

Sound therapy is a healing modality that has intrigued me for many years. However, I didn't know that it was "Sound Therapy". I was just interested in the concept that everything in the universe vibrates. And after watching the documentary "What the Bleep" back in 2004, I was made aware of Masaru Emoto and his now famous water experiments.

That's when I was completely sold on the concept of sound changing lives. I had already witnessed the power of sound as a roadie for the Art Ensemble of Chicago going all the way back to 1980. The Art Ensemble used gongs, and an assortment of percussion in combination with the usual "jazz ensemble" instrumentation.

What made their performances so auspicious was that they took the audience through a whirlwind of sonic timbres and musical intervals along with well placed silence. And I saw how the audience was moved through a wide spectrum of emotions. Even further, many times I was able to feel the effects on my own emotions and in my physical body.

Again, at that time I had no idea that there was such a thing as sound therapy. So when I found out about Globe Institute and what was being offered, I felt like I had found a conduit to fulfilling my passion – being a positive vibration in a world that is full of dissonant harmonics.

That is my goal, to utilize this information, knowledge and experience to further the resonant transformation of any that are open and willing to join in on the universal chorus of life.

Rod Echols

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