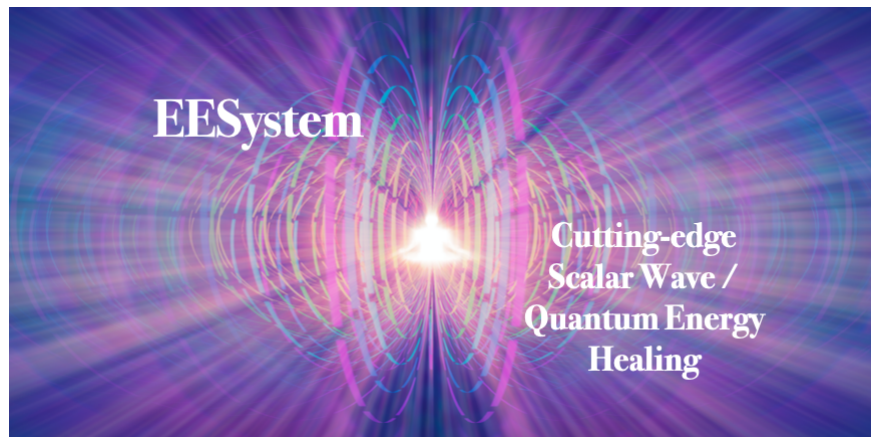


The Energy Enhancement System

Susan Reeve, Sound Healing Paper, July 2025



The Energy Enhancement System: What is it?

The Energy Enhancement System (EE System) creates an environment that supports your body to rejuvenate. Dr. Sandra Rose developed this technology over the past twenty years. Using custom-configured computers, the EE System **creates a morphogenic energy field enhanced by scalar energy technology and bio-photonic light**. Together, these energies create an energetic field that results in a healthy environment for the body to rebalance, re-energize, and rejuvenate. I love this quote from their website: “The future of wellness is here – and it’s vibrational.”



Benefits

These energies help stimulate cellular repair, improve immune function, reduce stress, relieve pain, support detoxification, and promote deep states of relaxation and mental clarity. Users often report elevated moods, increased energy levels, and a greater sense of peace and alignment.

- Balances and calms the nervous system
- Supports cellular regeneration
- Helps relieve pain
- Increases energy levels
- Improves immune function
- Supports natural detoxification of the body
- Promotes relaxation and mental clarity
- A greater sense of peace

Scalar energy technology

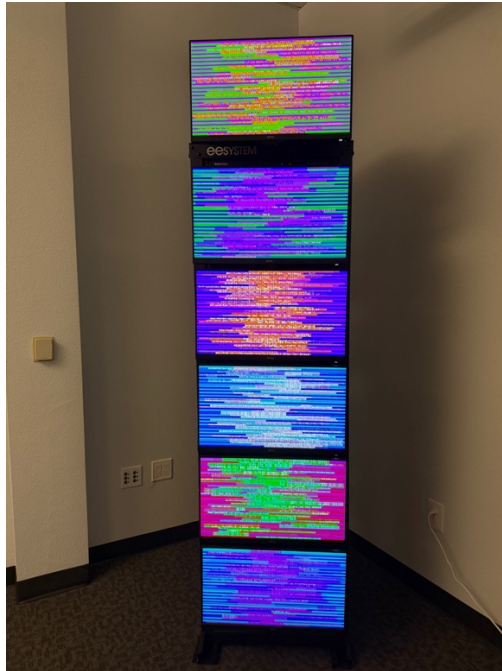
Scalar waves are a theoretical type of energy wave that differ from the more familiar electromagnetic waves (like light, radio, or X-rays). Here's the key difference:

- **Electromagnetic waves** move through space in a wave-like, oscillating pattern—think of ripples on a pond.
- **Scalar waves**, on the other hand, are said to be non-linear and do not move through space in a typical wave pattern. They're thought to be standing waves—stationary fields of energy that don't propagate like normal waves.

The EE system claims to generate a scalar energy field using specially arranged computers and monitors:

1. Arrays of monitors placed around the room emit light and frequency patterns.
2. These are configured in a precise geometric formation to create scalar energy fields in the center of the room.
3. The scalar field is believed to help the body enter a deeply relaxed, regenerative state, support cellular repair and balance the body's energy systems, enhance DNA repair, mitochondrial function and detoxification.

4. People typically sit or lie in the field for 2-4 hour sessions to absorb the benefits passively. At many centers, you can also spend the night to get more time in the environment.

