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## A New Breakthrough In Cancer **Treatment**

Using Sound Waves To Destroy Tumors Without Chemotherapy



Kashif Khan February 18, 2025









For decades, treating cancer has meant invasive surgery, chemotherapy, and radiation.

Each with serious risks and side effects.

For many cancer patients, these treatments are still ineffective.

But now, there's something completely different.

It's called histotripsy.

Histotripsy is a noninvasive, FDA-approved therapy that uses sound waves to destroy tumors at the cellular level—without a single incision.

Providence Mission Hospital just became the first in California to offer it.

And it's a game-changer for people with inoperable tumors across multiple types of cancer.

## **How Histotripsy Works**

Histotripsy is completely different from traditional treatments.

Instead of cutting into the hady or using radiation and chama to kill cancer calls







It uses focused ultrasound waves to create tiny, high-energy bubbles inside the tumor.

Here's how it works:

#### Step #1 - High-Intensity Sound Waves Are Focused on the Tumor

Doctors use advanced imaging to pinpoint the exact location of the tumor.

A robotic-assisted device then fires precise ultrasound waves directly at the cancerous tissue.

#### Step #2 - Microscopic Bubbles Form Inside the Tumor

When these ultrasound waves hit the tumor, they create tiny bubbles within the cancer cells.

#### Step #3 - The Bubbles Explode & Shred the Tumor

In milliseconds, these bubbles rapidly expand and collapse, creating an intense force that physically tears apart the tumor from the inside.

#### Step #4 - The Body Clears Out the Destroyed Cells

Once the tumor is broken down, the body's natural processes flush out the dead cancer cells.

Unlike surgery, this doesn't leave behind scars or damage healthy tissue.

#### **Step #5 - Healthy Tissue Stays Completely Intact**

Because histotripsy only targets tumors, it leaves surrounding tissue untouched.

This is a massive advantage over radiation and chemotherapy.

No damage to the body. No risk of infection. No long recovery.

Most patients go home the same day.





Cancer treatment has long been a brutal process.

Surgery, chemotherapy, and radiation don't just attack the disease...

They take a massive toll on the entire body.

Histotripsy changes that by offering a noninvasive, precise alternative that can work across different types of cancer, including:

**Brain tumors**, where surgery is risky and radiation can cause long-term damage.

**Lung cancer**, where tumors may be difficult to reach with traditional treatments.

**Liver and pancreatic cancer**, where inoperable tumors often leave patients with few options.

**Soft tissue and bone tumors**, where cutting into the body is invasive and painful.

Histotripsy gives new hope to patients who were told their tumors were inoperable.

It can also work alongside chemo and radiation, making treatment even more effective.

For the first time ever, cancer patients have a solution that doesn't destroy their bodies in the process.

## The Future of Cancer Treatment

Histotripsy proves that we no longer need to **poison** the body to fight cancer.

Instead, we can use **sound waves**, **along with the body's own healing process** to eliminate tumors *without any collateral damage*.

Providence Mission Hospital is leading the way.

And if histotripsy works this well for liver cancer, brain tumors, lung cancer, and beyond...

The question is: What's next?





#### This is the future of treating cancer.

Until next time,

#### **Kashif Khan**

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