



Aura-Soma

Aura -Soma is a non-intrusive self-selective colour care system in which colour is the key and can be utilized by everyone.

It is often said, "You are the Colours you choose."

Our colour choice helps us to recognize these needs and provides a communication between the self and the soul.

The Living Energies within the Equilibrium bottles, pomanders, quintessences and the colour essences are the foundation and heart of the Aura-Soma Colour Care System

The greater Guide is within yourself

Vicky Wall



My first approach with Aura-Soma was in 2002 when I was working with fashion and one day I was doing some research at Vogue UK's fashion magazine which had an interview with an Aura-soma's practitioner, in this interview there was a picture of all the bottles, I was fascinated by all those colourful bottles, so I start researching what was that therapy that she was talking about, and one of those synchronicities happened, I discovered that a lady that represented s Aura-Soma in Brazil was starting a training the following week and within 10 minutes from my house, obviously I signed up for the training and I never stopped working with those magical bottles.



Aura-soma Was created by Vicki Wall. She was born in London, The seventh child of a seventh child. Her father and his parents belonged to the Hasidim; A deeply religious sect involved in the mystical aspects of the Bible. Her father was a master of the Kabballah in the Zohar and from his background he inherited and knowledge of the medicinal and healing qualities of living plants and natural methods of healing, which he eventually passed on to her.

From her earliest years, Vicky shared with her father the gift of auric vision, or clairvoyance, a gift that would be enhanced in her later years even as a hereditary diabetes blinded her. In her person were combined intuition, an awareness of this subtle anatomy, a Kabbalistic heritage, and wisdom from the plant Kingdom. This background and unique set of inherent capabilities made it possible for Aura-soma to be revealed in birthed through her many decades later.

While Vicky yearned for her father to share his Kabbalistic knowledge with her, Hasidic rules did not permitted him to teach her because she was a girl. to some extent she comforted herself with the knowledge that they shared the secret of their auric vision when she was very young her father promised that she would one day be able to speak openly of that yearned-for mystery.

Sadly, her bond with her father was outwardly severed during her adolescence when she left home because of her stepmothers abused and took up residence in a gentile household. Following the rules of Hassidism, she was not able to see her father again. However, her love for him remained strong throughout her life

As a young woman Vicki worked as an assistant to a pharmacist, who taught her the ancient arts of the apothecary. it was during this time in the pharmacy that she realised the joy of being able to help others initially she was planned to become a masseuse, but because of the era in which she lived, her advertisements where misconstrued.

She trained to be a chiropodist instead it was one of the first women in England to be appointed as a surgical chiropodist. Vicki went to teach at many of london's teaching hospitals. Eventually her eyesight declined, ending her career. in her mid 60s, she was registered as blind; she was diabetic; she had a sequence of myocardial infarts, which had left her with just 40% of her heart muscle; and she and her partner, Margaret, had lost the collected wealth of their professional lives to a friend in a major fraud case. Vicki saw the entirety of these circumstances as a kick from her cushion of complacency-. a divine nudge she turned to meditation and prayer. early 1983, she received the inspiration for Aura-soma.



As she described in her biography:

*I found myself suddenly enveloped in the most beautiful cascade of colour which receded in advanced like the ebb and flow of the tide, sighing softly as it went. as it came towards me rhythmically, I longed to remain within it; my hoping was diffused with vibrant energies in peace... then came the still small voice. **“Divide the waters, my child”***

“Divide the waters?” I repeated it and came back to earth with a thud. what waters? I thought ...

*The second night was a repetition with again the injunction:” **Divide the waters**”, once again mystified, I came out of meditation quite quickly. on the third night, I begin to feel as Samuel in the temple, for I could no longer ignore the voice, even though the common-sense part of me said, What are you thinking about? I’m not Moses. I am blind only 40% of my heart is working nearly 70 years old. So, who on earth would I be leading into what Promise Land? But I could not dismiss it, and I got up out of the bed. For the life of me, I do not remember the next few hours, nor how Equilibrium(aura-soma bottle’s name) was actually born. I only know that other hands guided mine*

When, the morning after equilibrium was born, Margaret (her partner) asked Vicki what it was for, Vicki replied that she did not know. Aura-Soma equilibrium was indeed born out of mystery, an unfolding revelation, discovery and expansion. What Vicki did say is that she had no doubt whatsoever that Aura-Soma was we emerged of something that she had knowledge of in the far distant past...