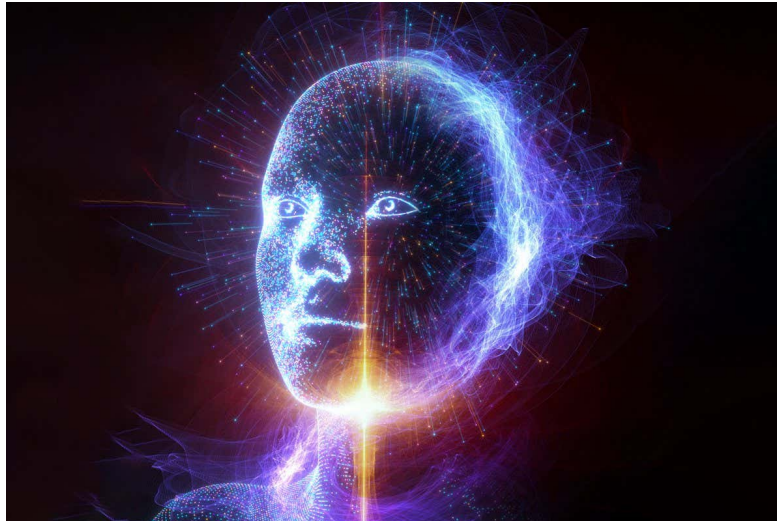


Our bodies are electrical systems

Our body was designed to heal itself, but the modern world can be overwhelming. The EE System encourages every cell in your body to recharge for optimal wellbeing.

Every human being has a real electromagnetic field – a scientifically measurable field that organizes, protects and regulates life. We know from Heart Math that the body sends out an electrical impulse and this creates a magnetic field that can be measured several feet outside your body. Your brain sends out tiny electrical signals through your nerves that control your muscle movements, digestion, immune responses, emotions, etc.

Electric in the body = movement of charged particles, called ions, across cell membranes. This electric current allows your body to think, move, heal and feel emotions. Whenever an electric current flows, it creates a magnetic field.

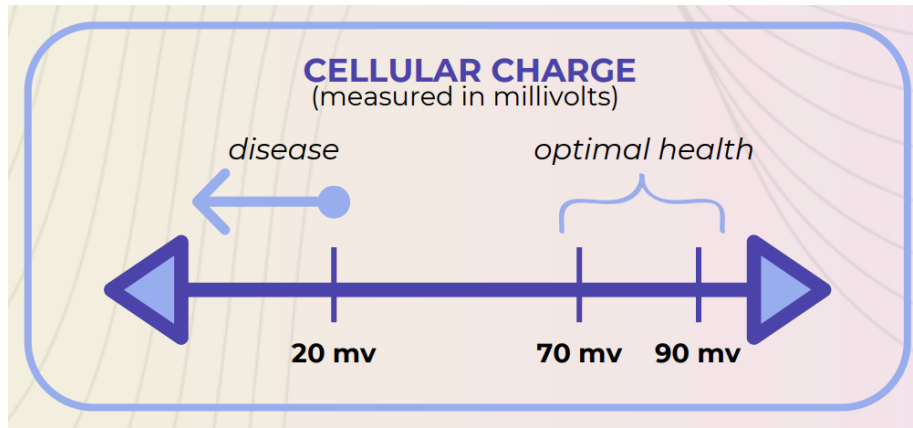


Our electromagnetic field

- ***When our electromagnetic field is strong and organized:*** cells talk clearly, the immune system and emotions stay balanced, and healing is fast.
- ***When our electromagnetic field weakens:*** cells stop communicating properly, inflammation increases, emotions are chaotic, healing slows. This can lead to disease: anxiety, depression, disease. This emotional trauma can disrupt your electromagnetic energy field through stress chemicals, and your nervous system stays stuck in chronic survival mode and the body can't switch back into rest-repair mode. Cells can't talk to each other properly anymore. It's like faulty electrical wiring.
- ***Our electromagnetic field becomes damaged through:*** chronic stress, environmental toxins, EMFs, poor nutrition or dehydration, emotional trauma, lack of grounding, suppressed emotional pain, and disruptive frequencies.

Optimal charged cells = optimal health.

Health starts in our cells. Proper voltage is crucial. Simply put, healthy, properly functioning cells have a high voltage, and unhealthy cells have a low voltage. -70 to -90 mv is optimal. A charge of less than -20 mv is associated with diseases. The goal is to charge our cells to facilitate good health. Grounding/earthing is another great way.



