is a Black beauty; he was born December 20th 2014. Alexandria is a Polydactyl; she was born May 2nd 2015. I spend more time with them, than anyone else. In a sense they are my full time Parents & Siblings, they are my family. As in all families we each bring something different to our circle. I love animals, I feel they are a true gift to man

Mostly, we think and talk about how therapeutic cats are to us. The benefits they bring to our lives, it is easy to become takers, and forget that they too might need some healing. Aside from my kitties taking on my energy.. Cats can suffer from their own emotional issues, such as depression and anxiety and grief, etc. They can develop health issues like: Arthritis, High Blood Pressure, Cancer, etc. I turn to holistic forms of healing for myself, and I want to do the same for my kitties.

I was thinking about my own issues, emotional and physical. If I'm not feeling well, a good basic place to look, the chakras. When my chakra's are open and clear, energy flows, life is beautiful.. When there is a blockage I am affected both physically and emotionally. I learned my kitties also have Chakra's, which makes perfect sense. Sound is great for clearing our chakras

Animals have 8 Major chakras, 21 Minor chakras, and 6 Bud chakras. The Brachial chakra is the 8th Major chakra that only animals are believed to have (I myself wonder if this is true) and is located on either side of the body, in the area of the shoulders. This particular chakra was discovered by animal healer Margrit Coates. It can also be known as the 'key' chakra and is the main energy center acting as a direct link to all the other chakras and activates them.

From everything I could find the brachial chakra is a great place to start a healing treatment as it lies at the heart of the human- animal connection. This is the center that governs the Animal-Human interaction, and where the animal-human bond is formed and carried.

Next I needed to understand how well my kitties hear. Compared to the range of human hearing which is generally around 25Hz to 20kHz, give or take, cats have excellent hearing. They can detect an extremely broad range of frequencies, on the low end it's about the same as you and I, but they can hear much higher frequencies, about 64 kHz. This is about 1.6 Octaves above the range of a human. With such a big difference in our hearing range, it's no wonder that kitties' can be very sensitive to sound, and a little jumpy.

Understanding that cats can suffer in similar ways to humans, that they have a chakra system that functions like a humans, and knowing better how well they hear, what kind of sounds would they respond to? Let the experiments begin.

I had to determine if the kitties were actually benefiting from the sound healing or if they were just present because they wanted to be with me. They will and do follow me from room to room.

So my experiments included Energy focus Intention and these items:

Rain Sticks 3 different kinds

8 Crystal Sing Bowl: Selenite, Lapis, Labradorite, Lepidolite, Rose Quartz, Rhodochrosite, Peridot, White quartz outside Violet Ocean Gold inside

Tibetan Sing Bowl

Ocean Drum

Djembe Drums

35" Sonic Gong

22' Wind Gong

16" Subatomic Gong

2 Koshi Chimes

Tone Generator

So first off let me say that of my 3 kitties, Charlie is the epitome of a sound hor!!! I mean that in a beautiful way... he cannot get enough, if it has a frequency, timbre, musical interval, a flow, and you combine that with the energy of love, he is just putty.. His favorite sounds come from my Crystal Tones singing bowls. How do I describe his love of the bowls? He comes running and lays down right next to bowls, rubs against them licks them bites them, he can't get close enough. He also asks me to play for him.. He will go sit next to the bowls and send out the message (I'm waiting).

I next focused on working with Azrael and Alexandria. As they have very different personalities, then Charlie. They tend to get anxious and Azrael can be very emotional.

Azrael was pretty receptive to all of the instruments. I loved his responses; he stretched, rolled around on his back, relaxed, yawned, and assumed the sphinx pose. The Gongs at first really woke him up, but then lulled him back into relaxation. Azzy was very happy afterwards, he knew it was just for him.

Alexandria was different, she got very excited and ran around, and then she settled in, relaxed, lay at a distance and went to sleep. She likes everything on her terms, she never left the room, she just tried to act like she was not interested. What I have observed since her experimental sound treatment, she is much closer to me.

I definitely recommend sound healing treatments for not just kitties, but all animals, as they assist with calming stress and anxiety. I found a really cool video of a woman who uses tuning forks on her kitty. I don't have tuning forks as of yet, but they are on my list.

<https://www.youtube.com/watch?v=IAUkEtSZV7c>

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