

Paulette Lucier, PhD, LMFT

Sound Healing and Therapy Program

Calling the Angels;  
Angelic Frequencies in Sound Healing

*"The angels are co-workers with us human beings. Sometimes they guard and defend us; sometimes they inspire us and announce big news to us-they get us to move. Sometimes they heal us, and sometimes they usher us into different realms, from which we are to take back mysteries to this particular realm."*

*Matthew Fox*

My paper explores the use of angels in sound therapy exploring invocation, the duties of the seven archangels: Michael, Gabriel, Raphael, Uriel, Jophiel, Chamael, and Zadkiel. The colors and gem stones associated with each of the seven archangels is explored. Archangels of the four directions can be used as a medicine wheel in healing sessions or clearing of sacred space. The use of tuning fork frequency based on the Gematria numerology system is explored.

When performing a sound healing, the practitioner often calls in divine guidance, such as angels. To call in this angelic assistance or protection requires a conscious acknowledgement and invocation requesting angelic presence and naming the archangel that you would like to call in. As conscious beings ourselves, Angels do not interfere with our choices, with our mysteries, or secrets of the heart without being asked.

Seven Archangels and their Duties-Associated Gem Stones:

Archangel Michael (color blue- gem Sugilite)— The Protector and Defender and leader of all holy angels.

Archangel Gabriel (color white-gem Citrine) — The Messenger of God and the angel of revelation.

Archangel Raphael (color green-gem Malachite and Emerald)— The Healer of Physical Illness.

Archangel Uriel (color red-gem Amber) — The Pillar of Devine Strength and the angel of wisdom.

Archangel Jophiel (color yellow-gem Pink Tourmaline and Rubellite ) — The Giver of Joy and the angel of beautiful thoughts.

Archangel Chamael (color pink-gem Green Fluorite, Carnelian and Rose Quartz)— The Peacekeeper. The angel of peaceful relationships.

Archangel Zadkiel (color purple-gem Lapis Lazuli)— The Guide of Life Paths and the angel of mercy.

### Seven Colors of Light Rays and corresponding Chakras

Angel colors are based on seven different light rays, which loosely correspond to sunlight or a rainbow curve. The light waves for the seven angel colors vibrate at different frequencies in the universe, attracting the angels with similar energy. Each color is also associated with a Chakra.

Ruby Ray- Archangel Uriel

Color- Ruby-red Focus- Spiritual devotion through selfless service to others. Chakra- Root (Muladhara)- element of Earth- balance expressed as grounded, stable, and reliable.

Orange Ray- Archangel Gabriel

Color- Orange Focus- Creativity-also used for dissolving fear. Chakra- Sacral (svadhithana)- element of water- balance expressed as vitality, creativity, and originality.

Yellow Ray- Archangel Jophiel

Color-Yellow Focus- Wisdom Chakra- Solar Plexus (manipuraka)- element of fire- balance expressed as logical thought processes, self-confidence, and goal manifestation.

Green Ray- Archangel Raphael

Color- Emerald green Focus- Healing and harmony Chakra- Heart (Anahata)- element of air- balance expressed as unconditional love for ourselves and others.

Blue Ray- Archangel Michael

Color- Sapphire blue Focus- Communication Chakra- Throat (visuddha)- element of ether- balance expressed as easy communication with ourselves and others on all levels.

Indigo Ray- Archangel Raziel

Color- Indigo Focus- Intuition and insight Chakra- Third Eye (Ajna)- element avyakta (primordial cloud of undifferentiated light)-balance expressed as intuition, clairvoyance, clairaudience, and clairsentience.

Violet Ray- Archangel Zadkiel

Color Violet Focus- Self-transformation, spiritual growth, cosmic alchemy Chakra- Crown (Sahasrara)- element of cosmic energy-balance expressed as cosmic consciousness, cosmic awareness, discernment, and understanding.

### Archangels of the Four Directions

The Archangel tuning forks can be used to create a medicine wheel by mapping the four directions in a room through the angels. The following passages in the Bible and Torah (Zechariah 2.6, Daniel 7.2, and Matthew 24:31) describe God's mention of four winds of heaven. In a healing session you can call on the Archangels below for protection for each direction of the room or use the associated tuning fork. Each angel represents one of the four cardinal points of the earth, and these messengers assist in spiritual navigation:

Gabriel: West

Michael: South

Uriel: North

Raphael: East

### Using Archangel Tuning Forks

The archangel tuning fork frequencies from Universal Song are based on the Gematria numbers from the Kabbalah sometimes translated as "mysticism" is part of Jewish tradition that deals with the essence of God. (Masters, 2022). Gematria is a Jewish form of numerology which the letters of the Hebrew alphabet are substituted with corresponding numbers. The first ten letters are given number values that increase consecutively from 1 to 10. The next eight letters are given number values that increase

by a factor of ten from 20 to 90. There are both weighted forks, used with lower frequencies 256HZ down to 22 HZ, and unweighted forks for higher frequencies. The unweighted forks produce a lot of overtones, and they are used around the body to affect the subtle energy fields and the aura level. Randy Master's also suggests using gemstones, single terminated quartz or quartz Dorjes between the body and the tuning fork to enhance the effectiveness of the treatment. A Dorjes is a thunderbolt cross symbol of divinity in Tibetan Buddhism (Masters, 2022). You can combine the archangel tuning forks with associated gemstones listed in your treatment.

Here are some of the most requested frequencies (HZ) from Universal Song (most can be ordered weighted or unweighted)

91=Kamala

101 =Michael

314 =Metatron =also Male Angel on the ARK

930 =Sandalphon (female Angel on the Ark of the Covenant)

97 =Haniel

246=Gabriel

311= Tzaphqiel

311=Raphael

248=Raziel

385 =Shekinah

248= Auriel or Uriel ,same number as Raziel

42 =YHVH ,also YHV=Trigrammatron = 42 or 1056.

1056.5 =YHWH

52 = Yod Heh Vav Heh

I was not able to locate the frequencies for: Archangel Jophiel, Archangel Chamael and Archangel Zadkiel, but I am sure that they could be custom ordered.

In conclusion, the angelic realm can be accessed in sound healing as protection and for healing. This can be accomplished by directly invoking a specific angel for

protection, using tuning forks with frequencies collaborated through numerology, gems, colors, and alchemical bowls that are associated with a specific angel. For example, the Celestite Alchemy bowl by Crystal Tones which “is an angelical alchemy that aids divine guidance, and fosters blissful communication with the higher realms.”

#### Resources:

Hopler, Whitney. (2020, August 25). Archangels of the Four Directions. Retrieved from <http://www.learnreligions.com/archangels-of-four-directions-124410>

Fox, Matthew and Sheldrake, Rupert. The Physics of Angels; exploring the realm where science and spirit meet. Monkfish Book Publishing, 1996.