



*Apocynaceae -  
Himatanthus suciuba*



BELLACO CASPI

## BELLACO CASPI

*Himatanthus suciuba*

*Apocynaceae*

*Physical:* anti-inflammatory, heals wounds, analgesic, rheumatism, arthritis, body pains, back pain, cleanse the blood, cleanse the intestines, gastritis, laxative, good for ulcers, digestive issues, stomach, anemia, cooling, cancer, tumors, astringent, balances parasites, anti-fungal, aphrodisiac, good for uterus, menstrual irregularities, good for the skin, asthma.

Herpes. Cleanse the mind and brain.

• • •

*Energetic:* Caspi family, means *hard wood*, strong tree. Builds foundations of our house, body. Strength. Durability. Connects us to our ancestors and lineage. Our indigeneity. Connects us with power of the hunter in shamanic realm and to jungle and animals. Works on trust and protection. Fertility. Purpose. Creativity. Inner passion. Allows us to see. Clarity. Presence.

Embodies energy of the father. Works on authority, boundaries, structure. Sacred union of masculine & feminine.

*Strong connection to all four elements*



*Quercus*  
OAK TREE

*Lehrbuch der praktischen Pflanzenkunde in Wort und Bild*  
1886

## OAK

(*QUERCUS*) • 7TH TREE - OGHAM • 'DUIR'

Physical: general tonic, anti-inflammatory, anti-fungal, anti-bacterial.

Tannins. Good for blood, gut, removes excess mucus & tones stomach. Ulcers. Cooling. Good for liver & gallstones. Astringent: shrink & tone tissue as they heal. Internal hemorrhage. Cleans phlegm in lungs. Good for teeth & gums. Hair loss.

• • •

Energetic: Celtic - Duir or Dair meaning door. En-trance to house: internal world & otherworld, medium between divine & mundane world. Dominion over the home. Truth. Wisdom. Symbol of strength, courage, faith, fertility, endurance, kingship, ancestors, family, roots, balance, love & compassion. Providers. Attract lightening due to high water content - attract Gods. Water-emotions. Burn yet survive.

Magic & the otherworld. Protection from black magic. Bears mistletoe - sacred plant. Tallest tree - reach spiritual heights. Inner mastery. Foundation. Bones. Psychological aid for loneliness. Opens doors of perception. Slow growing: patience. Works on stubbornness and anger. Brings calm and ease.

Etymology strength, bravery, truth, belief, contract, agreement, confidence. Oak - Dru - true - druids - truth knowers

June-July / Fire / Sun / Zeus-Jupiter / Stag-bull-boar-eagle





- Avocado Tree



- Pine Trees



- Elm Tree



# Bronx River Forest and Theo





# Schlitz Audubon Nature Center

