

## VIBRATIONAL COMMUNICATION

According to dictionary.com, the definition of the word "communication" means:

- the act or process of communicating; fact of being communicated
- the imparting or interchange of thoughts, opinions, or information by speech, writing, or signs
- something imparted, interchanged, or transmitted
- a document or message imparting news, views, information, etc
- passage, or an opportunity or means of passage, between places
- communications
- means of sending messages, orders, etc., including telephone, telegraph, radio, and television
- routes and transportation for moving troops and supplies from a base to an area of operations

### Biology

- activity by one organism that changes or has the potential to change the behavior of other organisms
- transfer of information from one cell or molecule to another, as by chemical or electrical signals

The idea that everything in life is vibration is often attributed to Albert Einstein, but his words were more along the lines of "everything is energy and that is all there is to it". His work on physics, and his theories of relativity and light, laid the scientific groundwork for understanding the physical laws of the universe, and that the universe is basically made up of energy and vibrations.

That particular phrase of "everything in life is vibration" is attributed to both physics and spirituality, but quite often is used in the more spiritual or

metaphysical context, suggesting that our thoughts, our emotions, and even our experiences, are governed by vibrational frequencies.

If you were going to look at it through the physics tinted glasses, we could say that at the most basic and fundamental level, we have atoms, which are constantly in motion and vibrating. Then, depending on the speed and energy of those vibrations, it can be determined if something is a solid, a liquid, or a gas. Sound and light are forms of vibration, as are our thoughts and feelings as well.

This can lead into wearing the spiritual/metaphysical tinted glasses.

Everything, whether it be a person, an object, and/or thoughts, all are believed to have their own special and unique vibrational frequencies.

This means, that every day, every minute, possibly as much as every second, we are continually interacting with/communicating with, an environment full of things that have their own vibrational frequencies. Our equilibrium is affected by everything we come into contact with. Over time, someone's base frequency and vibration can be altered, depending on the duration and amount of exposure to these other vibrational frequencies. For example, something with a lower vibration can be increased when in the presence of something with a higher frequency. Vibration seeks synchronicity. This is known as the law of entrainment.

We all have a certain level of control over the environments and entities we expose ourselves to. If we practice observance and personal awareness, we have the ability to exert control in the environments, interactions, relationships, and in connections, we allow to affect our own vibration.

Whether it is through audible sound or not, we, all of us, and everything, is communicating through these vibrations.

Vibrational communication, also known as seismic communication, is a form of communication where information is transmitted through vibrations in a physical medium.

Roberta had shared with us in one of the classes, how she and her husband were testing different frequencies, and how she became very out of sorts and

unlike her normal self. It was the realization that it was the frequencies she was being exposed to. This was throwing her out of whack.

We all have these kinds of similar experiences on a daily basis, from moment to moment. It is just that maybe some of the effects are not strong enough to be that noticeable.

There are tons of studies done on how vibration affects mood and health. From the music we listen to, to the machinery we might work with throughout our days, all are connected, all have effects, and all communicates something.

I forget exactly which class it was, but it was presented to us that a whale on this side of the world can sing a song, and it can be heard by other whales on the other side of the world.

To me, that was totally mind-blowing. To try and wrap my brain around that...i am still trying to process that.

Kangaroos, elephants, rats: from big to small, everything can communicate in one form or another, through vibration. These communications can be for food options, predator/prey, mating, and for social coordination.

In conclusion, whether it is conscious action or unconsciously being employed, everything vibrates/communicates with everything else.