So, what is Aura-Soma system? It has been aptly called non-intrusive, self-selective soul therapy

The equilibrium bottles contain colours that are perceptible to human sight as well as the energy of crystals and plants. Part of the inspiration visual received during the first night of the birth of Aura-Soma was the instruction to bring together the oily and watery parts of plants. In aromatherapy, therapists largely used the oily parts of plants, known as the essential oils. Herbalists, on the other hand, use the watery extracts of plants. In an equilibrium bottle the upper half, contains oil extracts, so that both parts of a plant are present in the bottle. When the bottle is shaken the two parts form a temporary emulsion it has a sympathetic bio-compatibility with our physical body as is readily absorbed through the skin,



The upper fraction of the equilibrium bottle represents the conscious mind in the lower represents the unconscious. this correlation was noted by Carl Jung who found that when looking at a mandala with his patients, the upper fraction most often refers to symbolism, imagery, colour, inform that was the most conscious for that person, while the lower refer to the unconscious, subconscious, or collective conscious of the individual

In a consultation the client looks at all the bottles and choose one the process is not to think of anything just imagine you taking the bottle to an island, then you put that bottle aside and repeat three more times. Vicki Wall notice that usually the person chooses the lower colour of bottle correspond to their own soul colour located couple of inches above the naval at the beginning she had no idea what those bottles could do but over the years and many cases she understood that she was dealing with something deeper and bigger than she could imagine

After choosing the full bottles the practitioner will open a book of possibilities of what those bottles could mean to the client. After a consultation the client take one or all bottles home and use in the corresponded chakra

The equilibrium bottles are light and colour Each bottle has its own vibration and when in contact to your skin it it penetrates the pores and the vibration of these colours have the healing energies that are present in the plants, crystals and minerals and by the resonance they put coherence on the correspondent Chakra of the colour you chose



In the Aura Soma System, there are also 4 other products
And they are:

The Pomanders, The Quintessence, Archengeloï and
Colour Essences

Pomanders



Pomanders - Have 15 colours bottles they are made of 49 herbs seven groups of seven became the basis of all Aura-Soma pomanders. while equilibrium bottles work with the physical body balancing aligning our physical energies, Pomanders work within in affect the auric field, specially energising the bio-energetic in electromagnetic fields surrounding the physical body. they are intended to introduce the positive energy and messages of their specific colour and to be protective.

a pomander exists for most of the colours found in the equilibrium range. each pomander is conceived from all 49 herbs in ethanol base. seven of these herbs related to rectally to the colour of the pomander while the other 42 related to all that is not that colour in their present in a less material form, is more miniscule subtle potency

I.E. Pink pomander it' surrounds us in a loving atmosphere, help us to bring out our best, to love ourselves the way we are and not the way we would prefer to be. it nurtures our emotional well-being, bringing warm...

Quintessences



Quintessences -Like pomanders, Quintessences are preparations including herbs in an ethanol base. They work specifically with the Astro field beyond the etheric body. The etheric body could be seen to relate to the emotional body in the astral field to the upper and lower mental bodies; energies move through the emotions to the mental realms, or through the etheric to the astral. The astral fields contained a possibility of invocation of the ray masters. The Quintessence facilitates the flow of energy from the inner planes and invoke the most positive energies of the colour ray to which they are connected.

I.E Quintessence St Germain, colour Pale Violet, Keynote, Healing, Meditation, and transformation. Saint Germain has a calming effect on the etheric astral in electromagnetic fields. It help us to detach, to dis-identify to step outside of our self...

Archangeloi



Archangeloi day like other angels are messengers of the divine functioning as a higher order of meditative mediators between humans and the divine Archangeloy particularly supports the folks period of a country or a group guiding in over lighting the land and those who are helping to bring forth the essence of that place the Archangeloy work with us particularly during point of transition giving guidance through the etheric body and helping to awaken us to our part in a greater plan

I.E. Archangeloi essence Michael, this essence can help us develop the qualities of trust and faith, so that we may release restrictive patterns of intense fears and anxieties...

Colour Essences



Colour Essences - they are related to and represent the colours in the Aura-Soma range, in not specific bottles. The colour essence carries the energetic qualities of each colour. They form contact between the mental and emotional subtle energy of the upper and lower Astro fields and the electromagnetic field immediately around the physical body, in the area between those affected by pomanders and Quintessence. They work specifically from the layer related to

he Ananda Kanda. The colour essence has a centring quality that facilitates our connexion to the earth, that help us to be practical in to ground our full be in our intended creative endeavours. Colour essence were developed to support the work of the equilibrium bottles, helping us to integrate the energies of the plant, mineral, and colour kingdoms.

I.E Red Colour Essence - The red colour essence offers energy, awareness, and passion....

To learn more about Aura-Soma you can search <https://www.aura-soma.com/en>

Or reach me for any inquiries at www.harmonicspace.com.au and email hello@harmonicspace.com.au

My Aura-Soma testimonial

<https://www.aura-soma.com/rossana-sotos>

A short video, I used Alchemy Crystal bowls Tingshas, Shruti, chimes and my voice and at the end, light language

<https://www.youtube.com/watch?v=xm046OH0yiQ>



By Rossana Sotos 18/8/22