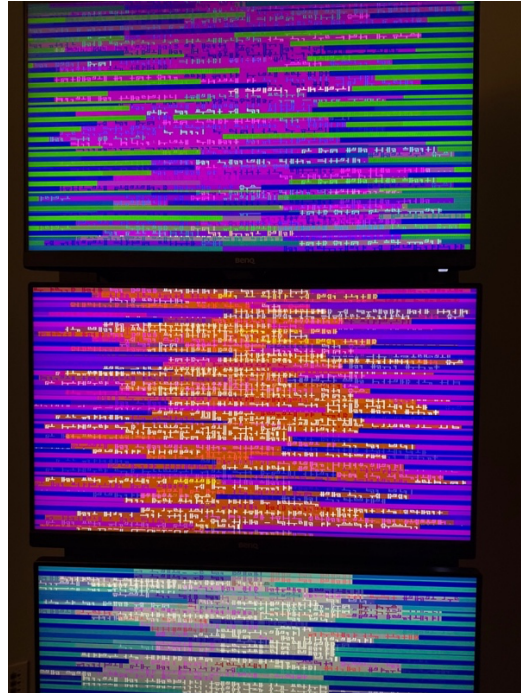
The EE System creates an optimal environment for healing

We synchronize with whatever environment we are in. The EE system helps restore our energy field so that we can experience more coherence across our whole being. The EE system produces a hyper healthy environment (free of pollutants, 5g, stress, fear, etc.).

The EE system doesn't just block disruptive frequencies; it transmutes them. When immersed in a scalar field, your cells will start synchronizing with that environment and are supported in returning to their original electrical balance.

Bio-photonic light (color therapy)

There are many aspects to the EE System but the second one we'll talk about is bio-photonic light. Color can be used as a healing modality. Different wavelengths of light interact with the body in different ways, influencing various processes such as energy production, cell repair, inflammation and mood. Each color corresponds to a specific wavelength, frequency, energy and vibration. The EE System integrates bio-photonic light colors within the screens to amplify these benefits and to help balance the chakras for optimal health. These light patterns are constantly moving at different speeds. Let me show you a short clip of the movement. What you see scrolling on the screen is called "cellular communication." It's also interesting to note that people have shared that the characters you see on the screen are Sanskrit mantras and light language. You don't have to have your eyes open to absorb this light.



Summary: How the EE System Helps us Heal

1. Your disrupted field entrains (matches) to the calm scalar field.
2. Your nervous system shifts out of survival mode into rest-repair.
3. Cells absorb coherent light → mitochondria boost ATP production (healing fuel).
4. Cellular communication repairs.
5. Emotional resilience and immune function restart naturally.

The EE System doesn't fix you, it restores the conditions where your body heals itself.

How to get the most out of your session – Before, During & After

Intention: Focus on what you want to receive and not on anything you wish to have less of.

Hydrate: Staying hydrated allows the energy that you're receiving to flow.

Stay receptive: Meditate, focus on peace, rest, sleep. People also use the environment to expand their consciousness.

Detox salt bath: Within 24 hours they recommend that you do a 20-30 minute salt bath. The EE system session pushes toxins to the surface. A detox salt bath can help you detox

them through your skin. The skin is such an important organ of detoxification, it's been called the "third kidney".

Personal experience is everything!

I learned about the EE System at the New Living Expo. I was curious and went to a lecture that unfortunately, didn't make any sense. I decided to just go and try it for myself at the Expo. I felt very peaceful just being near the screens and in the field. I was able to go into a state of peace in a giant exhibit hall with hundreds of people walking around and talking. Over the next month, I visited two of the nearby centers several times, and each time, the moment I walked in I instantly felt the environment was special, there was something going on that I couldn't explain. I experienced: Deep relaxation, profound meditative states and messages, expanded, peace, clarity, energy moving in my physical body, and elevated mood shifts. There is also a community healing aspect to these centers that I found beautiful. They even have days that you can bring your pets – who apparently love it.

There is so much more to learn and understand about this technology. But personal experience is always the most important thing. There are over 600 centers around the world - find a center near you and experience it for yourself. Keep an open mind, see what it feels like, and what resonates for you.

Self-healing and self-realization are a personal and continuous journey. A journey back to coherence and peace. For me, it's been a journey from the head to the heart. Not trying to figure everything out with my human mind, not trying to understand all the technology and every detail, but by moving into my heart and just feeling and deeply knowing what is inherently right for me.

Resources

To learn more, here are some resources. And more importantly, if you're curious, just experience it for yourself!

Energy Enhancement System website:

<https://www.eesystem.com/>

Find a center near you:

<https://www.eesystem.com/center-locator>

How EE System Is Changing Lives Around the World

https://www.youtube.com/watch?v=oH_3nvlN9Hs